Topic	Questions	Possible prompts
Opening questions	Tell me a little bit about how	How did you hear about the study?
	you got involved in the study?	
	What were your views of the	Prompt: Training opportunity, interest in
	research?	Physical Activity, interest in research,
		previous experience, something else?
BAcPAc Delivery	How did working with	Examples?
	BAcPAc compare to working	Did you do anything differently?
	with usual BA for depressed patients?	
	patients:	
	We are interested in why we	Suitability for BA/Criteria
	had difficulties in recruiting	Protocol/procedures?
	many patients who were	Difficulties seeing recruited patients?
	suitable to receive BA or	Anything else?
	BAcPAc. Do you have any	
	thoughts on this? How did you	
	decide if someone was	
	suitable for BA/BAcPAc	
	How did you find talking to	Usefulness of the materials (explanations,
	the participants about adding	diaries, self monitoring)
	physical activity?	Using existing BA skills to negotiate change
		Overcoming resistance.
		When in the course of treatment did you
		have the chance to focus on helping
		patients to increase their physical activity
	How did you get on with the	and why then? Any positive/negative experiences
	regular sessions/phone calls	Timing, duration, content, usefulness
	with patients?	Timing, daration, content, appraises
	What did you like/not like	Timing, frequency, planned content.
	about the follow up support	Anything else?
	sessions/phone calls with	
	patients What worked well	
	overall?	
	Did not work so well overall?	
Views and experiences of the	What were your views of the	What did you like/not like?
materials	<i>'Let's Get Active'</i> written self-	What did you find useful?
materials	help intervention and case	What could be improved?
	studies?	
		length, style, format, diagrams, diaries.
		Anything else?
Views and experience of the	What were your views of the	What did you like/not like?
training	training? (both formal and	What did you find useful?
	informal)	What could be improved?
		Location duration content
Experience of research	Did involvement in the study	Location, duration, content. Handing out invitation packs (SITE 1
Experience of research	Dia myorvement in the study	manding out invitation packs (SITE I

procedures including	present any difficulties?	ONLY)
supervision		
	Did any of the procedures	On-going training
	affect the way you dealt with	Communication with the researcher
	participants?	Ease of: recording the interviews, keeping records, the timing/content/duration of
	Did involvement in the study	group supervision sessions.
	interfere with care delivery?	Anything else?
	Were there any potentially	
	eligible participants for	
	BAcPAc that you did not	
	introduce to the research	
	study? If so how many, and	
	what were your reasons	
	behind this.	
Summary	SUMMARISE: Is that about	
	right? Do you have anything	
	that you would like to add?	