

## Appendix

### Reference List of Primary Studies Included in the Meta-Analysis

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## Reporting Characteristics of Primary Studies Included in the Meta-Analysis

First author	Year	RCT	ITT	Attrition	Study waves	Age group	Journal article	Identification source	English report	Funded	Time lag	Number of reports	Citations per year	Impact factor
Agostinelli	1995	Y	N	0.08	1	YA	Y	Main database	Y	N	.	1	17.28	0.61
Allison	2002	N	N	0.00	1	YA	N	Reference list	Y	N	0	1	0.09	0.00
Baer	2001	Y	Y	0.16	5	YA	Y	Main database	Y	Y	7	4	30.00	3.03
Bailey	2004	Y	Y	0.00	3	YA	Y	Main database	Y	N	4	1	5.11	1.10
Bendtsen	2012	Y	Y	0.60	1	YA	Y	Other	Y	Y	2	1	1.00	3.77
Bernstein	2010	Y	N	0.29	2	YA	Y	Main database	Y	Y	1	1	5.67	2.20
Bersamin	2007	Y	N	0.43	1	YA	Y	Reference list	Y	Y	.	2	7.50	1.94
Bewick	2008	Y	N	0.74	1	YA	Y	Main database	Y	Y	.	1	12.60	1.85
Bewick	2010	Y	Y	0.13	2	YA	Y	Main database	Y	Y	3	2	4.33	4.66
Bingham	2010	Y	N	0.27	2	YA	Y	Main database	Y	Y	3	4	2.67	1.57
Bingham	2011	Y	N	0.39	2	YA	Y	Main database	Y	Y	3	4	0.00	0.57
Blair	1999	N	N	0.74	1	YA	N	Main database	Y	N	1	1	0.00	0.00
Boekeloo	2004	Y	Y	0.10	2	AD	Y	Reference list	Y	Y	3	2	2.00	2.89
Borsari	2000	Y	N	0.00	1	YA	Y	Main database	Y	Y	1	2	32.92	4.39
Borsari	2003	Y	N	0.11	2	YA	Y	Main database	Y	Y	3	2	0.38	0.00
Borsari	2007	Y	N	0.00	1	YA	Y	Main database	Y	Y	2	2	4.00	1.12
Borsari	2012	Y	N	0.13	4	YA	N	Other	Y	Y	1	1	1.00	5.01
Braitman	2012	Y	N	0.58	2	YA	N	Main database	Y	N	.	1	0.00	0.00
Butler	2009	Y	N	0.23	1	YA	Y	Main database	Y	N	.	2	4.67	2.24
Carey	2006	Y	Y	0.01	3	YA	Y	Main database	Y	Y	3	4	16.71	4.03
Carey	2011	Y	N	0.05	3	YA	Y	Main database	Y	Y	3	2	9.50	4.31
Caudill	2007	Y	Y	0.47	3	YA	Y	Main database	Y	Y	5	1	2.50	2.09
Ceperich	2011	Y	N	0.11	2	YA	Y	Main database	Y	Y	.	2	0.88	1.54
Chiauzzi	2005	Y	Y	0.20	2	YA	Y	Main database	Y	Y	.	1	15.50	1.00
Clinton-Sherrod	2011	Y	N	0.13	1	YA	Y	Main database	Y	Y	2	4	1.50	1.33
Collins	1990	Y	N	0.00	2	AD	Y	Reference list	Y	N	.	3	0.00	0.00
Collins	2002	Y	N	0.33	2	YA	Y	Main database	Y	Y	.	2	13.73	1.16

