

## SUPPLEMENTAL MATERIAL

Changes in Cardiovascular Health in the United States, 2003-2011

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**Table S1.** Age-standardized mean overall CVHI and percent of population with “poor” and “ideal” CVHI stratified by state and year, 2003-2011

State		2003	2003 95% CI		2005	2005 95% CI		2007	2007 95% CI		2009	2009 95% CI		2011	2011 95% CI	
Alabama	Mean CVHI	3.52	3.46	3.58	3.55	3.49	3.62	3.50	3.45	3.55	3.47	3.39	3.55	3.20	3.15	3.25
	% of Population w/ “Poor” CVHI	21.1%	19.3%	23.2%	18.9%	17.0%	21.0%	20.9%	19.5%	22.4%	24.9%	22.7%	27.2%	29.0%	27.3%	30.8%
	% of Population w/ “Ideal” CVHI	3.4%	2.6%	4.5%	3.6%	2.4%	5.3%	2.6%	2.0%	3.4%	4.2%	2.5%	6.8%	1.0%	0.7%	1.5%
Alaska	Mean CVHI	3.77	3.69	3.84	3.78	3.69	3.86	3.59	3.49	3.69	3.63	3.55	3.72	3.48	3.40	3.55
	% of Population w/ “Poor” CVHI	13.7%	11.7%	16.0%	15.2%	13.0%	17.7%	17.5%	14.5%	21.1%	16.9%	14.6%	19.4%	21.6%	19.5%	23.9%
	% of Population w/ “Ideal” CVHI	4.7%	3.4%	6.6%	6.1%	4.1%	9.0%	4.3%	3.0%	6.1%	3.4%	2.3%	5.0%	2.3%	1.7%	3.2%
Arizona	Mean CVHI	3.76	3.67	3.84	3.78	3.67	3.88	3.65	3.52	3.77	3.68	3.55	3.81	3.54	3.46	3.62
	% of Population w/ “Poor” CVHI	13.9%	12.0%	16.1%	14.9%	12.8%	17.3%	18.5%	14.7%	23.1%	20.8%	17.6%	24.5%	21.6%	19.3%	24.1%
	% of Population w/ “Ideal” CVHI	5.6%	3.7%	8.3%	5.7%	4.4%	7.5%	6.3%	4.8%	8.4%	8.8%	5.6%	13.7%	3.9%	2.7%	5.7%
Arkansas	Mean CVHI	3.66	3.60	3.71	3.63	3.57	3.68	3.58	3.51	3.65	3.54	3.46	3.61	3.27	3.19	3.36
	% of Population w/ “Poor” CVHI	18.0%	16.5%	19.6%	18.2%	16.8%	19.7%	19.9%	18.1%	21.9%	20.7%	18.7%	22.9%	27.1%	24.7%	29.7%
	% of Population w/ “Ideal” CVHI	4.3%	3.3%	5.5%	3.8%	2.9%	4.9%	5.5%	4.0%	7.4%	2.9%	2.0%	4.1%	1.9%	0.9%	3.9%
California	Mean CVHI	3.87	3.82	3.92	3.85	3.80	3.90	3.88	3.82	3.93	3.78	3.75	3.81	3.64	3.61	3.68
	% of Population w/ “Poor” CVHI	13.4%	12.1%	14.8%	14.1%	12.8%	15.5%	14.9%	13.3%	16.6%	15.4%	14.6%	16.2%	18.7%	17.7%	19.7%
	% of Population w/ “Ideal” CVHI	7.3%	6.3%	8.5%	7.9%	6.8%	9.2%	7.1%	6.0%	8.4%	6.8%	6.1%	7.6%	3.7%	3.2%	4.3%
Colorado	Mean CVHI	3.93	3.88	3.98	3.89	3.84	3.94	3.88	3.85	3.92	3.87	3.83	3.92	3.70	3.66	3.74
	% of Population w/ “Poor” CVHI	11.3%	10.1%	12.7%	12.8%	11.7%	14.0%	13.3%	12.5%	14.1%	13.3%	12.1%	14.6%	16.2%	15.1%	17.3%
