

1 **Activin A/BMP2 chimera AB235 drives efficient redifferentiation of long term**
2 **cultured autologous chondrocytes**

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8 ***Material and Methods***

9 ***RNA isolation and real time-PCR analysis***

10 Total cellular RNA was isolated using TriReagent (Sigma) and reverse transcribed
11 using the Reverse Transcription System kit (Promega). Real-time PCR was performed
12 using the SYBR-Green PCR Master mix (Promega) according to the manufacturer's
13 recommendations. PCR reactions were performed as follows: an initial denaturation at
14 95°C for 2 min, 40 cycles of 95°C for 5 s and 60°C for 30 s, and final cycle of
15 dissociation of 60 – 95 °C. The gene expression levels were normalized to
16 corresponding GAPDH values and are shown as fold change relative to the value of the
17 control sample. All the samples were done in triplicate for each gene.

18 ***Histological analysis***

19 Cartilage tissue and cell pellets were immersed in 4% paraformaldehyde in 0.1 M
20 phosphate buffered saline (PBS) for 4 hours at 4°C, washed in 0.1M PBS and embedded
21 in paraffin in an automatic tissue processor (TP1020, Leica, Germany). The paraffin
22 blocks were cut into 4 µm sections for staining. Alsin blue and Toluidine blue reveal

23 the presence of glycosaminoglycans (blue and purple respectively), and Masson-
24 trichrome shows the existence of collagens (green).

25 ***Immunohistochemical analysis***

26 Fixed section and monolayer were blocked for 1 hour at room temperature (RT) with
27 5% BSA, 5% foetal bovine serum in PBS and then incubated with Col I (SC25974, St.
28 Cruz), Col X (ab49945, Abcam); Col II (SC52658, St. Cruz) and Sox 9 (AB5535,
29 Millipore) overnight at 4°C. The next day, samples were washed thrice with PBS and
30 incubated with the secondary antibodies (St. Cruz) for 1 hour at RT and finally, were
31 washed thrice with PBS and mounted with mounting medium with DAPI.

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33 ***Quantitative image analysis***

34 Quantitative image analysis was performed using ImageJ software (v1.43, NIH). Area,
35 integrated density and mean staining were measured, along with several adjacent
36 background readings. The relative staining was calculated using $\text{relative staining} = \frac{\text{integrated density} - (\text{selected area} \times \text{mean staining of background readings})^{1,2}}$. All the samples were done in
37 triplicate, different sections of the pellets were analysed.

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40 ***Chondrogenic differentiation in cell pellet culture***

41 Chondrocytes were cultured during 6-7 passages to achieve full differentiation.
42 200.000 cells/ml of differentiated chondrocytes were plated into a well of six well plate.
43 Control cells were grown in incomplete chondrogenic medium (DMEM–high glucose
44 supplemented with 10% foetal bovine serum, 50 µg/µL of l-ascorbic acid 2-phosphate,

45 1% penicillin-streptomycin and 1% ITS. Treated cells were cultured in incomplete
46 chondrogenic medium supplemented with 10 ng/ml of AB235. Media was change every
47 other day and fresh AB235 was added to treated pellet during each medium change.
48 After two weeks in culture, control and treated monolayer cells were manually
49 separated using a sterile scraped, transferred to 15 ml conical tubes and centrifuged at
50 300 g at 21 °C for 7 minutes to form a cell pellet. Control and treated pellets were
51 incubated for four weeks, medium was changed every other day and fresh AB235 was
52 added to treated pellet during each medium change.

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54 *In vivo assay*

55 Animals were maintained in a microventilated cage system with a 12-h light/dark cycle
56 with food and water ad libitum. Mice (n=6) were manipulated in a laminar air-flow to
57 keep on the specific pathogen-free conditions. Cells were grown on pellet system as
58 described before⁸, and after 6 weeks 2 AB235 pellets and 2 control pellets were
59 obtained from each of the 3 different patients. 2 pellets (AB235 and control) of the same
60 patient were implanted into the back subcutaneous tissue of anesthetized mice (n=2),
61 one on each side of the midline. Four weeks later, the mice were sacrificed via an
62 overdose injection of anaesthetic, and the pellet with the new tissue formed around it
63 were excised for further histologic analysis. Animal welfare and experimental
64 procedures were carried out in accordance with institutional and international standards.

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67 **Table S1.** Patient data and evaluation of the conditions of the knee according the
 68 Ahlback scale value and the Knee Society Knee Scoring System (KSS)

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Patient	Sex (M/F)	Age (Years)	Ahlback	KSS
1	M	66	III	30
2	F	74	III	28
3	M	67	II	32
4	M	74	III	25
5	M	59	III	37
6	F	70	III	29
7	F	68	III	30
8	F	57	II	35

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74 **Table S2.** Sequences of the primers used in the RT-PCR reactions

Gene	Forward	Reverse
Collagen I	ATGGATGAGGAAACTGGCAACT	GCCATCGACAAGAACAGTGTAAGT
Collagen II	GAGACAGCATGACGCCGAG	GCGGATGCTCTCAATCTGGT
Collagen X	GCC CAC TAC CCA ACA C	TGG TTT CCC TAC AGC TGA
Sox 9	ACTCCGAGACGTGGACATC	TGTAGGTGACCTGGCCGTG
GADPH	TGCACCACCAACTGCTTAGC	GGCATGGACTGTGGTCATGAG

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78 **Table S3.** Composition of the Foetal Bovine Serum used in this study. Provided by
 79 Technical Application Scientist II. Life Sciences Solutions. Thermo Fisher Scientific

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Biochemical Component	Units	Fetal Bovine Serum	
		mean	(range)
Total Protein	g/dl	4,2	4.0 - 4.3
pH	units	7,3	6.7 - 7.3
Osmolality	mosm/kg	314	290 - 335
Glucose	mg/dl	130	107 - 144
Hemoglobin	mg/dl	14,2	5.8 - 23.0
Bilirubin	mg/dl	0,2	0.1 - 0.4
Uric Acid	mg/dl	3,2	2.6 - 3.5
Urea Nitrogen	mg/dl	14,4	15 - 18
Creatinine	mg/dl	3,1	2.8 - 3.3
Sodium	meq/L	134	131 - 137
Potassium	meq/L	15,1	12.9 - 14.2
Calcium (total)	mg/dl	14,6	14.3 - 15.0
Chloride	meq/L	104,9	102 - 108
Phosphorus (inorganic)	mg/dl	11,2	10.0 - 14.0
Iron (total)	ug/dl	195	189 - 204
Albumin	g/dl	2,6	1.3 - 2.9
Globulin (total)	g/dl	1,3	1.1- 1.5
Alkaline Phosphatase	U/L	262	2 - 319
GG-Transpeptidase	U/L	5.0	0 - 7.0
SGOT	U/L	60.4	28 - 161
Lactate Dehydrogenase	U/L	559	262 - 1010
Cholesterol	mg/dl	34.2	19 - 54
Low Density Lipoprotein	mg/dl	2.8	0 - 7.0
High Density Lipoprotein	mg/dl	6.5	5.0 - 9.0
Triglycerides	mg/dl	219.5	73- 1720
Growth Hormone	ng/ml	131	126 - 138
Insulin	uIU/ml	4.3	2.9 - 5.5
Estradiol	pg/ml	13.8	11.2 - 17.5
Progesterone	ng/ml	0.03	0.01 - 0.06
Testosterone	ng/ml	0.40	0.38 - 0.45
T4 (Thyroxine)	ug/dl	14.8	13.9 - 15.8
T3	ng/ml	1.2	0.9 - 1.4

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86 **Supplementary References**

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