Collins	2003	Y	N	0.02	2	YA	N	Main database	Y	Y	1	2	0.50	0.00
Comeau	2003	Y	Y	0.04	1	AD	N	Main database	Y	Y	.	1	0.50	0.00
Cox	2010	Y	N	0.41	2	YA	N	Main database	Y	N	2	1	0.00	0.00
Cronin	1996	Y	N	0.00	1	YA	Y	Main database	Y	N	2	1	2.00	0.38
Croom	2009	Y	N	0.42	1	YA	Y	Main database	Y	N	3	1	6.50	1.38
Cruz	2006	Y	N	0.52	1	AD	N	Main database	Y	N	.	1	0.14	0.00
Cunningham	2012	Y	Y	0.20	3	AD	Y	Main database	Y	Y	1	6	1.00	5.39
Daeppen	2011	Y	N	0.41	1	YA	Y	Main database	Y	Y	3	3	6.00	3.38
Darkes	1998	Y	N	0.23	2	YA	Y	Main database	Y	Y	.	2	16.53	1.51
Dearing	2008	N	Y	0.19	1	YA	N	Main database	Y	N	1	1	0.00	0.00
Dempster	2006	N	N	0.09	1	AD	Y	Main database	Y	Y	.	1	0.43	0.85
DiFulvio	2012	N	N	0.33	1	YA	Y	Main database	Y	Y	4	1	0.00	1.25
Dimeff	1997	Y	N	0.69	1	YA	N	Main database	Y	Y	.	2	1.38	0.00
Doumas	2008	Y	N	0.37	1	YA	Y	Main database	Y	Y	.	1	9.00	2.07
Doumas	2009	Y	N	0.36	1	YA	Y	Main database	Y	N	.	1	4.75	0.00
Doumas	2011	Y	N	0.78	1	YA	Y	Main database	Y	N	.	1	1.50	0.28
Eggleson	2007	Y	Y	0.12	1	YA	N	Main database	Y	Y	1	1	0.17	0.00
Ekman	2011	Y	N	0.76	2	YA	Y	Main database	Y	N	3	3	2.00	2.09
Ewing	2009	Y	N	0.10	1	YA	Y	Main database	Y	Y	.	2	4.00	4.73
Fischer Potts	2002	N	N	0.34	1	YA	N	Main database	Y	N	0	1	0.08	0.00
Fleming	2010	Y	N	0.00	2	YA	Y	Main database	Y	Y	.	3	9.00	2.07
Flórez Alarcón	2009	N	N	0.00	2	YA	Y	Main database	N	N	.	2	0.00	0.15
Foxcroft	2009	Y	Y	0.17	2	YA	Y	Main database	Y	Y	4	3	1.40	4.24
Fried	2010	Y	N	0.32	1	YA	Y	Other	Y	Y	2	2	0.00	0.00
Fromme	2004	Y	N	0.11	2	YA	Y	Main database	Y	Y	.	3	13.67	4.23
Gallo	2007	Y	N	0.04	1	YA	N	Main database	Y	N	1	1	0.00	0.00
Gaume	2008	Y	N	0.13	1	YA	Y	Other	Y	Y	3	5	0.00	0.00
Gaume	2011	Y	N	0.11	1	YA	Y	Main database	Y	Y	3	5	2.00	3.34
Glassman	2010	Y	Y	0.68	1	YA	Y	Main database	Y	N	2	2	0.33	3.47
Glassman	nd	Y	Y	0.58	1	YA	N	Reference list	Y	N	2	1	.	0.00
Gmel	2012	N	Y	0.00	1	AD	Y	Reference list	N	Y	1	2	0.33	2.24

Green	1998	Y	N	0.26	2	YA	N	Main database	Y	N	.	1	0.00	0.00
Gregory	2001	Y	N	0.25	1	YA	N	Main database	Y	N	1	1	0.50	0.00
Hagger	2012	Y	N	0.33	1	YA	Y	Main database	Y	Y	.	1	2.50	2.63
Hagger	2012	Y	Y	0.09	1	YA	Y	Reference list	Y	Y	.	1	7.00	1.99
Hendershot	2010	Y	N	0.14	1	YA	Y	Main database	Y	Y	.	1	2.67	3.98
Henslee	2006	Y	N	0.33	1	YA	Y	Main database	Y	N	2	1	1.00	0.42
Henslee	2008	Y	N	0.39	1	YA	N	Main database	Y	N	2	2	0.00	0.00
Hester	2012	Y	Y	0.09	2	YA	Y	Main database	Y	Y	1	1	5.00	2.09
Hester	2012	Y	Y	0.00	1	YA	Y	Main database	Y	Y	1	1	5.00	2.09
Hogan	2005	Y	Y	0.19	1	YA	N	Other	Y	Y	.	1	0.00	0.00
Horner	2010	Y	N	0.33	3	YA	N	Main database	Y	N	.	1	0.00	0.00
Hosier	2002	Y	Y	0.00	3	YA	N	Reference list	Y	Y	3	1	0.27	0.00
Howat	1991	Y	N	0.33	1	YA	Y	Main database	Y	N	.	1	0.23	0.46
Hunt	2004	Y	N	0.49	1	YA	N	Main database	Y	N	0	1	0.67	0.00
Hustad	2010	Y	N	0.00	1	YA	Y	Other	Y	Y	2	1	14.00	2.13
Ingersoll	2005	Y	N	0.18	2	YA	Y	Main database	Y	Y	.	2	5.25	2.27
Ivy	1998	Y	N	0.46	1	YA	N	Main database	Y	N	.	1	.	0.00
Jewell	2005	Y	N	0.00	2	YA	Y	Reference list	Y	N	.	1	0.50	0.26
Johnston	2002	Y	Y	0.20	2	YA	Y	Reference list	Y	Y	2	2	13.55	3.42
Jones	1995	N	N	0.09	2	YA	Y	Reference list	Y	N	.	1	1.39	0.12
Juarez	2001	Y	Y	0.23	1	YA	Y	Reference list	Y	Y	6	2	0.71	0.00
Juarez	2006	Y	Y	0.40	1	YA	Y	Main database	Y	Y	6	2	4.14	0.42
Kazemi	2011	N	N	0.00	1	YA	Y	Other	Y	Y	.	1	0.50	2.95
Keillor	1999	Y	N	0.33	1	YA	Y	Main database	Y	N	.	1	1.29	0.18
Kerr-Corrêa	2003	N	N	0.31	1	YA	N	Other	N	N	.	1	0.40	0.00
Koning	2009	Y	Y	0.05	2	AD	Y	Main database	Y	Y	0	5	12.75	3.84
Kulesza	2010	Y	Y	0.00	1	YA	Y	Main database	Y	N	.	1	3.67	2.13
Kypri	2004	Y	Y	0.08	1	YA	Y	Main database	Y	Y	2	1	22.56	3.10
Kypri	2009	Y	Y	0.23	2	YA	Y	Main database	Y	Y	2	3	11.25	9.81
Kypri	2013	Y	Y	0.22	1	YA	Y	Other	Y	Y	2	1	0.00	4.75
LaBrie	2002	Y	Y	0.32	1	YA	N	Main database	Y	N	.	1	0.27	0.00