	% of Population w/ “Ideal” CVHI	6.7%	5.5%	8.0%	6.5%	5.4%	7.9%	7.4%	6.4%	8.5%	6.6%	5.5%	7.9%	4.4%	3.7%	5.2%
Connecticut	Mean CVHI	3.92	3.88	3.96	3.84	3.79	3.90	3.78	3.71	3.85	3.79	3.73	3.85	3.62	3.56	3.68
	% of Population w/ “Poor” CVHI	12.0%	10.9%	13.1%	13.3%	12.1%	14.5%	15.9%	14.3%	17.6%	15.4%	13.6%	17.3%	18.4%	16.8%	20.2%
	% of Population w/ “Ideal” CVHI	7.0%	5.9%	8.2%	5.9%	4.8%	7.2%	6.1%	5.0%	7.5%	6.2%	5.0%	7.5%	4.6%	3.6%	5.9%
DC	Mean CVHI	3.81	3.74	3.88	3.80	3.73	3.86	3.78	3.72	3.85	3.86	3.80	3.92	3.56	3.48	3.64
	% of Population w/ “Poor” CVHI	15.3%	13.4%	17.5%	17.4%	15.5%	19.5%	17.7%	15.9%	19.6%	15.1%	13.7%	16.5%	22.1%	19.8%	24.6%
	% of Population w/ “Ideal” CVHI	5.5%	4.4%	6.9%	6.4%	5.2%	7.8%	7.0%	5.6%	8.6%	6.8%	5.6%	8.3%	4.9%	3.7%	6.4%
Delaware	Mean CVHI	3.65	3.59	3.71	3.60	3.54	3.66	3.60	3.54	3.67	3.70	3.63	3.76	3.39	3.32	3.46
	% of Population w/ “Poor” CVHI	17.6%	15.9%	19.4%	19.8%	18.1%	21.6%	19.3%	17.7%	21.1%	17.8%	16.2%	19.6%	24.4%	22.5%	26.4%
	% of Population w/ “Ideal” CVHI	4.7%	3.7%	6.0%	5.4%	4.0%	7.2%	4.2%	2.8%	6.3%	4.9%	3.7%	6.3%	3.5%	2.0%	6.0%
Florida	Mean CVHI	3.67	3.61	3.73	3.69	3.65	3.74	3.68	3.64	3.72	3.65	3.58	3.71	3.42	3.37	3.46
	% of Population w/ “Poor” CVHI	17.7%	15.8%	19.7%	17.3%	16.0%	18.7%	16.6%	15.5%	17.8%	18.5%	16.7%	20.4%	22.5%	21.0%	24.1%
	% of Population w/ “Ideal” CVHI	3.8%	2.9%	5.0%	4.7%	3.9%	5.7%	5.0%	4.3%	5.7%	5.7%	4.3%	7.5%	2.6%	2.0%	3.4%
Georgia	Mean CVHI	3.63	3.59	3.68	3.66	3.60	3.71	3.60	3.55	3.65	3.63	3.57	3.69	3.40	3.35	3.45
	% of Population w/ “Poor” CVHI	19.1%	17.7%	20.5%	16.9%	15.5%	18.3%	20.3%	19.0%	21.7%	18.9%	17.5%	20.3%	25.2%	23.7%	26.7%
	% of Population w/ “Ideal” CVHI	4.1%	3.4%	5.0%	3.9%	3.1%	5.0%	4.8%	4.0%	5.8%	3.7%	2.8%	5.0%	2.5%	1.7%	3.7%

State		2003	2003 95% CI		2005	2005 95% CI		2007	2007 95% CI		2009	2009 95% CI		2011	2011 95% CI	
Hawaii	Mean CVHI	3.95	3.90	4.01	3.87	3.81	3.92	3.86	3.81	3.91	3.73	3.67	3.79	3.61	3.56	3.67
	% of Population w/ "Poor" CVHI	12.0%	10.7%	13.5%	12.1%	10.9%	13.4%	13.7%	12.3%	15.2%	15.7%	14.2%	17.2%	17.8%	16.2%	19.6%
	% of Population w/ "Ideal" CVHI	6.7%	5.5%	8.1%	6.0%	4.6%	7.7%	6.9%	5.9%	8.1%	6.4%	5.0%	8.1%	3.7%	2.8%	5.0%
