

The title of the paper

Body mass index and risk of lung cancer: Systematic review and dose-response meta-analysis

The full names of the authors

Peng Duan¹, Chunhui Hu², Chao Quan¹, Xianfu Yi³, Wei Zhou¹, Meng Yuan¹, Tingting Yu¹, Ansoumane Kourouma¹ & Kedi Yang^{1*}

Affiliations of authors

¹MOE (Ministry of Education) key lab of Environment and Health, Department of Occupational and Environmental Health, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, Hubei, China;

²Department of Clinical Laboratories, the Affiliated Taihe Hospital, Hubei University of Medicine, Shiyan, Hubei, China;

³Department of Emergency, the Affiliated Taihe Hospital, Hubei University of Medicine, Shiyan, Hubei, China;

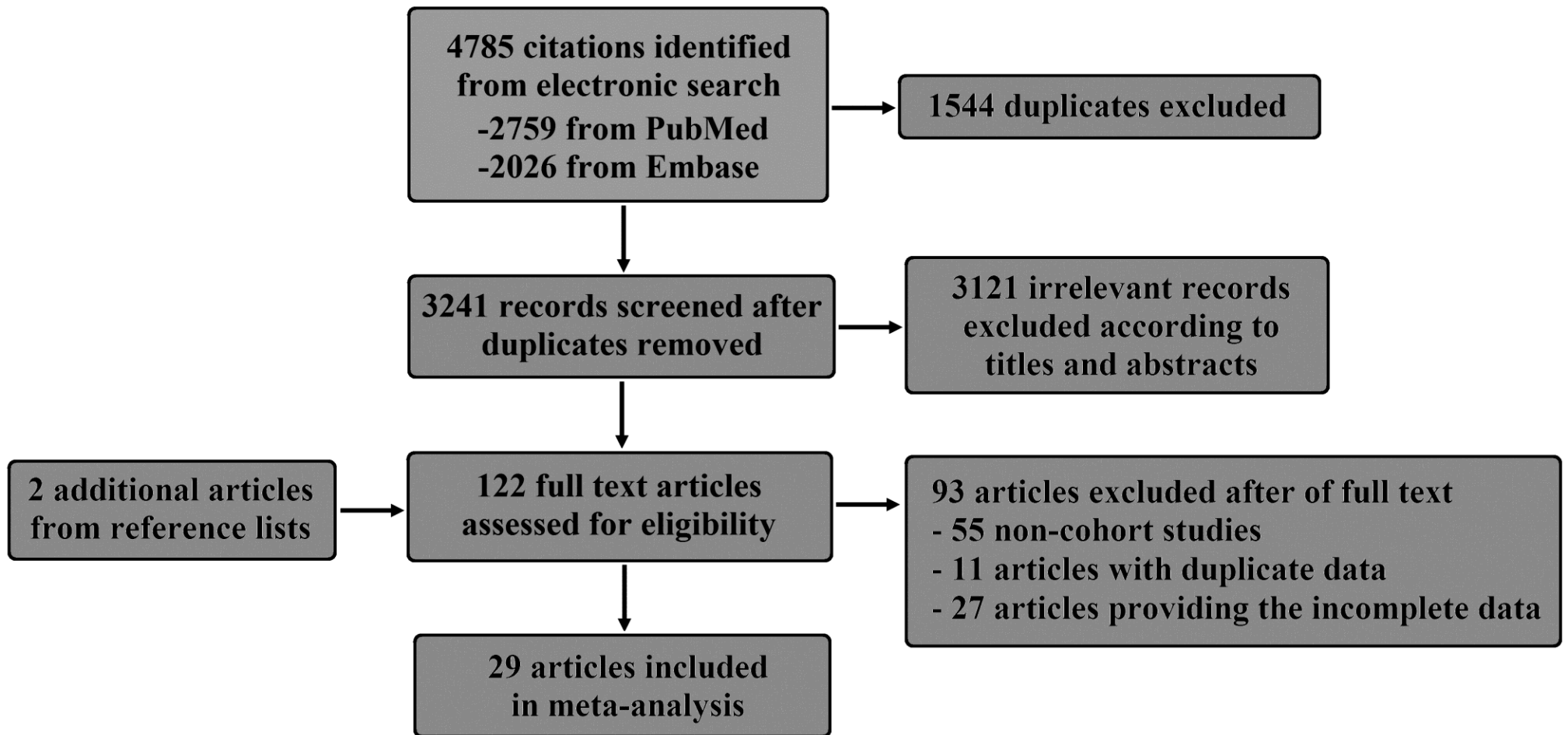


Figure S1 Flow diagram of literature search and study selection.

Table S1. Characteristics of cohort studies included in meta-analysis

First author, year, country reference	Study participants, n	Study period (including follow-up)	Sex and age (mean or range)	Case ascertainment	Number of cases	Anthropometric measurement	BMI categories (kg/m ²)	Relative risk with 95% CI	Main Confounders adjusted†
