

## Supplementary Data

**Supplementary Table 1. Item Factor Loadings and Construct Summary Statistics of the PEAS Instrument in our Study Population<sup>a</sup> (n = 301)**

PEAS Items	Parenting practices					
	Monitoring	Discipline	Limit setting of screen media	Limit setting of soda/snacks	Pressure to eat	Reinforcement
How often do you supervise sweets (candy, ice cream, cakes) that your child eats?	0.70					
How often do you supervise the salty snack foods (French fries, Doritos) your child eats?	0.77					
How often do you supervise the high-fat foods your child eats?	0.74					
How often do you supervise the amount of TV or videos your child is watching?	0.61					
How often do you supervise the amount of exercise your child is getting?	0.59					
How often do you supervise the servings of fruits and vegetables your child is eating?	0.64					
How often do you discipline your child if she/he watches TV or videos without asking for permission?		0.80				
How often do you discipline your child if she/he plays video games or is on the computer without asking for permission?		0.80				
How often do you discipline your child if she/he gets a snack without asking for permission?		0.76				
How often do you discipline your child if she/he drinks soda without asking for permission?		0.73				
I limit the amount of time my child watches TV or videos during the week (Mon–Fri).			0.74			
I limit the amount of time my child watches TV or videos during the weekend (Sat–Sun).			0.82			
I limit the amount of time my child plays video games (like Game Boy, Sega, or PlayStation) or is on the computer during the week (Mon–Fri).			0.72			
I limit the amount of time my child plays video games (like Game Boy, Sega, or PlayStation) or is on the computer during the weekend (Sat–Sun).			0.84			
I limit the amount of soda my child drinks.				0.69		
I limit the amount of snacks my child eats.				0.69		
My child must ask permission before getting a snack.				0.64		
My child must ask permission before drinking a soda.				0.60		

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**Supplementary Table 1. Item Factor Loadings and Construct Summary Statistics of the PEAS Instrument in our Study Population<sup>a</sup> (n = 301) continued**

PEAS Items	Parenting practices					
	Monitoring	Discipline	Limit setting of screen media	Limit setting of soda/snacks	Pressure to eat	Reinforcement
I offer sweets as a reward for good behaviors. <sup>b</sup>					0.48	
My child should always eat all the food on his/her plate.					0.71	
I have to make sure my child eats enough.					0.56	
If my child says I'm not hungry I try to get them to eat anyway.					0.71	
If I don't regulate my child's eating he/she would eat much less.					0.61	
I offer TV, video games, videos as a reward for good behavior.					0.54	
How often do you praise your child for eating a healthy snack?						0.80
How often do you praise your child for being physically active?						0.79
Summary statistics						
Eigenvalues	7.69	2.56	1.85	1.53	1.34	1.23
Proportion of variance	0.30	0.10	0.07	0.06	0.05	0.05
Cronbach's alpha	0.85	0.87	0.86	0.74	0.67	0.80
Mean (SD)	3.74 (0.96)	3.34 (1.28)	3.54 (1.23)	3.93 (1.02)	2.61 (0.90)	3.74 (1.28)

<sup>a</sup>

<sup>b</sup>PEAS, Parenting Strategies for Eating and Activity Scale; TV, television; SD, standard deviation.