Idaho	Mean CVHI	3.82	3.77	3.87	3.75	3.70	3.80	3.72	3.66	3.78	3.74	3.67	3.81	3.52	3.46	3.58
	% of Population w/ "Poor" CVHI	14.5%	13.2%	15.9%	16.5%	15.1%	17.9%	16.5%	15.1%	18.0%	16.2%	14.7%	17.8%	20.3%	18.7%	22.1%
	% of Population w/ "Ideal" CVHI	5.1%	4.2%	6.2%	5.7%	4.6%	7.1%	7.2%	5.5%	9.4%	7.5%	5.6%	9.8%	2.6%	1.8%	3.7%
Illinois	Mean CVHI	3.74	3.68	3.81	3.68	3.63	3.73	3.67	3.62	3.72	3.65	3.59	3.71	3.45	3.39	3.51
	% of Population w/ "Poor" CVHI	14.7%	13.0%	16.6%	16.6%	15.3%	18.1%	17.5%	16.2%	18.7%	17.4%	16.1%	18.8%	22.6%	20.7%	24.7%
	% of Population w/ "Ideal" CVHI	4.8%	3.7%	6.3%	4.2%	3.4%	5.2%	5.2%	4.1%	6.7%	5.0%	3.8%	6.4%	3.7%	2.8%	5.0%
Indiana	Mean CVHI	3.66	3.62	3.71	3.58	3.53	3.63	3.60	3.54	3.65	3.49	3.44	3.55	3.33	3.28	3.38
	% of Population w/ "Poor" CVHI	17.7%	16.4%	19.0%	19.0%	17.6%	20.5%	18.7%	17.3%	20.3%	21.1%	19.8%	22.6%	24.9%	23.5%	26.5%
	% of Population w/ "Ideal" CVHI	4.6%	3.7%	5.7%	4.2%	3.3%	5.5%	4.4%	3.4%	5.7%	3.8%	2.7%	5.3%	1.6%	1.2%	2.1%
Iowa	Mean CVHI	3.76	3.71	3.80	3.72	3.67	3.78	3.66	3.61	3.72	3.65	3.59	3.71	3.50	3.46	3.55
	% of Population w/ "Poor" CVHI	13.8%	12.7%	15.1%	15.4%	14.0%	16.8%	16.8%	15.5%	18.2%	17.2%	15.5%	18.9%	19.7%	18.3%	21.1%
	% of Population w/ "Ideal" CVHI	3.6%	2.7%	4.8%	4.7%	3.5%	6.2%	3.1%	2.5%	3.8%	3.9%	2.7%	5.6%	2.6%	2.0%	3.4%
Kansas	Mean CVHI	3.75	3.70	3.80	3.73	3.69	3.77	3.64	3.60	3.69	3.60	3.57	3.63	3.43	3.40	3.46
	% of Population w/ "Poor" CVHI	14.2%	12.7%	15.7%	14.5%	13.5%	15.5%	17.6%	16.3%	19.1%	17.8%	17.0%	18.5%	23.0%	22.1%	23.9%
	% of Population w/ "Ideal" CVHI	3.6%	2.8%	4.6%	3.9%	3.1%	4.8%	4.3%	3.4%	5.5%	3.2%	2.7%	3.7%	2.9%	2.4%	3.5%
Kentucky	Mean CVHI	3.42	3.36	3.48	3.43	3.38	3.48	3.40	3.35	3.45	3.41	3.35	3.47	3.23	3.17	3.28
	% of Population w/ "Poor" CVHI	22.7%	20.8%	24.7%	21.9%	20.4%	23.6%	22.4%	20.7%	24.2%	25.1%	23.3%	26.9%	28.7%	27.0%	30.5%
	% of Population w/ "Ideal" CVHI	2.7%	1.8%	3.9%	1.6%	1.2%	2.2%	1.8%	1.3%	2.5%	2.9%	2.2%	3.9%	1.5%	1.0%	2.3%
Louisiana	Mean CVHI	3.58	3.54	3.63	3.61	3.56	3.67	3.52	3.46	3.58	3.48	3.43	3.52	3.16	3.12	3.21
	% of Population w/ "Poor" CVHI	19.2%	17.7%	20.7%	17.9%	16.2%	19.7%	21.7%	20.0%	23.6%	22.7%	21.4%	24.0%	29.7%	28.0%	31.3%
