## **HELP-COPD** record

## This is a record of a conversation I had

With	Susie Ferguson	on//
at		
My carer,	<i>_</i>	was present with me.

Suggested actions we agreed:	Who will do this?	I will tick when complete	

See overleaf for a full summary

This conversation happened because I was admitted to hospital due to my breathing problems. I was admitted on /					
The aim of this conversation was to understand how I manage with my breathing problems at home and to agree a plan of actions that might help me.					
Susie Ferguson will contact me in 1 month, 3 months and again in 6 months time, to review these actions.					
My GP will receive a copy of this document.					
My CHI number is					
My date of birth is/					

	Name:		Date:		2 Action
		Summary		Recent actions	
Socia	I				
with da home?	ow you are managing y-to-day activities at (e.g. washing, g, dressing)				
probler	re any particular ns at the moment and/or your carer?)				
Psych	nological				
	you often feel or panicky?				
	f anything, are you I or anxious about?				
Do you feeling	often find yourself down?)				
future?	ow do you see the				
	you get your t from during tough				
Physi	cal				
(e.g. W	hat physical ms are a particular at the moment?)				
	e anything else ould like help				
	e anything your wishes to s?				