

SUPPLEMENTARY TABLE 4. ASSOCIATION BETWEEN PERINATAL STRESSORS, PDS AND HELP-SEEKING BEHAVIORS, STRATIFIED BY PRIOR MENTAL HEALTH VISIT STATUS AMONG MA_PRAMS PHASE 6 MOTHERS

	No prior report of mental health visit				With prior report of mental health visit					
	n (%) ^a	% With PDS ^{aa}	Adjusted PR ^b (95% CI)	% Sought help ^c	Unadjusted PR (95% CI)	n (%) ^a	% With PDS ^{aa}	Adjusted PR ^b (95% CI)	% Sought help ^c	Unadjusted PR (95% CI)
No stressor ^d	913 (42.1%)	5.4	1.00 (reference)	31.1	1.00 (reference)	95 (26.8%)	15.5	1.00 (reference)	54.6	1.00 (reference)
Any stressor	1,333 (57.9%)	12.7	2.19 (1.57–3.05)	31.7	1.10 (0.65–1.85)	264 (73.2%)	27.7	2.54 (1.37–4.71)	81.5	1.03 (0.72–1.46)
Grouped stressors ^e										
Partner	610 (23.8%)	17.8	2.54 (1.63–3.96)	25.4	0.98 (0.56–1.71)	148 (37.6%)	38.9	3.42 (1.68–6.98)	78.7	1.00 (0.70–1.45)
Trauma	326 (15.4%)	13.9	1.06 (0.51–2.18)	33.6	1.24 (0.68–2.26)	108 (28.2%)	35.1	2.06 (0.79–5.39)	74.8	0.99 (0.67–1.45)
Financial	726 (29.7%)	15.6	1.78 (1.10–2.88)	38.1	1.21 (0.70–2.07)	153 (40.8%)	29.2	0.97 (0.39–2.47)	88.4	1.07 (0.74–1.55)
Emotional	625 (30.3%)	11.6	1.35 (0.85–2.15)	39.5	1.45 (0.84–2.49)	118 (36.7%)	27.6	1.97 (0.85–4.85)	88.8	1.05 (0.72–1.53)
1–3 Stressors	1,106 (47.7%)	11.0	2.03 (1.44–2.86)	33.5	1.03 (0.60–1.78)	188 (54.8%)	22.2	2.25 (1.20–4.23)	83.4	1.06 (0.73–1.53)
4–6 Stressors	206 (9.6%)	20.0	3.36 (2.17–5.22)	24.1	1.06 (0.55–2.05)	64 (15.5%)	39.7	3.95 (2.00–7.81)	74.4	0.95 (0.63–1.43)
≥7 Stressors	21 (0.7%)	25.2	5.85 (2.78–12.31)	61.8	2.40 (1.18–4.90)	12 (2.8%)	70.1	4.02 (1.75–9.25)	91.8	1.17 (0.74–1.99)

^aPopulation-based frequencies were weighted by race/ethnicity.

^bAdjusted for other stressors, maternal age, education, family income, pregnancy intention, government paid care/WIC use, smoking, marital status, intimate partner violence, prenatal care, and calendar year.

^cAmong mothers with PDS.

^dReference group for all analyses.

^eSubjects may have stressors in more than one group; therefore % may total more than 100.