	% of Population w/ "Ideal" CVHI	3.7%	2.9%	4.7%	3.5%	2.5%	4.8%	4.4%	3.2%	6.1%	3.5%	2.6%	4.8%	1.1%	0.6%	1.9%
Maine	Mean CVHI	3.76	3.69	3.83	3.78	3.72	3.85	3.68	3.62	3.74	3.75	3.71	3.80	3.47	3.43	3.51
	% of Population w/ "Poor" CVHI	15.4%	13.5%	17.5%	15.1%	13.7%	16.7%	17.7%	15.9%	19.5%	16.7%	15.6%	17.8%	22.0%	20.9%	23.2%
	% of Population w/ "Ideal" CVHI	5.3%	4.0%	6.9%	6.7%	5.3%	8.5%	5.8%	4.6%	7.2%	6.4%	5.2%	7.9%	3.3%	2.7%	4.1%
Maryland	Mean CVHI	3.80	3.74	3.85	3.77	3.73	3.82	3.67	3.62	3.71	3.68	3.64	3.73	3.50	3.45	3.54
	% of Population w/ "Poor" CVHI	14.6%	13.3%	16.2%	14.9%	13.8%	15.9%	17.4%	16.2%	18.6%	18.0%	16.7%	19.4%	21.8%	20.5%	23.3%
	% of Population w/ "Ideal" CVHI	6.7%	5.3%	8.4%	5.8%	4.8%	6.9%	5.4%	4.3%	6.8%	5.0%	4.1%	6.2%	3.5%	2.7%	4.5%
Massachusetts	Mean CVHI	3.90	3.86	3.94	3.82	3.78	3.87	3.82	3.79	3.85	3.79	3.76	3.83	3.61	3.57	3.64
	% of Population w/ "Poor" CVHI	12.6%	11.6%	13.7%	13.3%	12.3%	14.4%	14.6%	13.9%	15.4%	14.9%	14.0%	15.8%	18.4%	17.4%	19.4%
	% of Population w/ "Ideal" CVHI	6.5%	5.5%	7.6%	6.1%	5.1%	7.3%	6.5%	5.5%	7.6%	5.4%	4.7%	6.3%	3.2%	2.7%	3.8%
Michigan	Mean CVHI	3.61	3.56	3.67	3.64	3.60	3.67	3.61	3.57	3.66	3.62	3.57	3.66	3.36	3.31	3.41

State		2003	2003 95% CI		2005	2005 95% CI		2007	2007 95% CI		2009	2009 95% CI		2011	2011 95% CI	
	% of Population w/ "Poor" CVHI	18.5%	17.0%	20.1%	18.5%	17.6%	19.4%	19.3%	18.0%	20.6%	19.6%	18.4%	20.8%	25.7%	24.2%	27.2%
	% of Population w/ "Ideal" CVHI	4.5%	3.4%	5.8%	4.3%	3.7%	5.0%	3.5%	2.8%	4.3%	5.9%	4.6%	7.5%	3.2%	2.5%	4.1%
	Mean CVHI	3.79	3.74	3.83	3.79	3.73	3.86	3.80	3.75	3.85	3.79	3.73	3.85	3.59	3.55	3.63
<b>Minnesota</b>	% of Population w/ "Poor" CVHI	12.7%	11.6%	14.0%	14.1%	12.6%	15.8%	13.5%	12.4%	14.7%	13.8%	12.3%	15.5%	18.6%	17.4%	19.8%
	% of Population w/ "Ideal" CVHI	4.6%	3.6%	5.8%	5.7%	4.2%	7.6%	3.9%	2.9%	5.3%	4.8%	3.8%	6.0%	3.2%	2.6%	3.9%
	Mean CVHI	3.47	3.42	3.52	3.45	3.39	3.51	3.43	3.38	3.49	3.37	3.33	3.42	3.15	3.10	3.19
<b>Mississippi</b>	% of Population w/ "Poor" CVHI	20.7%	19.1%	22.5%	22.6%	20.9%	24.3%	22.0%	20.4%	23.7%	23.9%	22.7%	25.1%	29.7%	28.1%	31.4%
	% of Population w/ "Ideal" CVHI	3.1%	2.3%	4.3%	2.4%	1.7%	3.4%	2.7%	2.0%	3.8%	2.7%	1.9%	3.7%	0.9%	0.6%	1.3%
