## S2 Table. Summary of research on the decreased phosphorylated Akt levels in rodents fed a HFD

Strain	Age	HFD period	Composition	Glucose clamp	Further characteristics	Refs
Sprague-Dawley rat	Young	3 days	60% fat	Decreased GIR,	Increased hepatic TG content	21
				increased HGP		
Sprague-Dawley rat	Adult	3 days	60% fat	Increased HGP	Increased hepatic TG content, increased PKCE and JNK	22
					activity in the liver	
C57BL/6 mouse	12 weeks	4 days	45% fat	Decreased GIR	Glucose intolerance in GTT, increased hepatic lipid	23
					content, decreased TNF $\alpha$ mRNA in the liver	
C57BL/6 mouse	5 weeks	3 days	60% fat	Decreased GIR,	Increased body weight, epididymal adipose tissue weight,	24
				increased HGP	and hepatic lipid content, increased F4/80, CD68, CD11b	
					and CD11c mRNA content in the liver	