

ESM Table 3. Adverse events in the Zinc Insulin Pharmacogenetics Study

Adverse event	N (%)
Serious adverse events	0 (0)
Any gastrointestinal symptom	13 (23) ^a
Gastrointestinal distress when zinc not taken with food	5 (9)
Heartburn	2 (4)
Mild dizziness	2 (4)

^ano difference in symptoms by genotype ($p=0.10$ from Fisher's exact test)