	Mean CVHI	3.68	3.61	3.75	3.60	3.54	3.66	3.58	3.51	3.66	3.62	3.55	3.70	3.38	3.31	3.44
<b>Missouri</b>	% of Population w/ "Poor" CVHI	16.7%	14.7%	18.8%	18.4%	16.7%	20.1%	19.5%	17.3%	21.8%	17.7%	16.1%	19.4%	24.2%	22.3%	26.1%
	% of Population w/ "Ideal" CVHI	5.2%	3.8%	7.1%	4.7%	3.6%	6.0%	5.2%	3.7%	7.2%	4.1%	2.7%	6.2%	2.1%	1.5%	3.0%
	Mean CVHI	3.95	3.90	4.01	3.86	3.80	3.92	3.83	3.77	3.89	3.80	3.74	3.86	3.61	3.56	3.66
<b>Montana</b>	% of Population w/ "Poor" CVHI	11.2%	9.9%	12.6%	11.3%	10.1%	12.6%	14.3%	13.0%	15.6%	14.9%	13.6%	16.3%	18.9%	17.6%	20.3%
	% of Population w/ "Ideal" CVHI	7.1%	5.5%	9.1%	5.6%	4.3%	7.1%	6.2%	4.7%	8.1%	5.5%	4.5%	6.7%	3.6%	2.8%	4.5%
	Mean CVHI	3.75	3.70	3.80	3.67	3.63	3.72	3.70	3.63	3.78	3.72	3.66	3.77	3.51	3.48	3.54
<b>Nebraska</b>	% of Population w/ "Poor" CVHI	14.3%	12.9%	15.9%	16.1%	14.9%	17.4%	17.3%	15.6%	19.1%	17.0%	15.6%	18.4%	20.7%	19.9%	21.6%
	% of Population w/ "Ideal" CVHI	4.1%	3.3%	5.2%	4.1%	3.2%	5.2%	4.5%	3.2%	6.3%	5.4%	3.9%	7.4%	2.9%	2.5%	3.4%
	Mean CVHI	3.65	3.57	3.73	3.73	3.64	3.82	3.68	3.61	3.76	3.59	3.49	3.68	3.44	3.35	3.53
<b>Nevada</b>	% of Population w/ "Poor" CVHI	16.2%	14.2%	18.6%	18.1%	15.7%	20.8%	18.4%	16.3%	20.6%	19.5%	17.0%	22.2%	23.2%	20.4%	26.2%
	% of Population w/ "Ideal" CVHI	4.4%	3.2%	5.9%	6.7%	4.6%	9.6%	5.0%	3.4%	7.3%	5.0%	3.5%	7.2%	2.9%	2.0%	4.3%
	Mean CVHI	3.86	3.81	3.91	3.80	3.76	3.85	3.74	3.69	3.79	3.75	3.69	3.81	3.58	3.52	3.63
<b>New Hampshire</b>	% of Population w/ "Poor" CVHI	13.4%	12.0%	14.8%	14.3%	13.3%	15.4%	15.9%	14.6%	17.3%	16.2%	14.8%	17.7%	20.0%	18.5%	21.5%
	% of Population w/ "Ideal" CVHI	6.7%	5.6%	8.1%	5.8%	4.7%	7.2%	4.4%	3.8%	5.2%	6.9%	5.5%	8.5%	5.1%	3.8%	6.7%
	Mean CVHI	3.78	3.75	3.81	3.74	3.70	3.78	3.71	3.65	3.77	3.76	3.72	3.80	3.49	3.46	3.53
<b>New Jersey</b>	% of Population w/ "Poor" CVHI	15.1%	14.1%	16.0%	15.7%	14.6%	16.8%	17.2%	15.9%	18.6%	15.9%	14.9%	17.0%	20.0%	18.9%	21.2%
	% of Population w/ "Ideal" CVHI	4.5%	4.0%	5.2%	5.1%	4.4%	5.8%	5.1%	3.7%	7.0%	5.8%	4.9%	6.8%	2.9%	2.3%	3.6%
	Mean CVHI	3.89	3.84	3.94	3.77	3.72	3.82	3.74	3.69	3.79	3.74	3.69	3.80	3.51	3.46	3.56
<b>New Mexico</b>	% of Population w/ "Poor" CVHI	11.8%	10.7%	13.1%	13.8%	12.6%	15.1%	15.6%	14.3%	17.0%	15.3%	14.1%	16.5%	20.5%	19.1%	22.0%