Guo L, 2014, China ¹	Chinese cohort of Kailuan Company, n=133,273	2006-2011	Men, 51.07±13.54 yrs	Cancer registry	386	Direct measured	<18.5 18.5-24.0 24.0-28.0 >28.0	1.38(0.82-2.35); 1; 0.62(0.46-0.76); 0.69(0.44-0.92)	1, 2, 3, 5
Everatt R, 2014, Lithuania ²	Kaunas-Rotterdam Intervention Study and Multifactorial ischemic heart disease prevention study, n=6,729	1978–2008	Men, 52.7+5.7 yrs	Cancer registry	358	Direct measured	<25.0 25.0-29.9 >30.0	1; 0.81(0.65-1.02); 0.69(0.49-0.97)	1, 2, 3, 5
Bethea TN, 2013, USA ³	The Black Women's Health Study, n=56,835	1995-2011	Women, mean age in 1995 was 38.6 yrs	Cancer registry	323	Self-reported	<18.5 18.5-24.9 25.0-29.0 ≥30	2.7(1.36-5.42); 1; 0.85(0.65-1.11); 0.69(0.52-0.93)	1, 2, 3, 4, 5, 9, 11, 13, 15
Hatlen P, 2013, Norway ⁴	The Nord-Trøndelag Health Study, n= 6,996	1996-2008	Men and women, 68 y ±9 yrs	Cancer registry	132	Direct measured	Women <18.5 18.5-24.9 25.0-29.9 ≥30 Men <18.5 18.5-24.9 25.0-29.9 ≥30	Women 1.02(0.14-7.59); 1; 0.49(0.29-0.81); 0.54(0.31-0.95) Men 5.16(1.39-19.10); 1; 0.83(0.48-1.41); 0.67(0.32-1.38)	1, 2
Lam TK, 2013, USA ⁵	National Institute of Health (NIH)-AARP Diet and Health Study, n=337,074	1995-2006	Men and women, 50-71 yrs	Cancer registry	532	Direct measured	<18.5 18.5-25.0 25.0-30.0 ≥30	1.57(0.77-3.19); 1; 1(0.81-1.22); 1.21(0.95-1.53)	1, 3, 4, 5, 7, 17

