

**Table 1:** Most common preparations used in the add-on treatment group

Substance or drug product	Patients, N (%)
<b>AID group</b>	<b>173 (49.2)</b>
Metoclopramide	47 (13.2)
Loperamide	14 (3.8)
Iberogast® (herbal)	13 (3.7)
Gastriselect® (homeopathic)	13 (3.7)
Elotrans®	12 (3.4)
Butylscopolamine (+/- paracetamol)	10 (2.8)
Perenterol® (antibiotic-resistant <i>Saccharomyces boulardii</i> )	9 (2.5)
Healing earth	6 (1.7)
Symbiolact® (probiotics)	4 (1.2)
Arsenicum album (homeopathic)	3 (0.8)
Pantoprazole	3 (0.8)
ProBio Cult (probiotics)	3 (0.8)
Dimenhydrinat	2 (0.6)
Pro Symbioflor ( <i>E.coli</i> , <i>E. faecalis</i> )	2 (0.6)
Albumin tannate	2 (0.6)
Nux vomica (homeopathic)	2 (0.6)
Mutaflor® ( <i>E. coli</i> Nissle 1917)	2 (0.6)
Symbioflor 2 ( <i>E. coli</i> )	2 (0.6)
Simeticon	2 (0.6)
Other (N=1)	22 (6.6)
<b>IBD group</b>	<b>56 (16.2)</b>
Mesalazine	9 (2.5)
Mutaflor® ( <i>E. coli</i> Nissle 1917)	9 (2.5)
Prednisolone	6 (1.7)
Loperamide	3 (0.8)
Azathioprine	2 (0.6)
Symbioflor 1 ( <i>Streptococcus faecalis</i> )	2 (0.6)
Budesonide	2 (0.6)
Probiotik pur (probiotics)	2 (0.6)
Healing earth	2 (0.6)
Other (N=1)	19 (5.7)
<b>IBS group</b>	<b>127 (35.8)</b>
Butylscopolamine (+/- paracetamol)	27 (7.5)
Loperamide	12 (3.4)
Symbiolact® (probiotics)	10 (2.8)
Symbioflor 1 ( <i>Streptococcus faecalis</i> )	8 (2.2)
Pro Symbioflor ( <i>E.coli</i> , <i>E. faecalis</i> )	7 (1.9)
Histaminum hydrochloricum (homeopathic)	7 (1.9)
Probiotik pur (probiotics)	7 (1.9)

Symbioflor 2 ( <i>E. coli</i> )	5 (1.4)
Mutaflor® ( <i>E. coli</i> Nissle 1917)	4 (1.2)
Candida albicans (homeopathic)	3 (0.8)
Hepeel® (homeopathic)	3 (0.8)
Colibiogen® ( <i>E. coli</i> )	3 (0.8)
BactoFlor 10/20 (probiotics)	3 (0.8)
Iberogast® (herbal)	2 (0.6)
Toxaprevent® (Klinoptilolith)	2 (0.6)
Other (N=1)	24 (7.2)

**Table 2:** Most common preparations used as other therapy

Substance or drug product	Patients, N (%)
<b><i>AID group</i></b>	<b>152 (74.9)</b>
Loperamide	30 (14.8)
Perenterol® (antibiotic-resistant <i>Saccharomyces boulardii</i> )	29 (14.3)
Cocculus (homeopathic)	22 (10.8)
Albumin tannate	9 (4.4)
Hamadin® (dry <i>Saccharomyces cerevisiae</i> )	8 (3.9)
Nux vomica (homeopathic)	8 (3.9)
Colocynthis (homeopathic)	7 (3.4)
Metoclopramide	7 (3.4)
Pantoprazole	6 (3.0)
Iberogast® (herbal)	5 (2.5)
Ciprofloxacin	3 (1.5)
Activated charcoal	2 (1.0)
Uzara® (herbal)	2 (1.0)
Mutaflor® ( <i>E. coli</i> Nissle 1917)	2 (1.0)
Butylscopolamine (+/- paracetamol)	2 (1.0)
Other (N=1)	10 (5.0)
<b><i>IBD group</i></b>	<b>5 (2.5)</b>
Mesalazine	4 (2.0)
Dexamethasone	1 (0.5)
<b><i>IBS group</i></b>	<b>46 (22.7)</b>
Loperamide	11 (5.4)
Mebeverine	11 (5.4)
Domperidone	8 (3.9)
Metoclopramide	5 (2.5)
Butylscopolamine (+/- paracetamol)	5 (2.5)
Other (N=1)	6 (3.0)