

Follow-up questions regarding means of transportation.**Selected activities in the previous screening question are presented to the respondent.**

How often do you get to your daily occupation in the following ways and approximately how long does it take?

	Number of days per week	Time, one way per day
Walking	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15 - 29 minutes <input type="radio"/> 30 - 44 minutes <input type="radio"/> 45 - 59 minutes <input type="radio"/> 1 - 2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Cycling	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15 - 29 minutes <input type="radio"/> 30 - 44 minutes <input type="radio"/> 45 - 59 minutes <input type="radio"/> 1 - 2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
By motorcycle, moped or scooter	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer)	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15 - 29 minutes <input type="radio"/> 30 - 44 minutes <input type="radio"/> 45 - 59 minutes <input type="radio"/> 1 - 2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
By car or taxi	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15 - 29 minutes <input type="radio"/> 30 - 44 minutes <input type="radio"/> 45 - 59 minutes <input type="radio"/> 1 - 2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
By bus, train, subway or boat	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15 - 29 minutes <input type="radio"/> 30 - 44 minutes <input type="radio"/> 45 - 59 minutes

	Number of days per week	Time, one way per day
	<input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> 1 - 2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Other	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15 - 29 minutes <input type="radio"/> 30 - 44 minutes <input type="radio"/> 45 - 59 minutes <input type="radio"/> 1 - 2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer

Leisure time activities

Which of the following activities do you engage in at least once per week in your leisure time?
Mark all activities applicable.

- | | |
|--|--|
| <input type="checkbox"/> Watching TV/DVDs etc. | <input type="checkbox"/> Dancing |
| <input type="checkbox"/> Using the computer, reading e-mails, playing computer games, play station, X-box etc. | <input type="checkbox"/> Walking, Nordic walking, walking a dog (not as transport to daily occupation) |
| <input type="checkbox"/> Sitting reading, writing, sewing etc. | <input type="checkbox"/> Bicycling (not as transport to daily occupation) |
| <input type="checkbox"/> Playing a musical instrument or active computer games (e.g. Wii) | <input type="checkbox"/> Other |
| <input type="checkbox"/> Doing household chores (e.g. cleaning, laundry, child care, gardening etc.) | <input type="radio"/> None of the above |
| <input type="checkbox"/> Shopping or other errands | <input type="radio"/> Don't know |
| | <input type="radio"/> Don't want to answer |

Follow-up questions regarding leisure time activities.

Selected activities in the previous screening question are presented to the respondent.

How many days per week do you dedicate time to the following leisure time activities and how much time do you spend per day on the activity?

	Number of days per week	Total time per day
Watching TV/DVDs etc.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer

	Number of days per week	Total time per day
Using the computer, reading e-mails, playing computer games, play station, X-box etc.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Sitting reading, writing, sewing etc.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Playing a musical instrument or active computer games (e.g. Wii)	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Doing household chores (e.g. cleaning, laundry, child care, gardening etc.)	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Shopping or other errands	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer

	Number of days per week	Total time per day
Dancing	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30-59 minutes <input type="radio"/> 60-119 minutes <input type="radio"/> 2-4 hours <input type="radio"/> 5-8 hours <input type="radio"/> Longer than 8 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Walking, Nordic walking, walking a dog (not as transport to daily occupation)	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15-29 minutes <input type="radio"/> 30-44 minutes <input type="radio"/> 45-59 minutes <input type="radio"/> 1-2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Bicycling (not as transport to daily occupation)	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 15 minutes <input type="radio"/> 15-29 minutes <input type="radio"/> 30-44 minutes <input type="radio"/> 45-59 minutes <input type="radio"/> 1-2 hours <input type="radio"/> Longer than 2 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer

Overall sporting activity or exercise

Do you exercise or participate in any sporting activities regularly?

- Yes Don't know
 No Don't want to answer

Sporting activities

What kind of exercise or sports activities do you participate in? If your type of activity is not included in the list below, please choose the most similar one.

- | | |
|---|---|
| <input type="checkbox"/> Aerobics or cardio fitness class | <input type="checkbox"/> Martial arts (e.g. judo or karate) |
| <input type="checkbox"/> Weight lifting | <input type="checkbox"/> Boxing or wrestling |
| <input type="checkbox"/> Jogging, running or orienteering | <input type="checkbox"/> Yoga, Pilates or Tai chi |
| <input type="checkbox"/> Athletics, (e.g. high jump, long jump or three-step) | <input type="checkbox"/> Tennis, badminton or table tennis |
| <input type="checkbox"/> Spinning or cycling in demanding terrain | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Sailing, surfing, canoeing or rowing |

- | | |
|---|---|
| <input type="checkbox"/> Ball sports in team (e.g. soccer, basketball, volleyball or floorball) | <input type="checkbox"/> Motor sports (e.g. motorcross) |
| <input type="checkbox"/> Golf | <input type="checkbox"/> Rock climbing |
| <input type="checkbox"/> Dance class or competitive dancing | <input type="checkbox"/> Other |
| <input type="checkbox"/> Horseback riding | <input type="radio"/> None of these |
| <input type="checkbox"/> Ice skating, ice hockey or bandy | <input type="radio"/> Don't know |
| <input type="checkbox"/> Skiing downhill or cross country | <input type="radio"/> Don't want to answer |

Follow-up questions regarding regular sporting activities.

Selected activities in the previous screening question are presented to the respondent.

How often do you participate in the following sports or the following activities and for how long each time?

	Number of times	Time per session
Aerobics or cardio fitness class	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Weight lifting	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Jogging, running or orienteering	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Athletics, (e.g. high jump, long jump or three-step)	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Spinning or cycling in demanding terrain	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes

	Number of times	Time per session
	<input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Swimming	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Ball sports in team (e.g. soccer, basketball, volleyball or floorball)	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Golf	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Dance class or competitive dancing	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Horseback riding	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Ice skating, ice hockey or bandy	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know

	Number of times	Time per session
	<input type="radio"/> Don't want to answer	<input type="radio"/> Don't want to answer
Skiing downhill or cross country	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Martial arts (e.g. judo or karate)	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Boxing or wrestling	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Yoga, Pilates or Tai chi	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer)
Tennis, badminton or table tennis	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Squash	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Sailing, surfing, canoeing or rowing	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes

	Number of times	Time per session
	<input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Motor sports (e.g. motorcross)	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer
Rock climbing	<input type="radio"/> 1 - 3 times a month <input type="radio"/> Once a week <input type="radio"/> 2 - 3 times a week <input type="radio"/> 4 - 5 times a week <input type="radio"/> 6 - 7 times a week <input type="radio"/> Don't know <input type="radio"/> Don't want to answer	<input type="radio"/> Less than 30 minutes <input type="radio"/> 30 - 59 minutes <input type="radio"/> 60 - 119 minutes <input type="radio"/> 2 - 4 hours <input type="radio"/> More than 4 hours <input type="radio"/> Don't know <input type="radio"/> Don't want to answer

Competing

Do you compete regularly in a sport? Follow-up question if respondent reported regular physical activity.

- Yes Don't know
 No Don't want to answer

Sleep

How many hours do you normally sleep per night?

- Less than 5 hours 9 hours
 6 hours 10 hours or more
 7 hours Don't know
 8 hours Don't want to answer