Smith L, 2012, USA ⁶	National Institutes of Health–AARP Diet and Health Study, n=448,732	1995-2006	Men and women, 50-71 yrs	Cancer registry	9415	Direct measured	Men <18.5 18.5-22.49 22.5-24.99 25-29.99 30-34.99 >35 Women <18.5 18.5-22.49 22.5-24.99 25-29.99 30-34.99 >35	Men 1.15(0.83-1.59); 1.12(1.02-1.23); 1; 0.92(0.86-0.99); 0.87(0.80-0.98); 0.81(0.7-1.0) Women 1.23(0.97-1.54); 1.15(1.04-1.26); 1; 0.99(0.9-1.08); 0.85(0.75-0.96); 0.73(0.61-0.87)	1, 2, 3, 4, 5, 7, 12
Leung CC, 2010, China ⁷	The Elderly Health Service, n=64,574	2000-2008	Men and women, ≥65 yrs	Cancer registry	932	Direct measured	<18.5 18.5-23.0 23.0-25.0 25.0-30.0 >30	1.20(0.86-1.68); 1; 0.82(0.66-1.01); 0.83(0.68-1.00); 0.49(0.31-0.79)	1, 2, 5, 6, 26
Dehal A, 2011, USA ⁸	National Health and Nutrition Examination Survey, n=14,407	1971-1992	Women, 25-47 yrs	Cancer registry	124	Direct measured	18.5-24.9 25.0-29.9 ≥30	1; 0.87(0.59-1.28); 0.98(0.57-1.70)	2, 5, 6, 7, 15, 16, 20, 26
Parr CL, 2010, Norway ⁹	The Asia-Pacific Cohort Studies Collaboration, n=424,519	1961-1999	Men and women, mean age was 48 yrs	Cancer registry	1478	Direct measured	<18.5 18.5-25.0 25.0-30.0 ≥30	1.11(0.86-1.44); 1(0.92-1.09); 0.68(0.59-0.79); 0.83(0.64-1.08)	1, 2, 5

Andreotti G, 2010, USA ¹⁰	Details of the Agricultural Health Study, n=57,310	1993-2005	Men and women, 40-69 yrs	Cancer registry	357	Self-reported	Men 18.5-25.0 25.0-30.0 30-35 >35 Women 18.5-25.0 25.0-30.0 30.0-35.0	Men 1; 0.85(0.60-1.2); 0.85(0.54-1.35); 0.47(0.15-1.49) Women 1; 0.99(0.63-1.55); 0.67(0.33-1.38)	2, 4, 7, 15, 20
Koh WP, 2010, China ¹¹	The Singapore Chinese Health Study, n=63,257	1993-2006	Men and women, 45-74 yrs	Cancer registry	1042	Self-reported	<20 20-24 24-28 ≥28	1.34(0.98-1.83); 1; 0.91(0.66-1.25); 0.90(0.65-1.25)	1, 2, 3, 6, 9, 10
Song YM, 2008, Korea ¹²	Postmenopausal Korean women, n=170,481	1994-2003	Women, 40-64 yrs	Cancer registry	621	Direct measured	<18.5 18.5-20.9 21.0-22.9 23.0-24.9 25.0-29.9 ≥30	1.80(1.18-2.73); 1.34(1.00-1.18); 1; 1.05(0.81-1.35); 1.17(0.90-1.52); 0.48(0.24-0.94)	1, 2, 4, 5, 6, 16
Kabat GC, 2008, USA ¹³	The Women's Health Initiative, n=161,809	1980-2000	Women, 50-79 yrs	Pathology reports	1365	Direct measured	<23.1 23.1-25.6 25.6-28.3 28.3-32.2 ≥32.2	1; 1.04(0.88-1.23); 0.77 (0.64-0.93); 0.81(0.68-0.98); 0.79(0.65,0.96)	1, 2, 3, 4, 5, 6, 7, 9, 17, 19, 20, 23
Jee SH, 2008, Korea ¹⁴	Korean Cancer Prevention Study, n=1,329,525	1992-2006	Men and women, 30-95 yrs	Cancer registry	11297	Direct measured	Men <20.0 20.0-22.9 23.0-24.9 25.0-29.9 ≥30 Women <20.0 20.0-22.9 23.0-24.9 25.0-29.9 ≥30	Men 1.35(1.24-1.47); 1.13(1.05-1.21); 1; 0.92(0.84-1.0); 1.29(0.96-1.73) Women 1.20(1.00-1.44); 1.18(1.02-1.37); 1; 1.1(0.94-1.29); 0.91(0.63-1.33)	1, 2, 4, 5
Kabat GC, 2007, USA ¹⁵	Canadian National Breast Screening Study, n=19,352	1980-2000	Women, 40-59 yrs	Cancer registry	520	Direct measured	Never smokers <21.6 21.6-23.3	Never smokers 1; 0.91(0.36-2.31); 1.97(0.88-4.41);	1, 2, 3, 6, 9, 10

