

Temporal measures scoring

Task	Calculated/estimated ideal	2 points	1 point	0 points
Initial 5 rescue breaths	5*(1 s inspiration + 1 s expiration) \cong <u>10 s</u>	9–11 s ($\pm 10\%$)	8–9 s <i>or</i> 11–12 s ($\pm 20\%$)	<8 <i>or</i> >12 s
Assess circulation	---	<10 s	---	>10 s
4 cycles CPR (excluding initial rescue breaths)	4*15 chest compressions at 100 per minute (36 s) + 3*2 rescue breaths (12 s) + 2 s for transitions \cong <u>50 s</u>	45–55 s ($\pm 10\%$)	40–45 s <i>or</i> 56–60 s ($\pm 20\%$)	<40 s <i>or</i> >60 s
Total time of sequence from approach to emergency call	Safe approach and responsiveness assessment, shout for help ($\cong 10$ s) + Initial 5 rescue breaths (10 s) + Circulation check ($\cong 10$ s) + 4 cycles CPR (50 s) \cong <u>80 s</u>	72–88 s ($\pm 10\%$)	64–71 s <i>or</i> 89–96 s ($\pm 20\%$)	<64 s <i>or</i> >96 s