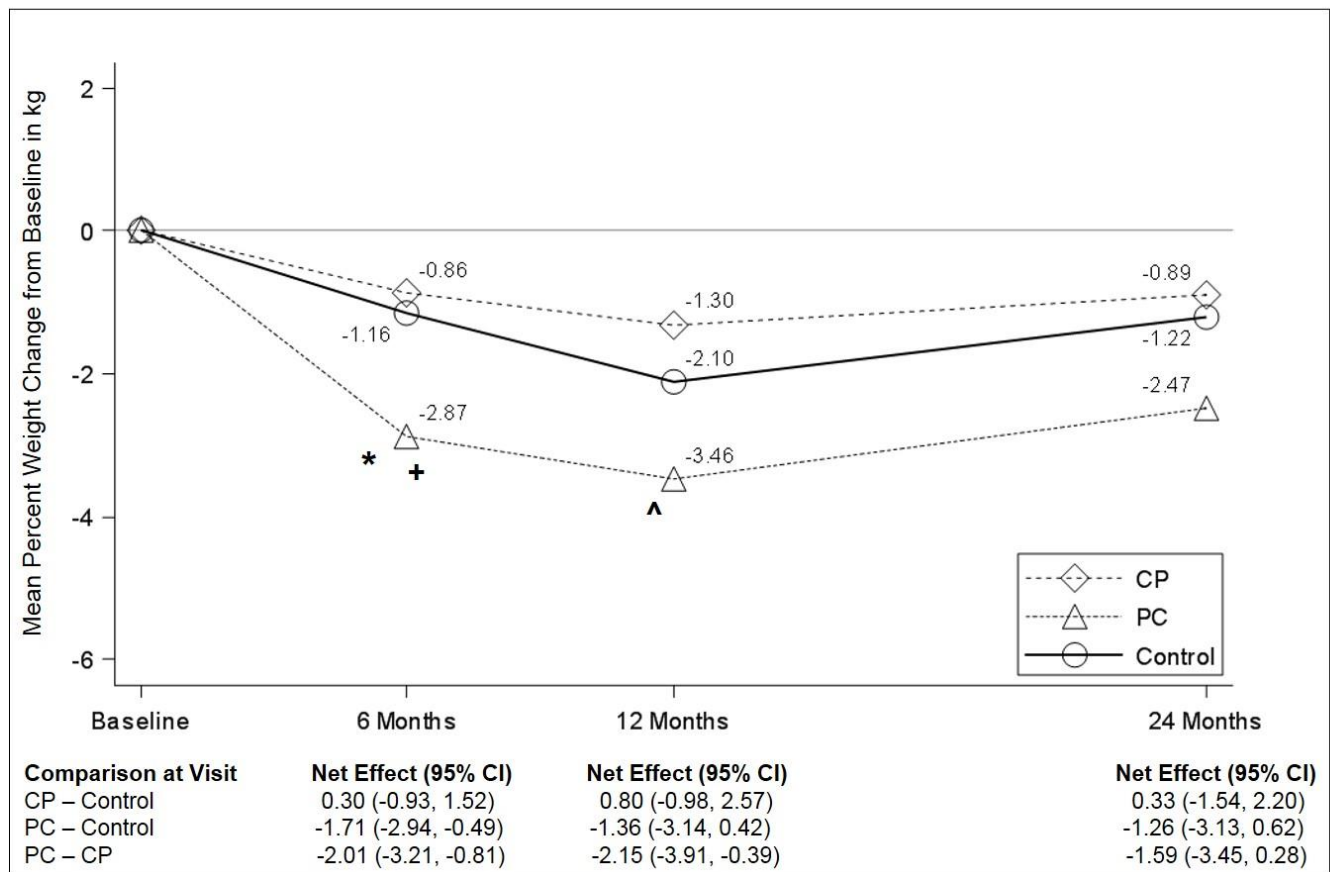


Supplemental Figures.

Figure S1: Effect of interventions on percent change in weight from baseline to 24 months. Figure shows model-based estimates from linear mixed model analyses.