							23.3-25.1 25.1-27.9 ≥27.9 Current smokers <21.6 21.6-23.3 23.3-25.1 25.1-27.9 ≥27.9 Ex-smokers <21.6 21.6-23.3 23.3-25.1 25.1-27.9 ≥27.9	1.81(0.80-4.06); 2.19(1.0-4.8) Current smokers 1; 0.77(0.60-0.99); 0.77(0.60-1.00); 0.64(0.49-0.85); 0.63(0.48-0.83) Ex-smokers 1; 1.06(0.63-1.80); 0.65(0.36-1.16); 0.47(0.25-0.88); 0.69(0.39-1.23)	
Reeves GK, 2007, UK ¹⁶	The million women study, n=1,222,630	1996-2001	Women, 50-64 yrs	Cancer registry	3171	Self-reported	<22.5 22.5-24.9 25.0-27.4 27.5-29.5 ≥30	1.17(1.09-1.25); 1; 0.91(0.85-0.99); 0.83(0.75-0.91); 0.84(0.77-0.92)	1, 2, 4, 5, 6, 11, 15, 16, 23
Samanic C, 2006, Sweden ¹⁷	Workers in the construction industry, n=362,552	1971-1999	Men, 18-67 yrs	Cancer registry	2831	Direct measured	18.5-24.9 25.0-29.9 ≥30	1; 0.80(0.74-0.87) 0.74(0.63-0.88)	1, 2, 6
Lukanova A, 2006, Sweden ¹⁸	The Northern Sweden Health and Disease Cohort, n=74,207	1985-2003	Men and women, 30-60 yrs	Cancer registry	95	Direct measured	Men 18.5-23.4 23.5-25.3 25.4-27.6 ≥27.7 Women 18.5-22.1 22.2-24.2 24.3-27.0 ≥27.1	Men 1; 0.84(0.41-1.73); 0.84(0.44-1.78) 0.72(0.34-1.49) Women 1; 0.85(0.36-1.98); 0.97(0.44-2.20); 1.26(0.6-2.75)	1, 2
Batty GD, 2005, UK ¹⁹	The Whitehall Study, n=18,403	1967-2002	Men, 40-64 yrs	Cancer registry	783	Direct measured	18.5-24.9 25.0-29.9 ≥30	1; 0.85(0.73-0.98) 0.77(0.51-1.15)	1, 4, 5, 6

Kuriyama S, 2005, Japan ²⁰	Residents in 3 municipalities of Miyagi Prefecture, n=27,539	1984-1992	Men and women, ≥40 yrs	Cancer registry	193	Self-reported	Women 18.5-24.9 25.0-27.4 27.5-29.9 ≥30 Men 18.5-24.9 25.0-27.4 27.5-29.9 ≥30	Women 1; 0.39(0.14-1.10); 0.44(0.10-1.82); 1.72(0.6-4.91) Men 1; 0.77(0.47-1.26); 0.30(0.07-1.20); 0.29(0.20-3.26)	1, 2, 5, 11, 18, 19, 20, 26
Rapp K, 2005, Austria ²¹	The Vorarlberg Health Monitoring and Promotion Program, n=145,931	1985-2002	Men and women, 35-54 yrs	Cancer registry	590	Direct measured	Men 18.5-24.9 25.0-29.9 30.0-34.9 ≥35 Women 18.5-24.9 25.0-29.9 30.0-34.9	Men 1; 0.80(0.66-0.97); 0.80(0.65-1.20) 0.79(0.41-1.86) Women 1; 0.99 (0.68-1.48); 0.87(0.50-1.5)	1, 2, 21
Oh SW, 2005, Korea ²²	Korea National Health Insurance Corporation, n=781,283	1992-2001	Men, ≥20 yrs	Cancer registry	2264	Direct measured	<18.5 18.5-22.9 23.0-24.9 25.0-26.9 27.0-29.9 ≥30	1.26(0.98-1.61); 1; 0.88(0.80-0.97); 0.80(0.70-0.90) 0.78(0.65-0.94) 0.77(0.47-1.30)	1, 2, 4, 5, 6, 14, 15
Liu EJ, 2004, China ²³	Male residents of urban Shanghai, n=18,244	1986-2003	Men, 45-64 yrs	Cancer registry	467	Self-reported	<19.5 19.5-21.1 21.2-22.7 22.8-24.5 ≥24.6	1; 0.8(0.6-1.1); 0.8(0.6-1.1); 0.6(0.4-0.9); 0.60(0.50-0.90)	1, 3, 5, 6, 8, 9, 12
Calle EE, 2003, USA ²⁴	Cancer Prevention Study II, n=1,184,617	1982-1998	Men and women, ≥45 yrs	Cancer registry	15255	Direct measured	Men 18.5-24.9 25.0-29.9 30.0-34.9 ≥35 Women 18.5-24.9 25.0-29.9 30.0-34.9 35.0-39.9 ≥40	Men 1; 0.78(0.75-0.82); 0.78(0.73-0.86); 0.67(0.54-0.84) Women 1; 0.88(0.83-0.94); 0.82(0.72-0.92); 0.66(0.50-0.86); 0.66(0.52-1.28)	1, 2, 3, 4, 5, 7, 19, 20, 23, 26

