Supplement Table 1. Means and 95% confidence intervals of selected biochemical data, blood pressure and selected 24-hr individual food intake by self-rated subjective health status in a former-smoking population after covariate adjustment*

Variables	Self-rated subjective health status			*P* value†
	Good or very good (n = 2,176)	Fair (n = 2,195)	Poor or very poor (n = 1,083)	
Biochemical tests				
Serum high density lipoprotein (mg/dL)	50.23 (49.56-50.90)	48.91 (48.30-49.51)	48.63 (47.69-49.58)	0.071
Serum low density lipoprotein (mg/dL)	107.1 (105.2-108.9)	107.1 (105.3-109.0)	107.5 (104.8-110.3)	0.409
Serum triglyceride (mg/dL)	152.3 (145.7-158.9)	161.8 (155.9-167.8)	162.3 (153.6-170.9)	0.587
Serum aspartate transaminase (U/L)	23.34 (22.69-24.00)	24.71 (23.92-25.50)	24.77 (23.63-25.90)	0.079
Serum alanine transaminase (U/L)	25.18 (23.90-26.46)	27.19 (26.15-28.22)	27.38 (25.67-29.08)	0.095
24 hr food intake				
Energy (% EER)	100.8 (98.19-103.5)	98.30 (96.15-100.4)	95.18 (91.83-98.54)	0.061
Protein (% RI)	164.2 (158.7-169.7)	159.7 (154.9-164.5)	150.5 (143.9-157.0)	0.108
Carbohydrate (% of energy)	60.61 (59.78-61.43)	60.80 (60.13-61.47)	62.03 (60.95-63.12)	0.199
Fat (% of energy)	18.87 (18.39-19.35)	19.02 (18.62-19.42)	18.05 (17.34-18.76)	0.503
Fiber (g)	7.965 (7.667-8.262)	7.614 (7.339-7.889)	7.208 (6.788-7.629)	0.059
Na (mg)	6,064.2 (5,849.1-6,279.3)	5,901.3 (5,727.2-6,075.3)	5,699.0 (5,392.0-6,006.1)	0.166
Ca (mg)	562.5 (541.4-583.5)	531.8 (514.8-548.7)	524.0 (484.4-563.6)	0.002
K (mg)	3,434.9 (3,337.4-3,532.4)	3,282.0 (3,196.7-3,367.3)	3,150.0 (3,009.2-3,290.9)	0.005
Vitamin C (mg)	82.73 (78.83-86.81)	76.20 (73.20-79.33)	72.71 (68.15-77.58)	0.101
Total vitamin A (μg RE)	1,152.6 (1,094.0-1,214.3)	1,096.0 (1,047.3-1,147.1)	1,013.4 (939.26-1,093.3)	0.011

*Adjusted for gender, age, residence area, income, occupation, smoking and drinking status, education, obesity, and physical activities; †*P* value for Satterwaite chi-square test.
EER, energy requirement estimation; RI, recommended intake; RE, retinol equivalent.

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