LaBrie	2008	Y	N	0.17	10	YA	Y	Main database	Y	Y	.	2	5.60	1.71
LaBrie	2008	Y	Y	0.32	2	YA	Y	Main database	Y	Y	2	2	9.00	1.71
LaBrie	2009	Y	N	0.09	11	YA	Y	Main database	Y	Y	.	3	4.75	2.07
LaBrie	2009	Y	N	0.62	1	YA	Y	Main database	Y	Y	3	1	1.25	1.38
Larimer	2001	Y	Y	0.27	1	YA	Y	Main database	Y	Y	.	2	20.83	0.84
Lau-Barraco	2008	Y	N	0.32	2	YA	Y	Main database	Y	Y	3	2	9.80	1.71
Leffingwell	2005	Y	Y	0.07	3	YA	N	Reference list	Y	Y	.	1	0.38	0.00
Lewis	2007	Y	N	0.15	2	YA	Y	Main database	Y	Y	.	1	9.50	1.75
Lewis	2007	Y	N	0.11	1	YA	Y	Main database	Y	Y	4	2	12.67	2.09
Lewis	2008	Y	N	0.79	1	YA	Y	Main database	Y	Y	.	1	3.00	1.71
Lysaught	1998	Y	N	0.10	1	YA	N	Main database	Y	N	1	2	0.00	0.00
Magill	2012	Y	Y	0.20	6	YA	Y	Other	Y	Y	.	1	0.00	2.32
Maio	2005	Y	N	0.14	2	AD	Y	Reference list	Y	Y	4	2	7.75	2.78
Marlatt	1998	Y	Y	0.18	5	YA	Y	Main database	Y	Y	7	4	54.67	3.57
Martell	2002	Y	N	0.34	1	YA	N	Reference list	Y	N	5	2	.	0.00
Martínez Martínez	2008	Y	N	0.12	3	AD	Y	Main database	N	N	.	1	1.80	0.00
Martínez Martínez	2008	Y	Y	0.00	1	AD	Y	Reference list	N	N	.	1	1.20	0.00
Martínez Martínez	2010	Y	N	0.50	3	AD	Y	Other	N	Y	2	1	0.00	2.10
Martins	2008	Y	N	0.11	1	AD	N	Other	N	N	4	3	.	0.00
Mastroleo	2008	Y	Y	0.18	1	YA	Y	Main database	Y	Y	1	3	0.20	0.00
Mayhew	2008	N	N	0.27	1	YA	Y	Main database	Y	Y	3	1	1.40	0.00
Mayhew	2010	Y	N	0.57	1	YA	N	Other	Y	N	1	1	0.00	0.00
Mayhew	2011	N	N	0.17	1	YA	Y	Reference list	Y	Y	5	1	0.00	0.00
McNally	2003	Y	Y	0.00	1	YA	N	Main database	Y	N	.	2	0.10	0.00
McNally	2003	Y	N	0.38	1	YA	Y	Main database	Y	N	.	1	3.50	0.54
McPherson	2012	Y	N	0.83	2	YA	N	Other	Y	N	2	1	0.00	0.00
Michael	2006	Y	N	0.00	1	YA	Y	Main database	Y	N	2	1	2.86	1.08
Mignogna	2010	Y	N	0.18	1	YA	Y	Main database	Y	N	2	3	0.00	0.00
Miller	2000	Y	Y	0.20	2	YA	N	Main database	Y	N	2	1	2.00	0.00
Moreira	2012	Y	Y	0.64	2	YA	Y	Reference list	Y	N	3	1	1.00	3.73
Mundt	2007	Y	N	0.06	2	YA	Y	Main database	Y	Y	.	3	0.25	0.00