Olson JE, 2002, USA ²⁵	Iowa Women's Health Study, n=38,006	1986-1998	Women, 55-69 yrs	pathology reports	532	Self-reported	≤ 22.89 22.90-25.04 25.05-27.43 27.44-30.69 ≥ 30.70	1; 0.92(0.73-1.16); 0.76(0.58-0.98); 0.69(0.52-0.90); 0.66(0.50-0.89)	1, 2, 3, 4, 5, 6, 9
Drinkard CR, 1995, USA ²⁶	Women with a valid Iowa driver's license, n=41,837	1986-1992	Women, 55-69 yrs	Cancer registry	233	Self-reported	≤ 23.45 23.45-26.11 26.12-29.68 ≥ 29.68	1; 0.54(0.38-0.77); 0.52(0.37-0.74); 0.52(0.36-0.74)	1, 2, 3, 4, 5, 6, 9, 10
Kark JD, 1995, Israel ²⁷	The Israel Civil Servant Study, n=9,975	1963-1986	Men, 40-69 yrs	Cancer Registry	153	Direct measured	≥ 28.32 26.44-28.31 24.82-26.43 22.93-24.81 22.27-22.92 21.38-22.26 20.18-21.37 < 20.18	1; 1.10(0.60-2.02); 1.09(0.60-1.99); 1.27(0.72-2.24); 1.36(0.62-2.98); 2.26(1.14-4.48); 2.78(1.44-5.38); 2.85(1.51-5.35)	1, 2, 4, 5, 6, 11, 15, 16, 23
Chyou PH, 1994, USA ²⁸	Honolulu Heart Program, n=7,840	1965-1988	Men, for age not given	Cancer registry	236	Direct measured	≤ 22.0 22.0-23.9 24.0-25.9 ≥ 26.0	1; 0.85(0.60-1.20); 0.85(0.67-1.33); 0.69(0.46-1.02)	1, 2, 6, 10
Knekt P, 1991, Finland ²⁹	The Social Insurance Institution's Mobile Clinic Unit, n=25,994	1966-1984	Men, 20-75 yrs	Cancer registry	504	Direct measured	≥ 27.0 25.1-27.0 22.6-25.0 < 22.5	1; 1.4(1.0-1.9); 1.5(1.2-2.0); 1.8(1.4-2.4)	1, 2, 6, 12, 15, 16

†Main confounders adjusted for: 1, age; 2, smoking; 3, education; 4, physical activity; 5, alcohol consumption; 6, gender; 7, ethnicity; 8, age started smoking; 9, pack-years of smoking; 10, number of years since quitting smoking for former smoker; 11, reproductive history; 12, previous chronic bronchitis; 13, family history of lung cancer; 14, family history of cancer; 15, residency area; 16, socioeconomic status; 17, calories intake; 18, fish consumption; 19, fat intake; 20, fruit and vegetable consumption; 21, occupational exposures; 22, exposure to cooking oil fumes; 23, replacement therapy; 24, hypertension; 25, age at menarche; 26, marital status. BMI, body mass index; n, number of study participants; yrs, years; CI, confidence interval.

