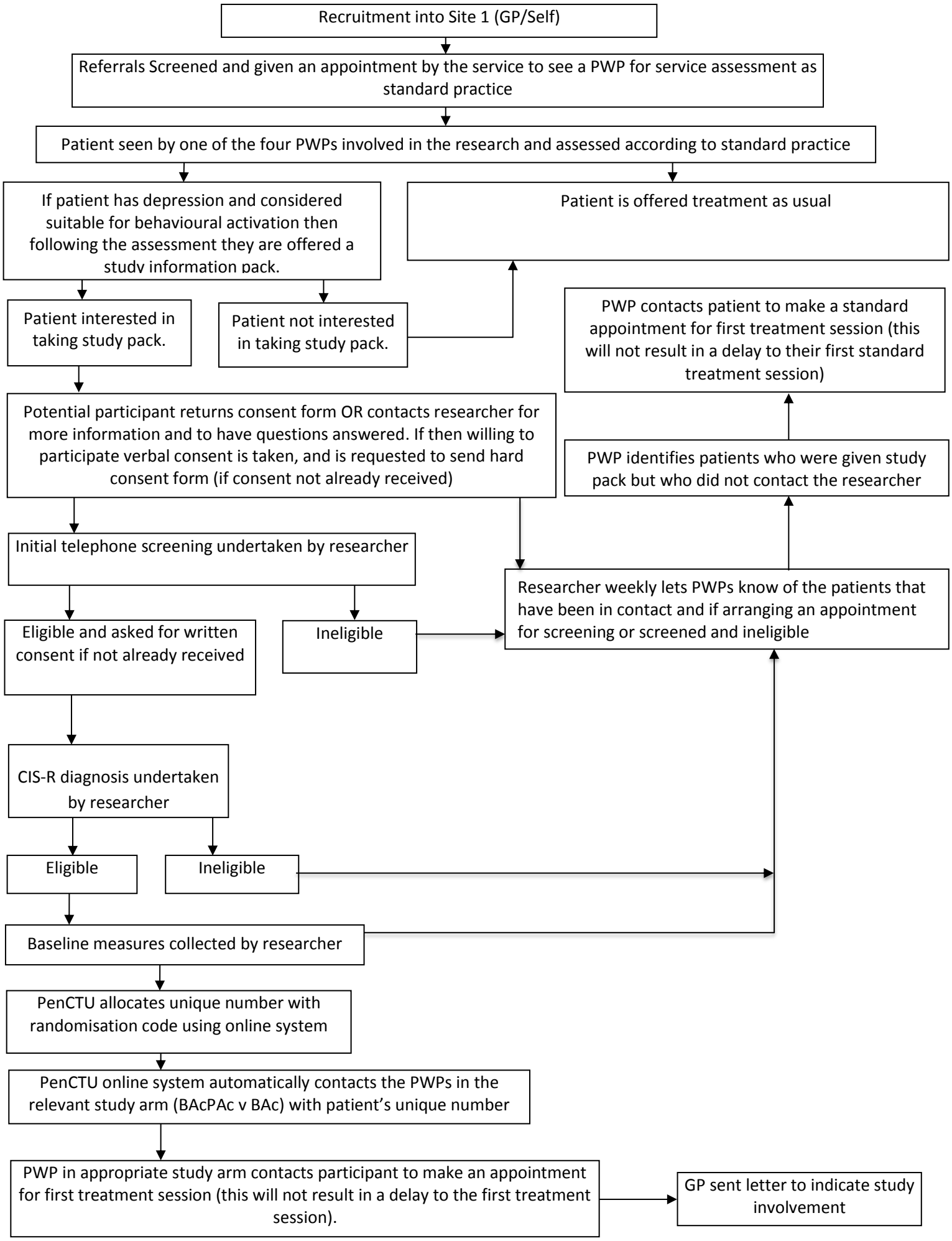
Recruitment into Site 1 (GP/Self)
Referrals Screened and given an appointment by the service to see a PWP for service assessment as standard practice
Patient seen by one of the four PWPs involved in the research and assessed according to standard practice
If patient has depression and considered suitable for behavioural activation then following the assessment they are offered a study information pack.
Patient is offered treatment as usual
Patient interested in taking study pack.
Patient not interested in taking study pack.
PWP contacts patient to make a standard appointment for first treatment session (this will not result in a delay to their first standard treatment session)
Potential participant returns consent form OR contacts researcher for more information and to have questions answered. If then willing to participate verbal consent is taken, and is requested to send hard consent form (if consent not already received)
PWP identifies patients who were given study pack but who did not contact the researcher
Initial telephone screening undertaken by researcher
Researcher weekly lets PWPs know of the patients that have been in contact and if arranging an appointment for screening or screened and ineligible
Eligible and asked for written consent if not already received
Ineligible
CIS-R diagnosis undertaken by researcher
Eligible
Ineligible
Baseline measures collected by researcher
PenCTU allocates unique number with randomisation code using online system
PenCTU online system automatically contacts the PWPs in the relevant study arm (BAcPAc v BAc) with patient's unique number
PWP in appropriate study arm contacts participant to make an appointment for first treatment session (this will not result in a delay to the first treatment session).
GP sent letter to indicate study involvement