Murgraff	2006	Y	N	0.43	2	YA	Y	Reference list	Y	Y	.	2	0.14	0.00
Murphy	2001	Y	N	0.24	2	YA	Y	Main database	Y	N	.	1	14.92	1.14
Murphy	2010	Y	Y	0.16	3	YA	Y	Main database	Y	Y	.	2	5.67	2.10
Mushquash	2011	N	N	0.38	1	AD	N	Reference list	Y	Y	.	5	0.00	0.00
Neal	2004	Y	N	0.00	1	YA	Y	Main database	Y	Y	.	1	8.11	1.66
Neighbors	2004	Y	Y	0.18	2	YA	Y	Main database	Y	Y	.	1	34.78	4.23
Neighbors	2005	Y	Y	0.47	1	YA	Y	Main database	Y	Y	.	1	5.63	1.00
Neighbors	2006	Y	N	0.09	1	YA	Y	Main database	Y	Y	.	1	14.57	3.69
Neighbors	2009	Y	Y	0.04	1	YA	Y	Main database	Y	Y	2	1	12.25	4.46
Neighbors	2010	Y	Y	0.00	4	YA	Y	Main database	Y	Y	5	2	8.00	5.23
Neighbors	2011	Y	Y	0.07	2	YA	Y	Other	Y	Y	3	1	2.00	1.24
Neighbors	2012	Y	Y	0.07	1	YA	Y	Other	Y	Y	3	1	1.00	5.01
Ostafin	2004	Y	N	0.02	1	YA	Y	Main database	Y	N	.	2	0.00	0.00
Ostafin	2012	Y	N	0.02	1	YA	Y	Other	Y	N	.	2	1.00	1.93
Palfai	2011	Y	N	0.19	1	YA	Y	Main database	Y	Y	.	1	2.00	2.09
Paschall	2006	Y	N	0.44	1	YA	Y	Reference list	Y	Y	.	2	3.00	1.23
Paschall	2011	Y	Y	0.55	2	YA	Y	Other	Y	Y	3	2	3.00	4.04
Patel	2011	Y	N	0.55	2	YA	N	Main database	Y	Y	4	1	0.00	0.00
Pedersen	2012	Y	N	0.13	4	YA	N	Other	Y	Y	1	1	1.00	4.85
Peeler	2000	Y	N	0.44	1	YA	Y	Main database	Y	Y	.	2	3.54	0.69
Pensuksan	2010	N	Y	0.00	2	YA	Y	Main database	Y	Y	.	1	0.00	2.41
Quigley	2010	Y	Y	0.00	1	YA	N	Other	Y	N	.	1	0.00	0.00
Quigley	2010	Y	Y	0.28	1	AD	N	Other	Y	N	.	1	0.00	0.00
Reilly	2008	Y	N	0.45	1	YA	Y	Main database	Y	N	7	1	1.40	1.66
Reynolds	1995	Y	N	0.07	1	YA	Y	Main database	Y	Y	.	1	1.83	0.46
Schaus	2009	Y	N	0.29	4	YA	Y	Main database	Y	Y	3	1	13.25	2.07
Schreiner	2010	N	N	0.48	1	YA	N	Other	Y	N	1	1	0.67	0.00
Segatto	2008	Y	Y	0.00	1	YA	Y	Other	N	N	6	2	.	0.00
Sharmer	2001	Y	N	0.29	3	YA	Y	Reference list	Y	N	1	2	2.08	0.37
Simão	2005	N	N	0.12	1	YA	N	Other	N	N	2	1	0.00	0.00
Simão	2008	Y	N	0.15	2	YA	Y	Main database	Y	Y	4	2	3.00	2.14

