

Additional file 2. Risk factor values for DM patients who had above-target values at baseline

	Intervention	Control	p-value
LDL-C \geq2.5/1.8[†] baseline, n	46	34	
LDL-C baseline, median (25th–75th percentile)	2.9 (2.5-3.5)	2.8 (2.7-3.6)	0.71
LDL-C 12 months, median (25th–75th percentile)	2.2 (1.9-3.1) ^{***}	2.7 (2.1-3.3) ^{NS}	0.04
SBP \geq140 baseline, n	57	57	
SBP baseline, median (25th–75th percentile)	150 (142-160)	150 (140-160)	0.71
SBP 12 months, median (25th–75th percentile)	142 (130-160) ^{***}	145 (130-157) ^{**}	0.96
DBP \geq90 baseline, n	15	14	
DBP baseline, median (25th–75th percentile)	90 (90-93)	90 (90-100)	0.40
DBP 12 months, median (25th–75th percentile)	85 (78-89) ^{**}	80 (75-85) ^{**}	0.38

^{**} $p \leq 0.01$, ^{***} $p \leq 0.001$, indicating a significant change of median values within each group between baseline and 12 months; ; [†]The target LDL-C value was <2.5 mmol/L until 31 March, 2013, when local guidelines for diabetic patients changed this target to <1.8 mmol/L. LDL-C: low density lipoprotein cholesterol (mmol/L); n: number of valid cases; SBP: systolic blood pressure (mmHg); DBP: diastolic blood pressure (mmHg); NS: non-significant.