

Objective and Self-Reported Sedentary Time

For accelerometer-measured sedentary time (not graphed), no differences were found in Baltimore, but in Seattle L-L-L and MH-MH-MH differed significantly (484.8 vs. 464.3 min/day, $p \leq 0.05$). For reported sitting time, no significant between-profile differences were found in either region.

BMI

Mean BMI scores differed significantly across profiles with the highest BMI values observed in L-L-L participants (27.0 kg/m²) and the lowest observed in MH-MH-MH (25.9 kg/m²) and H-H-H (24.8 kg/m²) participants. BMI values did not differ across profiles in Baltimore, but did follow an expected pattern, with higher mean BMI values observed in L-L-L participants and lower values observed in HLU-HT-HRA and HID-HRFAR participants.