Table S2. Methodological quality of studies included in the meta-analysis*

First author, year, country reference	Representativeness of the exposed cohort	Selection of the unexposed cohort	Exposure assessments	Outcome of interest not present at the start of the study	Control for important factors or additional factors†	Outcome assessments	Follow-up period long enough for outcomes to occur‡	Adequacy of follow-up of cohorts§	Total quality scores
Guo L, 2014, China ¹	★	★	★	★	★★	★	—	—	7
Everatt R, 2014, Lithuania ²	★	★	★	★	★★	★	★	★	9
Bethea TN, 2013, USA ³	—	★	★	★	★★	★	★	★	8
Hatlen P, 2013, Norway ⁴	—	★	★	★	★★	—	★	—	6
Lam TK, 2013, USA ⁵	★	★	★	★	★★	—	★	★	8
Smith L, 2012, USA ⁶	★	★	★	★	★★	★	★	★	9
Leung CC, 2010, China ⁷	★	★	★	★	★★	★	—	—	7
Dehal A, 2011, USA ⁸	★	★	★	★	★★	—	★	★	8
Parr CL, 2010, Norway ⁹	—	★	★	★	★★	★	★	★	8
Andreotti G, 2010, USA ¹⁰	—	★	★	★	★★	★	★	—	7
Koh WP, 2010, China ¹¹	★	★	★	★	★★	★	—	★	8
Song YM, 2008, Korea ¹²	—	★	★	★	★★	★	—	—	6
Kabat GC, 2008, USA ¹³	★	★	★	★	★★	★	★	★	9
Jee SH, 2008, Korea ¹⁴	★	★	★	★	★★	★	★	★	9
Kabat GC, 2007, USA ¹⁵	—	★	★	★	★★	—	★	—	6
Reeves GK, 2007, UK ¹⁶	★	★	★	★	★★	★	★	★	9
Samanic C, 2006, Sweden ¹⁷	—	★	★	★	★★	★	★	★	8
Lukanova A, 2006, Sweden ¹⁸	★	★	★	★	★★	—	★	—	7
Batty GD, 2005, UK ¹⁹	★	★	★	★	★★	★	★	★	9
Kuriyama S, 2005, Japan ²⁰	★	★	★	★	★★	—	★	—	7
Rapp K, 2005, Austria ²¹	★	★	★	★	★★	★	★	—	8
Oh SW, 2005, Korea ²²	★	★	★	★	★★	★	—	★	8
Liu EJ, 2004, China ²³	—	★	★	★	★★	—	★	★	7
Calle EE, 2003, USA ²⁴	—	★	★	★	★★	★	★	★	8
Olson JE, 2002, USA ²⁵	★	★	★	★	★★	★	★	—	8
Drinkard CR, 1995, USA ²⁶	★	★	★	★	★★	★	—	—	7
Kark JD, 1995, Israel ²⁷	—	★	★	★	★★	—	★	★	7
Chyou PH, 1994, USA ²⁸	—	★	★	★	★★	★	★	★	8

Knekt P, 1991, Finland ²⁹	—	★	★	★	★★	★	★	★	8
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* A study can be awarded a maximum of one star for each item, except for the item ‘control for important factors or additional factors’.

†A maximum of two stars can be awarded for this item. Studies controlling for BMI : hip ratio were awarded one star, while studies controlling for other important confounders including smoking, age, physical activity and alcohol consumption were awarded an additional star.

‡Duration of 10 years was the predefined follow-up duration long enough for outcomes to occur, and a cohort study with follow-up duration ≥ 10 years was awarded one star.

§A cohort study with a follow-up rate of more than 75% was awarded one star.

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