

S1 Appendix. Pain Threshold Test Procedure

1. Ask the participant to sit down and to place his or her non-dominant arm on his or her thigh with palm facing upwards. Apply blood pressure cuff directly on the skin of the upper, non-dominant arm.
2. Recite the following to the participant: "I will now inflate the cuff slowly, please indicate when it becomes uncomfortable by saying 'now'."
3. Inflate the cuff in 10 mmHG increments at a timely, consistent pace. Stop and record the pressure in mmHG when the participant says 'now' or the dial reads 300 mmHG.