

Supplementary Table A: Subjects Reporting Adverse Effects in the Naltrexone and Placebo Groups

	1 Week After Quit Date		4 Weeks After Quit Date	
	Placebo (n=133)	Naltrexone (n=136)	Placebo (n=116)	Naltrexone (n=131)
Opioid Antagonist Adverse Effects				
Nausea	23 (17)	48 (35) **	11 (9)	18 (14)
Vomiting	5 (4)	9 (7)	0 (0)	2 (2)
Headache	54 (41)	63 (46)	44 (38)	42 (32)
Lightheaded or dizzy	34 (26)	53 (39) *	21 (18)	31 (24)
Flushed or warm	31 (23)	43 (32)	22 (19)	31 (24)
Tiredness	83 (62)	95 (70)	60 (52)	68 (52)
Agitation or anxiety	76 (57)	70 (51)	48 (41)	51 (39)
Increased Sexual Desire	34 (26)	22 (16)	30 (26)	39 (30)
Increased Erections ^a	23 (36)	14 (22)	14 (26)	24 (39)
Nicotine Patch Adverse Effects				
Skin Itching, redness, or burning	50 (38)	44 (32)	31 (27)	32 (24)
Welts or hives	4 (3)	4 (3)	6 (5)	10 (8)
Insomnia	34 (26)	39 (29)	26 (22)	29 (22)
Constipation	38 (39)	44 (32)	21 (18)	35 (27)
Diarrhea (loose stool)	14 (11)	13 (11)	16 (14)	15 (11)
Joint or muscle pain ^b	41 (31)	37 (27)	34 (29)	35 (27)

Note: Data are frequencies (percentage) that were rated either 1 (mild) or 2 (severe) on the side-effects scale. Analyses conducted with chi-square tests. ** $p < .01$; * $p < .05$; ^aData for penile erections include men only (i.e., at 1 week, $n=64$ in both naltrexone and placebo groups; at 4 weeks, $n=62$ naltrexone, $n=54$ placebo). ^b joint or muscle may also be considered an opioid antagonist side effect.