	% of Population w/ "Ideal" CVHI	6.4%	5.3%	7.7%	4.5%	3.5%	5.9%	4.7%	3.7%	5.9%	5.4%	4.1%	7.1%	2.7%	2.0%	3.6%
	Mean CVHI	3.76	3.71	3.81	3.73	3.68	3.77	3.70	3.65	3.75	3.69	3.64	3.74	3.52	3.47	3.57
<b>New York</b>	% of Population w/ "Poor" CVHI	15.3%	14.1%	16.6%	16.3%	15.0%	17.7%	17.1%	15.9%	18.4%	17.3%	16.0%	18.6%	21.7%	20.3%	23.2%
	% of Population w/ "Ideal" CVHI	5.5%	4.5%	6.6%	5.2%	4.1%	6.5%	5.3%	4.4%	6.3%	4.6%	3.6%	5.8%	3.6%	2.8%	4.6%
	Mean CVHI	3.60	3.55	3.64	3.57	3.54	3.60	3.53	3.49	3.57	3.54	3.49	3.59	3.40	3.36	3.45
<b>North Carolina</b>	% of Population w/ "Poor" CVHI	18.0%	16.7%	19.4%	19.0%	18.2%	19.8%	20.9%	19.9%	21.9%	21.8%	20.4%	23.2%	24.0%	22.6%	25.5%

State		2003	2003 95% CI		2005	2005 95% CI		2007	2007 95% CI		2009	2009 95% CI		2011	2011 95% CI	
	% of Population w/ "Ideal" CVHI	3.7%	2.8%	4.8%	3.4%	2.9%	4.0%	3.7%	2.9%	4.6%	4.1%	3.1%	5.4%	2.1%	1.6%	2.7%
North Dakota	Mean CVHI	3.72	3.67	3.78	3.73	3.67	3.79	3.69	3.63	3.75	3.71	3.65	3.76	3.51	3.46	3.56
	% of Population w/ "Poor" CVHI	14.2%	12.6%	15.9%	14.6%	13.1%	16.3%	15.9%	14.2%	17.6%	16.3%	15.1%	17.6%	19.5%	17.9%	21.1%
	% of Population w/ "Ideal" CVHI	4.5%	3.4%	6.1%	3.8%	2.8%	5.1%	3.3%	2.3%	4.8%	5.5%	4.1%	7.3%	1.9%	1.4%	2.6%
Ohio	Mean CVHI	3.69	3.63	3.75	3.68	3.63	3.74	3.58	3.53	3.63	3.49	3.43	3.54	3.36	3.30	3.41
	% of Population w/ "Poor" CVHI	16.0%	14.1%	18.0%	16.2%	14.9%	17.5%	19.7%	18.5%	21.0%	22.5%	20.6%	24.5%	24.9%	23.1%	26.8%
	% of Population w/ "Ideal" CVHI	4.7%	3.7%	6.1%	4.7%	3.6%	6.1%	4.8%	3.5%	6.6%	4.1%	3.1%	5.4%	2.4%	1.8%	3.1%
Oklahoma	Mean CVHI	3.58	3.54	3.62	3.48	3.44	3.53	3.44	3.38	3.49	3.41	3.36	3.46	3.27	3.21	3.32
	% of Population w/ "Poor" CVHI	17.5%	16.3%	18.7%	21.1%	19.8%	22.5%	23.2%	21.6%	24.8%	23.8%	22.3%	25.3%	28.1%	26.5%	29.7%
	% of Population w/ "Ideal" CVHI	2.2%	1.8%	2.8%	3.0%	2.3%	4.0%	2.7%	1.9%	3.7%	2.6%	1.5%	4.2%	2.5%	1.7%	3.8%
Oregon	Mean CVHI	3.82	3.76	3.88	3.82	3.78	3.85	3.77	3.70	3.83	3.74	3.67	3.82	3.58	3.51	3.64
	% of Population w/ "Poor" CVHI	14.9%	13.4%	16.6%	14.1%	13.3%	15.0%	15.9%	14.2%	17.9%	16.7%	14.9%	18.8%	19.3%	17.7%	21.0%
	% of Population w/ "Ideal" CVHI	5.9%	4.7%	7.3%	6.2%	5.5%	6.9%	4.7%	3.7%	5.9%	5.5%	4.1%	7.3%	4.2%	3.1%	5.7%