Abbreviations: CP, Cell Phone Intervention; PC, Personal Coaching Intervention; CI, Confidence Interval.



* p-value = 0.006 for the comparison between PC and control at 6 months.

+ p-value = 0.001 for the comparison between PC and CP at 6 months.

^ p-value = 0.017 for the comparison between PC and CP at 12 months

Figure S2: Effect of interventions on Health Eating Index (HEI) in kcal/wk from baseline to 24 months.

Figure shows model-based estimates from linear mixed model analyses.

Abbreviations: CP, Cell Phone Intervention; PC, Personal Coaching Intervention; CI, Confidence Interval.

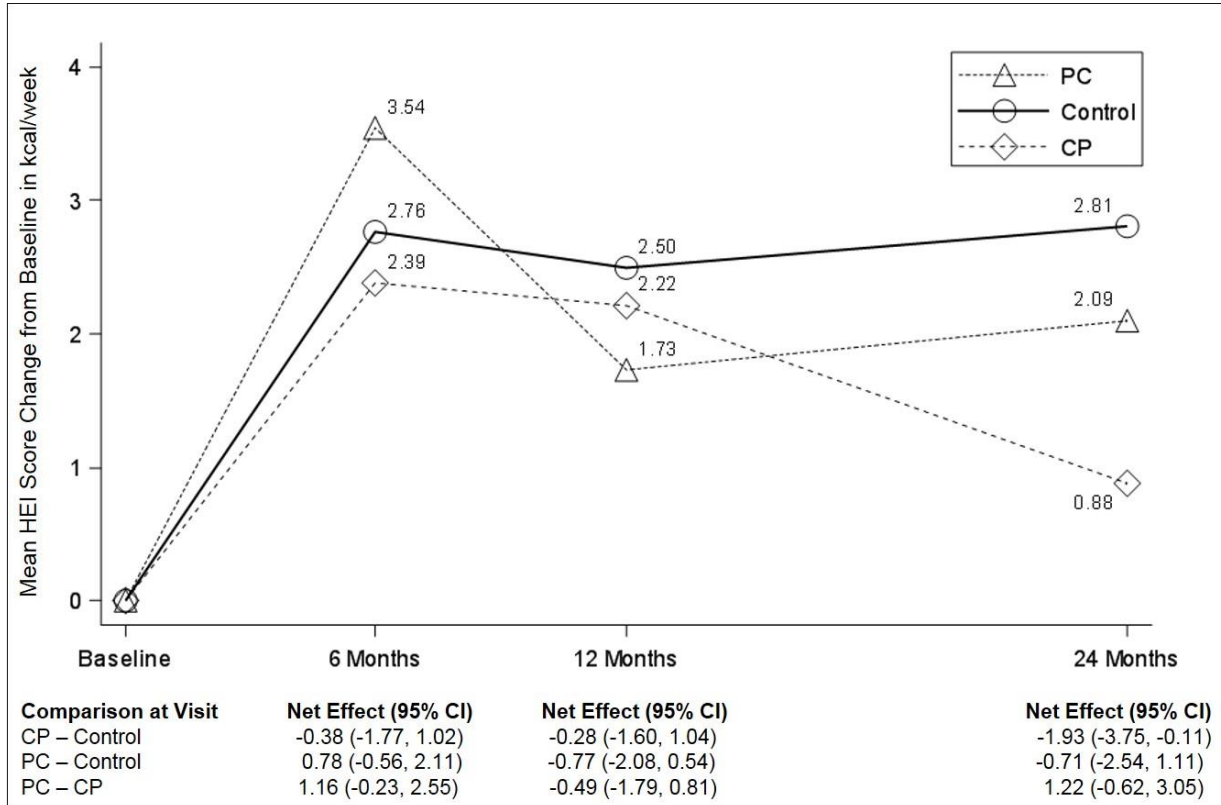


Figure S3: Effect of interventions on Leisure Time Physical Activity in kcal/wk from baseline to 24 months. Figure shows model-based estimates from linear mixed model analyses.

Abbreviations: CP, Cell Phone Intervention; PC, Personal Coaching Intervention; CI, Confidence Interval.

