

Supplemental Table 1. Food and nutrient intakes by craving type in early pregnancy among 2,022 participants in Project Viva

	Any Cravings		Sweet		Salty		Savory		Starchy		
	Total n=2022	No n=1115	Yes n=907	None/ Secondary n=1579	Primary n=443	None/ Secondary n=1797	Primary n=225	None/ Secondary n=1761	Primary n=261	None/ Secondary n=1922	Primary n=100
	Mean +/- SD										
Calories	2061+/- 67	2009+/-650	2130+/-700	2029+/-667	2181+/-687	2050+/-662	2154+/-759	2053+/-670	2122+/-707	2053+/-673	2215+/-679
Carbohydrates (serv/d)	277.2+/-36.0	277.4+/-37.0	277.0+/-34.8	277.8+/-36.3	275.0+/-35.0	276.7+/-36.2	281.5+/-34.7	277.3+/-36.2	276.3+/-34.7	276.8+/-36.0	284.8+/-35.4
Sucrose (g/d)	49.5+/-15.5	48.9+/-15.8	50.3+/-15.2	49.1+/-15.6	51.0+/-15.3	49.4+/-15.7	50.3+/-14.3	49.4+/-15.5	50.1+/-15.9	49.4+/-15.6	51.4+/-15.0
Glucose (g/d)	29.8+/-10.7	29.7+/-10.8	30.0+/-10.6	29.8+/-10.6	30.0+/-11.0	29.8+/-10.8	30.1+/-9.5	29.8+/-10.7	29.8+/-10.4	29.8+/-10.7	31.3+/-10.3
Fructose (g/d)	33.4+/-11.9	33.4+/-12.2	33.4+/-11.4	33.4+/-11.8	33.3+/-11.9	33.4+/-12.0	33.6+/-10.5	33.5 +/-11.9	33.0+/-11.7	33.3+/-11.8	34.9+/-11.9
Lactose (g/d)	19.1+/-12.3	19.1+/-12.3	19.0+/-12.4	19.2+/-12.3	18.6+/-12.5	19.0+/-12.3	19.4+/-12.8	19.3+/-12.5	17.6+/-10.7	19.1+/-12.4	19.4+/-12.0
Glycemic Load	14759 +/- 2274	14769+/- 2304	14747+/- 2237	14784+/- 2284	14668+/- 2238	14739+/- 2273	14917+/- 2282	14767+/- 2285	14700+/- 2202	14736+/- 2269	15201 +/- 2350
Total Fat (g/d)	62.8+/-12.1	62.6+/-12.4	63.0+/-11.7	62.5+/-12.2	64.0+/-11.5	63.0+/-12.1	61.4+/-11.6	62.7+/-12.1	63.4+/-11.8	62.9+/-12.1	60.3+/-11.4
Saturated Fat (g/d)	23.4+/-5.5	23.4+/-5.7	23.3+/-5.4	23.2+/-5.6	23.8+/-5.4	23.5+/-5.6	22.5+/-5.4	23.4+/-5.6	23.4+/-5.3	23.4+/-5.6	22.6+/-5.2
Monounsaturated Fat (g/d)	23.7+/-5.4	23.6+/-5.4	23.8+/-5.3	23.5+/-5.4	24.3+/-5.2	23.7+/-5.4	23.2+/-5.5	23.6+/-5.4	23.9+/-5.5	23.7+/-5.4	22.8+/-5.1
Trans Fat (g/d)	2.1+/-0.7	2.1+/-0.7	2.2+/-0.7	2.1+/-0.7	2.2+/-0.7	2.1+/-0.7	2.1+/-0.7	2.1+/-0.7	2.2+/-0.7	2.1+/-0.7	2.1+/-0.7
Polyunsaturated Fat (g/d)	13.5+/-3.5	13.4+/-3.6	13.6+/-3.4	13.5+/-3.5	13.7+/-3.6	13.5+/-3.5	13.4+/-3.2	13.5+/-3.5	13.8+/-3.6	13.5+/-3.5	12.9+/-3.1
N-3 Fatty Acids (g/d)	1.13+/-0.52	1.12+/-0.42	1.14+/-0.62	1.12+/-0.44	1.16+/-0.74	1.14+/-0.54	1.07+/-0.37	1.12+/-0.46	1.22+/-0.83	1.13+/-0.49	1.14+/-0.96
N-6 Fatty Acids (g/d)	11.9+/-3.1	11.8+/-3.2	11.9+/-3.0	11.8+/-3.1	12.0+/-3.1	11.9+/-3.2	11.8+/-2.9	11.8+/-3.1	12.1+/-3.0	11.9+/-3.2	11.2+/-2.6
Protein (g/d)	87.3+/-15.0	87.5+/-15.0	87.0+/-14.9	87.5+/-15.0	86.5+/-14.8	87.4+/-14.9	86.3+/-15.5	87.3+/-15.0	87.2+/-14.8	87.4+/-15.0	84.7+/-14.9
Calcium (g/d)	1312 +/-418	1316+/-430	1306+/-401	1317+/-418	1292+/-415	1310+/-422	1328+/-383	1316+/-422	1281+/-387	1309+/-417	1363+/-420
Dietary Fiber (g/d)	19.8+/-5.8	19.8+/-5.9	19.8+/-5.6	19.9+/-5.7	19.4+/-5.9	19.7+/-5.8	20.5+/-5.5	19.8+/-5.8	20.0+/-5.8	19.8+/-5.7	20.1+/-6.0
Cereals/Br/Starch (serv/d)	19.8+/-5.8	19.8+/-5.9	19.8+/-5.6	19.9+/-5.7	19.4+/-5.9	19.7+/-5.8	20.5+/-5.5	19.8+/-5.8	20.0+/-5.8	19.8+/-5.7	20.1+/-6.0
Vegetables (serv/d)	2.9+/-1.8	2.9+/-1.7	3.0+/-1.8	2.9+/-1.7	2.9+/-1.9	2.9+/-1.7	3.1+/-2.2	2.9+/-1.7	3.1+/-2.1	2.9+/-1.8	2.9+/-1.7
Fried food (times/w)	0.92+/-0.81	0.88+/-0.73	0.98+/-0.90	0.91+/-0.78	0.97+/-0.89	0.91+/-0.77	1.02+/-1.07	0.92+/-0.81	0.98+/-0.79	0.92+/-0.81	0.92+/-0.79