Pennsylvania	Mean CVHI	3.69	3.63	3.74	3.67	3.63	3.71	3.63	3.58	3.68	3.61	3.56	3.66	3.46	3.41	3.51
	% of Population w/ "Poor" CVHI	16.5%	15.0%	18.2%	17.0%	15.9%	18.2%	18.2%	16.8%	19.6%	18.9%	17.6%	20.2%	22.7%	21.3%	24.1%
	% of Population w/ "Ideal" CVHI	5.0%	3.9%	6.4%	4.7%	3.8%	5.7%	3.9%	3.2%	4.8%	4.6%	3.5%	5.9%	2.7%	2.0%	3.6%
Rhode Island	Mean CVHI	3.74	3.69	3.79	3.75	3.69	3.81	3.67	3.61	3.72	3.72	3.67	3.77	3.50	3.44	3.55
	% of Population w/ "Poor" CVHI	15.6%	14.2%	17.2%	15.3%	13.9%	16.9%	16.3%	14.9%	17.8%	15.9%	14.6%	17.2%	22.7%	21.0%	24.5%
	% of Population w/ "Ideal" CVHI	5.4%	4.4%	6.6%	4.7%	3.7%	6.1%	3.9%	3.1%	4.8%	4.1%	3.4%	5.0%	3.3%	2.5%	4.3%
South Carolina	Mean CVHI	3.68	3.63	3.72	3.54	3.50	3.57	3.56	3.52	3.61	3.52	3.46	3.57	3.27	3.22	3.31
	% of Population w/ "Poor" CVHI	17.7%	16.4%	19.1%	20.9%	19.8%	22.0%	19.7%	18.6%	20.9%	20.5%	19.0%	22.0%	28.0%	26.5%	29.6%
	% of Population w/ "Ideal" CVHI	4.1%	3.4%	4.9%	3.7%	2.9%	4.6%	3.6%	2.7%	4.7%	2.7%	1.8%	3.9%	1.8%	1.3%	2.5%
South Dakota	Mean CVHI	3.75	3.70	3.80	3.70	3.66	3.75	3.67	3.62	3.73	3.64	3.57	3.70	3.47	3.40	3.54
	% of Population w/ "Poor" CVHI	14.3%	13.1%	15.6%	15.1%	13.9%	16.3%	16.3%	14.8%	17.9%	17.8%	16.2%	19.4%	22.5%	20.2%	25.0%
	% of Population w/ "Ideal" CVHI	4.2%	3.2%	5.6%	3.4%	2.7%	4.3%	3.5%	2.5%	4.7%	4.0%	2.7%	5.9%	2.5%	1.4%	4.6%
Tennessee	Mean CVHI	3.63	3.57	3.69	3.57	3.51	3.63	3.50	3.44	3.56	3.58	3.51	3.66	3.30	3.22	3.38
	% of Population w/ "Poor" CVHI	17.3%	15.5%	19.3%	19.5%	18.0%	21.2%	20.8%	19.1%	22.6%	18.5%	16.8%	20.2%	26.6%	24.2%	29.2%
	% of Population w/ "Ideal" CVHI	3.9%	2.7%	5.7%	3.6%	2.6%	5.0%	3.1%	2.3%	4.3%	5.3%	3.5%	8.0%	1.2%	0.6%	2.4%
Texas	Mean CVHI	3.68	3.64	3.73	3.68	3.63	3.72	3.62	3.59	3.66	3.58	3.53	3.63	3.35	3.29	3.40
	% of Population w/ "Poor" CVHI	16.9%	15.7%	18.2%	16.2%	14.9%	17.6%	19.3%	18.4%	20.3%	19.0%	17.6%	20.5%	25.4%	23.7%	27.1%
	% of Population w/ "Ideal" CVHI	3.9%	3.2%	4.7%	4.3%	3.5%	5.3%	4.5%	3.8%	5.4%	4.3%	3.4%	5.4%	3.1%	2.4%	4.0%
Utah	Mean CVHI	3.96	3.90	4.01	3.86	3.81	3.90	3.87	3.82	3.93	3.80	3.76	3.85	3.67	3.63	3.70
	% of Population w/ "Poor" CVHI	11.8%	10.3%	13.4%	13.4%	12.2%	14.7%	13.9%	12.7%	15.2%	14.8%	13.8%	15.9%	17.7%	16.6%	19.0%
