

Supporting Information

S1 Table Distribution of ingredients across categories

Ingredient Category	Bengali	Gujarati	Jain	Maharashtrian	Mughlai	Punjabi	Rajasthani	South Indian
spice	25	23	26	25	24	33	21	25
vegetable	14	23	29	14	15	29	16	23
fruit	13	19	25	9	16	22	5	14
plant derivative	8	7	11	7	8	13	4	6
nut/seed	12	12	12	11	11	13	8	10
cereal/crop	6	10	11	6	9	12	7	9
dairy	7	6	8	6	7	10	5	7
plant	2	3	3	3	4	5	4	5
pulse	4	6	5	4	5	6	5	6
herb	2	2	5	3	3	4	2	3
meat	3	0	0	2	0	1	0	0
beverage	1	0	1	1	0	1	0	0
fish/seafood	2	0	0	0	0	0	0	2
animalproduct	2	0	1	1	2	2	0	2
flower	1	1	1	1	1	1	1	1
additive	0	0	0	0	0	0	0	1

Table 1: Number of ingredients in each category for all regional cuisines.