

Habitual Sleep Duration and Risk of Childhood Obesity: Systematic Review and Dose-response

Meta-analysis of Prospective Cohort Studies

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Supplemental Table Influence of single study on the association between sleep duration and risk of overweight/obesity or annual BMI gain

Outcome	Comparison	Cohort omitted	OR (95% CI)
Overweight/obesity	Lowest vs. highest	None	1.76(1.39, 2.23)
		Reilly, 2005	1.83 (1.42, 2.34)
		Taveras, 2008	1.74 (1.35, 2.24)
		Touchette, 2008	1.69 (1.33, 2.15)
		Bell_younger, 2010	1.76 (1.36, 2.29)
		Bell_older, 2010	1.86 (1.49, 2.33)
		Seeger, 2011	1.59 (1.30, 1.93)
		Silva, 2011	1.72 (1.35, 2.19)
		Teveras_0.5-2 years, 2014	1.82 (1.42, 2.32)
		Teveras_3-4 years, 2014	1.81 (1.42, 2.30)
	Teveras_5-7 years, 2014	1.75 (1.36, 2.24)	
	↑ 1 hour/day	None	0.79 (0.70, 0.89)
		Reilly, 2005	0.76 (0.65, 0.88)
		Lumeng, 2007	0.80 (0.71, 0.91)
		Snell, 2007	0.73 (0.61, 0.87)
		Calamaro, 2010	0.74 (0.63, 0.86)
		Seeger, 2011	0.83 (0.74, 0.93)
		Carter, 2011	0.85 (0.76, 0.94)
		Silva, 2011	0.80 (0.70, 0.91)
		Teveras_3-4 years, 2014	0.77 (0.68, 0.88)
Teveras_5-7 years, 2014		0.79 (0.69, 0.90)	
Outcome	Comparison	Cohort omitted	β(95% CI)
Annual BMI gain	Lowest vs. highest	None	0.13 (0.01, 0.25)
		Diethelm, 2010	0.19 (0.03, 0.35)
		Silva, 2011	0.09 (-0.02, 0.19)
		Lee_1 st grader, 2012	0.10 (-0.02, 0.23)
		Lee_4 th grader, 2012	0.19 (0.01, 0.36)
		O'Dea, 2012	0.10 (-0.02, 0.22)
		↑ 1 hour/day	-0.05 (-0.09, -0.01)
	Silva, 2011	-0.04(-0.07, -0.01)	
	Lee_1 st grader, 2012	-0.04 (-0.08, -0.01)	
	Lee_4 th grader, 2012	-0.06 (-0.10, -0.02)	
	Lytle_females, 2012	-0.06 (-0.10, -0.02)	
	Lytle_males, 2012	-0.05 (-0.09, -0.01)	
	Mitchell, 2013	-0.05 (-0.11, -0.00)	

BMI: body mass index; CI: confidence interval; OR: odds ratio.