Sivasithamparam	2008	Y	Y	0.79	1	YA	N	Reference list	Y	N	.	1	0.40	0.00
Smith	2004	Y	N	0.47	1	YA	Y	Main database	Y	N	.	1	0.67	0.68
Smith	2006	Y	N	0.62	1	YA	Y	Main database	Y	Y	2	1	3.29	2.01
Spijkerman	2010	Y	Y	0.00	2	YA	Y	Main database	Y	Y	.	1	5.00	4.66
Spirito	2004	Y	Y	0.18	3	AD	Y	Main database	Y	Y	0	9	11.93	3.23
Stachula	2004	Y	N	0.71	1	YA	N	Main database	Y	N	2	1	0.11	0.00
Stählbrandt	2007	Y	Y	0.35	1	YA	Y	Main database	Y	Y	7	2	4.17	3.18
Stamper	2004	Y	N	0.43	1	YA	Y	Main database	Y	N	.	1	2.22	0.68
Stamper	2006	Y	N	0.46	1	YA	N	Main database	Y	N	5	1	0.29	0.00
Steffian	1997	N	N	0.00	2	YA	Y	Reference list	Y	N	.	2	5.14	0.00
Sugarman	2009	Y	Y	0.00	1	YA	Y	Main database	Y	N	.	1	2.00	2.68
Sugarman	2009	Y	N	0.44	2	YA	N	Main database	Y	Y	.	1	0.00	0.00
Terlecki	2011	Y	N	0.19	1	YA	Y	Main database	Y	Y	0	5	0.90	0.38
Terlecki	2011	Y	Y	0.09	4	YA	N	Other	Y	Y	1	1	0.00	0.00
Terry	2012	Y	Y	0.20	2	YA	N	Other	Y	Y	1	1	0.00	0.00
Thush	2009	Y	N	0.18	2	AD	Y	Main database	Y	Y	.	1	4.00	2.68
Turrisi	2009	Y	Y	0.18	1	YA	Y	Main database	Y	Y	3	7	14.25	2.07
Voogt	2013	Y	Y	0.00	30	YA	Y	Other	Y	Y	2	2	.	1.96
Wagener	2010	Y	N	0.05	1	YA	Y	Reference list	Y	N	2	3	0.50	0.00
Wagener	2012	Y	N	0.08	1	YA	Y	Main database	Y	N	2	3	2.00	3.14
Walters	2000	Y	N	0.14	1	YA	Y	Main database	Y	Y	.	2	9.46	0.51
Walters	2000	Y	N	0.27	1	YA	Y	Main database	Y	Y	.	2	8.08	1.59
Walters	2007	Y	Y	0.00	2	YA	Y	Main database	Y	Y	.	2	4.17	3.34
Walters	2009	Y	Y	0.19	3	YA	Y	Main database	Y	Y	2	7	13.75	4.46
Walton	2010	Y	Y	0.00	3	AD	Y	Main database	Y	Y	1	6	23.33	30.01
Weaver	2011	Y	Y	0.04	1	YA	N	Other	Y	N	.	1	0.00	0.00
Weitzel	2007	Y	Y	0.00	1	YA	Y	Main database	Y	Y	.	2	5.33	2.09
Werch	1996	Y	Y	0.04	2	AD	Y	Main database	Y	Y	.	1	2.00	1.27
Werch	2002	Y	N	0.08	1	AD	Y	Main database	Y	Y	3	2	0.31	0.00
Werch	2005	Y	N	0.13	1	AD	Y	Main database	Y	Y	3	1	0.88	2.08
Werch	2005	Y	N	0.03	1	AD	Y	Main database	Y	Y	4	1	1.38	0.98

White	2008	Y	Y	0.00	2	YA	Y	Main database	Y	Y	2	1	4.60	1.71
Whiteside	2010	Y	N	0.12	2	YA	N	Main database	Y	N	2	1	0.33	0.00
Wiers	2004	Y	Y	0.00	1	YA	Y	Reference list	Y	N	.	2	7.89	1.66
Winters	2012	N	Y	0.01	1	AD	Y	Other	Y	Y	.	3	2.00	3.14
Wood	2007	Y	N	0.33	3	YA	Y	Main database	Y	Y	.	3	6.33	1.75
Wood	2010	Y	Y	0.29	2	YA	Y	Main database	Y	Y	.	3	6.67	5.23
Wooten	1995	Y	N	0.00	2	AD	N	Main database	Y	N	.	1	0.33	0.00
Zhang	2009	N	Y	0.00	2	AD	N	Other	Y	N	4	1	0.25	0.00

Notes: Y = Yes, N = No, AD = AD, YA = YA, ITT = intent to treat, . = data not available/not applicable.