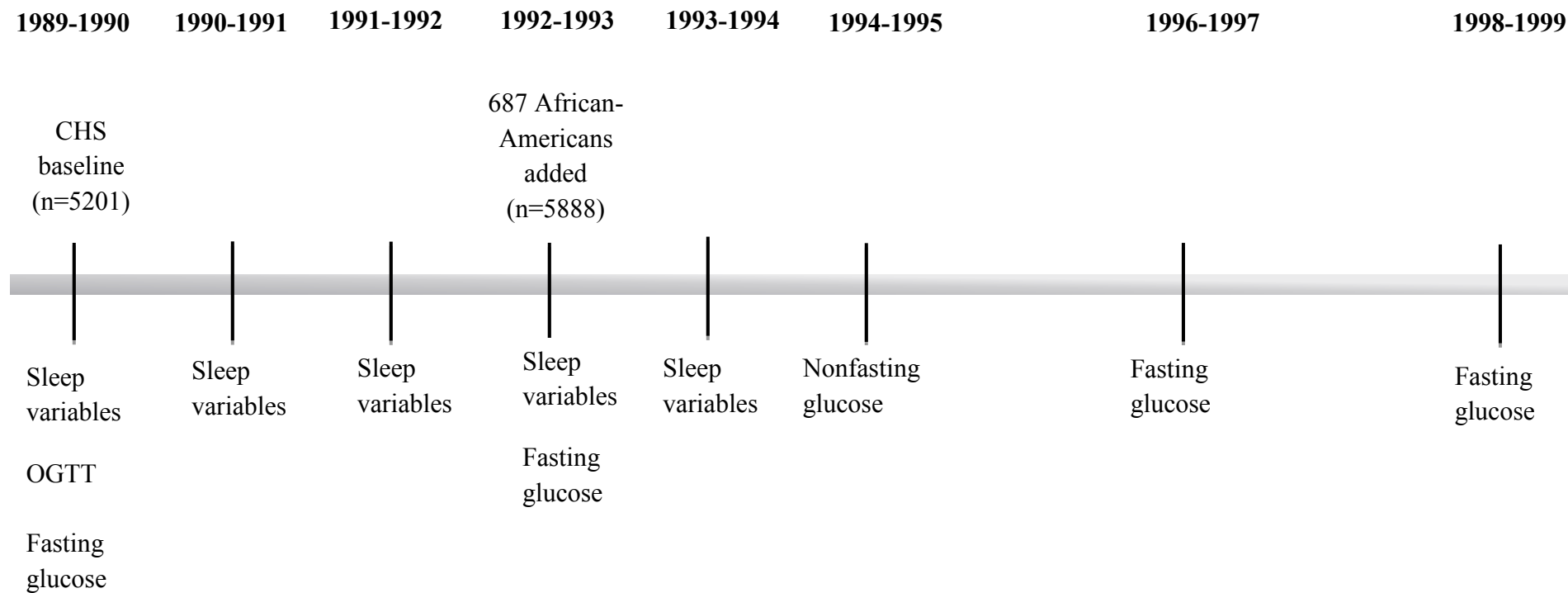


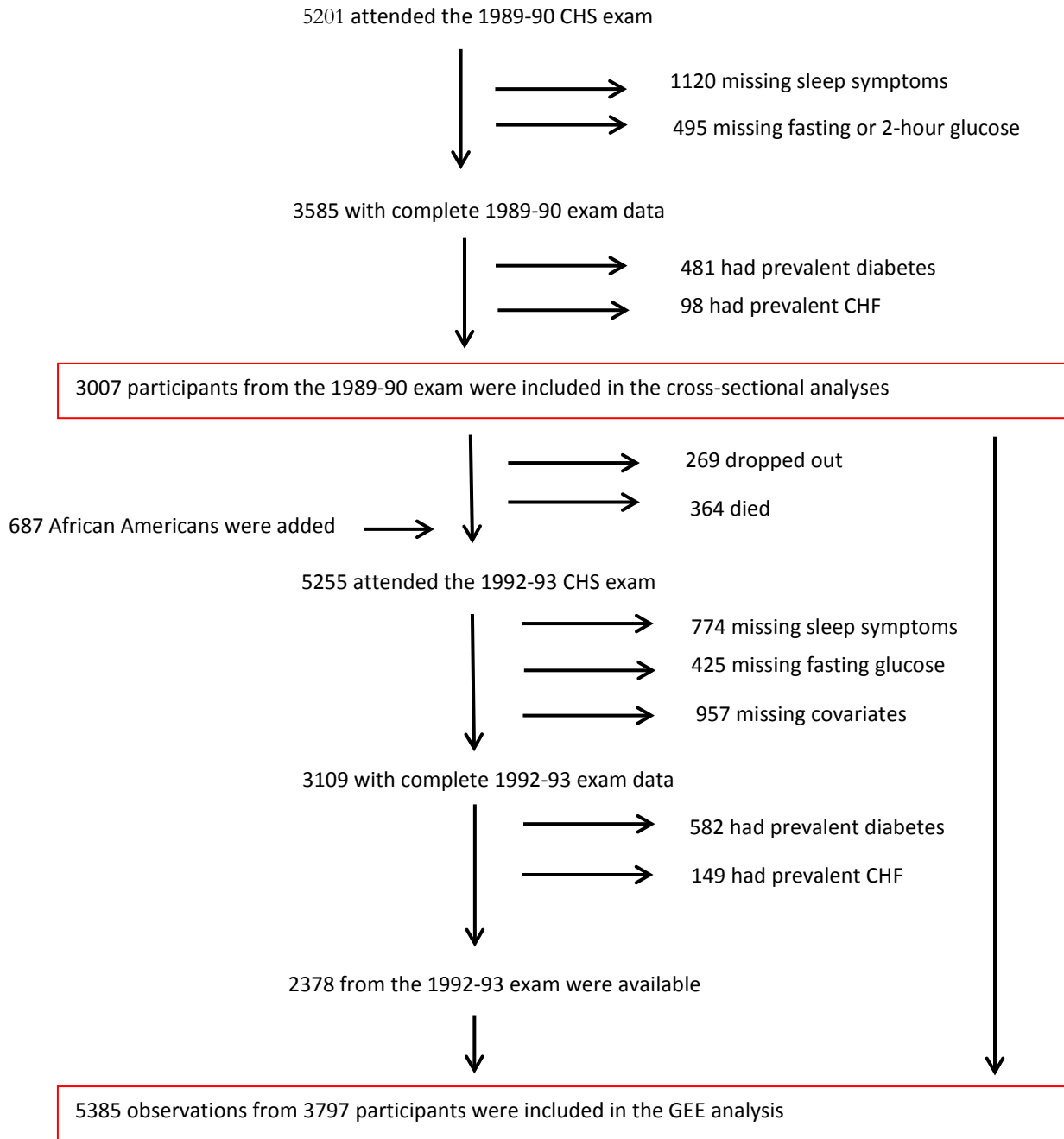
SUPPLEMENTARY DATA

Supplementary Figure S1. Timeline showing the collection of sleep symptoms and glycemetic outcomes



SUPPLEMENTARY DATA

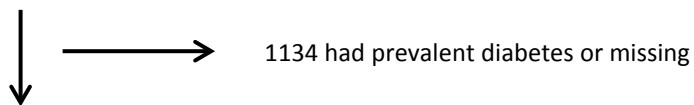
Supplementary Figure S2. The participant selection process for the glucose metabolism cohorts



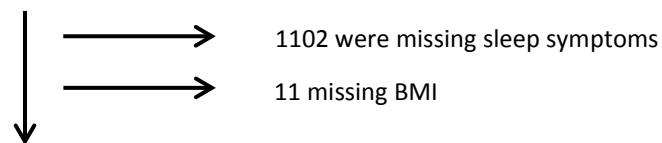
SUPPLEMENTARY DATA

Supplementary Figure S3. Participant selection process for the type 2 diabetes cohort

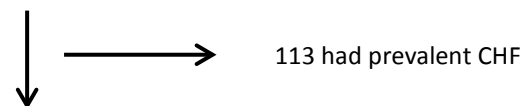
5888 attended the baseline examinations in 1989-90 and 1992-93



4754 with diabetes type 2 follow-up



3641 with complete exam data



3528 participants from the 1989-90 and the 1992-93 baseline exams were included in the prospective analyses

SUPPLEMENTARY DATA

Supplementary Table S1. Pearson's Phi coefficient between the sleep symptoms

	<i>Daytime sleepiness</i>	<i>Sleep initiation problems</i>	<i>Sleep maintenance problems</i>	<i>Early morning awakenings</i>	<i>Observed apnea</i>	<i>Bothersome snoring</i>
<i>Daytime sleepiness</i>	1.00					
<i>Sleep initiation problems</i>	0.10	1.00				
<i>Sleep maintenance problems</i>	0.11	0.23	1.00			
<i>Early morning awakenings</i>	0.17	0.31	0.27*	1.00		
<i>Observed apnea</i>	0.06	0.04	0.02	0.03	1.00	
<i>Bothersome snoring</i>	0.10	0.03*	0.02	0.05	0.34*	1.00

* These correlations were NOT significant at the 0.05 alpha-level