

Supporting Information 2: Questions asked within the survey

Element	Question	Answering method	Answering options
Instructions	Should any specific instructions be given to the learner about the task?	Open comment box	-
Focus of attention	Should the learner be instructed to focus on:	Multiple choice; one option	<ul style="list-style-type: none"> • Internal cues (internal focus of attention) • External cues (external focus of attention) • Not applicable • I cannot state as it depends on (open comment possible)
Manual guidance	Should manual guidance be used?	Multiple choice; one option	<ul style="list-style-type: none"> • No • Little • Some • Much • Not applicable • I cannot state as it depends on (open comment possible)
Feedback (content)	Which forms of feedback should the learner receive?	Multiple choice; more options	<ul style="list-style-type: none"> • Feedback on the performance • Feedback on the results • Addressing the aspects of the performed skill which are good; • Addressing the aspects of the performed skill which should be improved • Not applicable • I cannot state as it depends on (open comment possible)
Feedback (timing)	When should the feedback be given?	Multiple choice; more options	<ul style="list-style-type: none"> • During the movement • After the movement • Immediately after the relevant action • Delayed after the relevant action

Note: Questions were asked separately for implicit and explicit motor learning