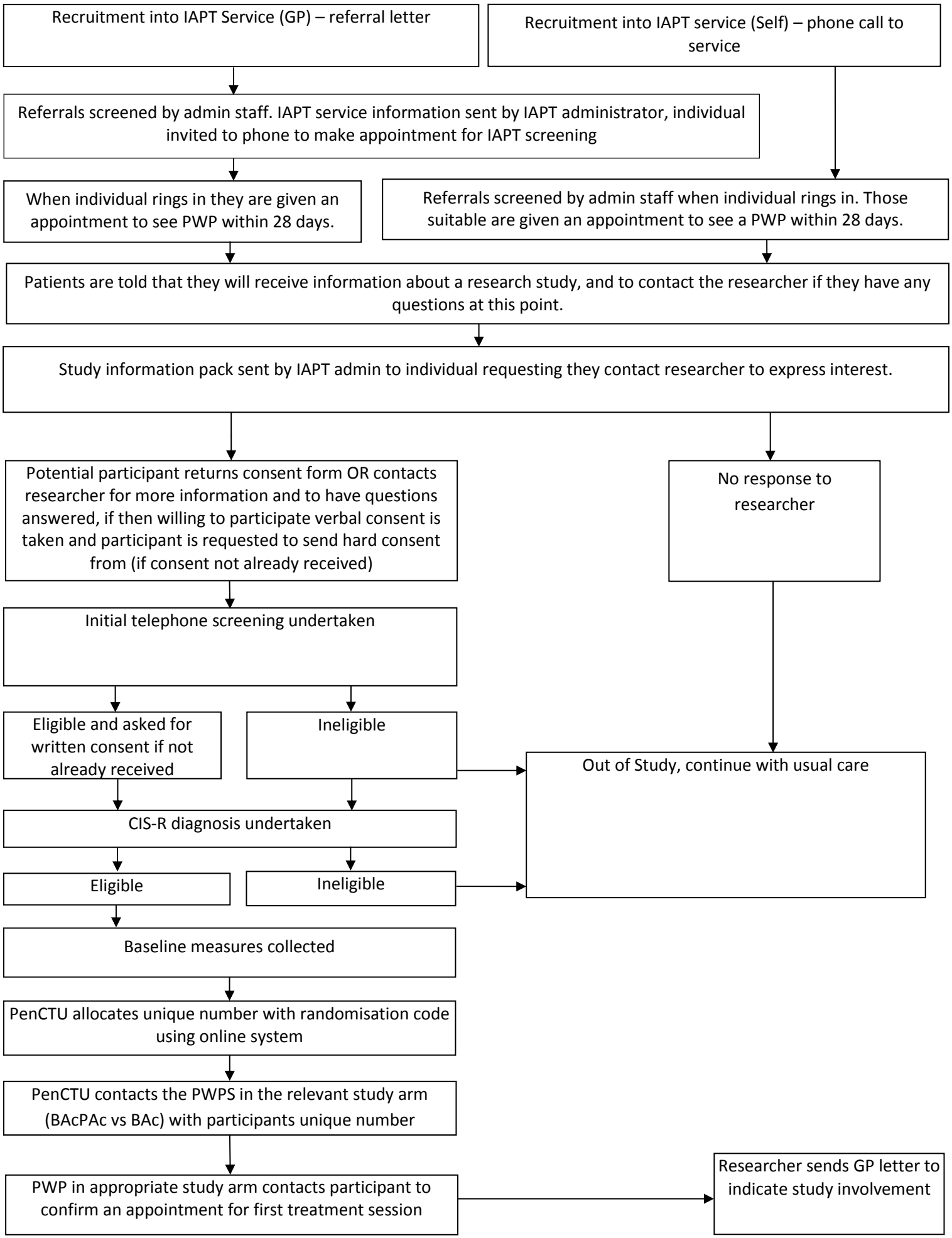
Recruitment into IAPT Service (GP) – referral letter
Recruitment into IAPT service (Self) – phone call to service
Referrals screened by admin staff. IAPT service information sent by IAPT administrator, individual invited to phone to make appointment for IAPT screening
When individual rings in they are given an appointment to see PWP within 28 days.
Referrals screened by admin staff when individual rings in. Those suitable are given an appointment to see a PWP within 28 days.
Patients are told that they will receive information about a research study, and to contact the researcher if they have any questions at this point.
Study information pack sent by IAPT admin to individual requesting they contact researcher to express interest.
Potential participant returns consent form OR contacts researcher for more information and to have questions answered, if then willing to participate verbal consent is taken and participant is requested to send hard consent from (if consent not already received)
No response to researcher
Initial telephone screening undertaken
Eligible and asked for written consent if not already received
Ineligible
Out of Study, continue with usual care
CIS-R diagnosis undertaken
Eligible
Ineligible
Baseline measures collected
PenCTU allocates unique number with randomisation code using online system
PenCTU contacts the PWPS in the relevant study arm (BAcPAc vs BAc) with participants unique number
PWP in appropriate study arm contacts participant to confirm an appointment for first treatment session
Researcher sends GP letter to indicate study involvement