	% of Population w/ "Ideal" CVHI	6.4%	5.1%	8.1%	5.8%	4.8%	7.1%	6.2%	5.0%	7.6%	5.2%	4.4%	6.3%	4.0%	3.4%	4.7%

State		2003	2003 95% CI		2005	2005 95% CI		2007	2007 95% CI		2009	2009 95% CI		2011	2011 95% CI	
Vermont	Mean CVHI	3.93	3.89	3.98	3.88	3.84	3.93	3.81	3.74	3.88	3.80	3.74	3.85	3.64	3.59	3.69
	% of Population w/ "Poor" CVHI	12.4%	11.3%	13.6%	13.0%	12.0%	14.0%	15.9%	13.8%	18.3%	14.2%	12.8%	15.7%	17.9%	16.5%	19.3%
	% of Population w/ "Ideal" CVHI	7.8%	6.5%	9.2%	8.0%	6.8%	9.3%	7.2%	6.0%	8.6%	6.7%	5.5%	8.1%	4.6%	3.8%	5.7%
Virginia	Mean CVHI	3.78	3.73	3.83	3.73	3.68	3.78	3.69	3.63	3.76	3.77	3.70	3.83	3.42	3.37	3.48
	% of Population w/ "Poor" CVHI	14.8%	13.6%	16.2%	15.9%	14.6%	17.3%	17.1%	15.6%	18.7%	16.4%	15.0%	17.8%	23.6%	21.9%	25.5%
	% of Population w/ "Ideal" CVHI	5.9%	4.8%	7.1%	4.9%	4.0%	6.1%	5.4%	3.8%	7.4%	6.7%	5.0%	8.9%	2.2%	1.6%	2.9%
Washington	Mean CVHI	3.81	3.78	3.84	3.81	3.78	3.84	3.78	3.75	3.81	3.71	3.68	3.75	3.54	3.49	3.59
	% of Population w/ "Poor" CVHI	14.2%	13.5%	15.0%	14.8%	14.2%	15.5%	16.1%	15.4%	16.9%	17.1%	16.1%	18.0%	21.7%	20.2%	23.2%
	% of Population w/ "Ideal" CVHI	5.6%	5.0%	6.2%	6.0%	5.4%	6.7%	6.2%	5.5%	7.1%	5.5%	4.7%	6.3%	3.4%	2.6%	4.3%
West Virginia	Mean CVHI	3.53	3.47	3.58	3.46	3.39	3.52	3.47	3.40	3.53	3.38	3.33	3.44	3.15	3.09	3.20
	% of Population w/ "Poor" CVHI	20.8%	18.9%	22.8%	22.8%	21.0%	24.7%	22.1%	20.4%	23.9%	23.9%	22.2%	25.6%	28.5%	26.8%	30.3%
	% of Population w/ "Ideal" CVHI	2.9%	2.2%	3.8%	4.2%	2.9%	5.9%	3.7%	2.6%	5.2%	3.2%	2.2%	4.6%	1.1%	0.7%	1.7%
Wisconsin	Mean CVHI	3.78	3.73	3.83	3.70	3.65	3.75	3.76	3.70	3.81	3.76	3.69	3.82	3.53	3.45	3.61
	% of Population w/ "Poor" CVHI	13.8%	12.5%	15.2%	15.1%	13.8%	16.5%	15.7%	14.5%	16.9%	16.5%	14.8%	18.5%	21.3%	18.8%	23.9%
	% of Population w/ "Ideal" CVHI	4.5%	3.7%	5.5%	4.9%	3.7%	6.3%	6.5%	5.0%	8.5%	4.2%	3.0%	5.9%	4.4%	3.1%	6.1%
Wyoming	Mean CVHI	3.79	3.74	3.84	3.76	3.71	3.81	3.77	3.71	3.83	3.79	3.74	3.84	3.50	3.43	3.57
	% of Population w/ "Poor" CVHI	13.9%	12.5%	15.4%	14.1%	12.9%	15.4%	15.2%	13.9%	16.7%	16.1%	14.7%	17.5%	20.8%	19.0%	22.7%
	% of Population w/ "Ideal" CVHI	6.3%	5.2%	7.5%	6.4%	5.2%	7.9%	7.0%	5.4%	9.0%	6.4%	5.0%	8.0%	3.5%	2.5%	5.1%