

SUPPLEMENTAL INFORMATION

Table 1S. Inclusion and Exclusion CriteriaInclusion Criteria

Age ≥ 18

Exclusion Criteria

Females had to be post-menopausal for >1 year, surgically sterile, or practicing a birth control before entry and throughout the study; have a negative urine pregnancy test at screening and before randomization

Good health (confirmed by medical history, physical, ECG, blood/urine labs)

Diagnosis of AD based on the Structured Clinical Interview for Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) Patient Version

Average of \geq 4 drinks/day for women and \geq 5 drinks/day for men during 30 days within the 90 days prior to screening

Desire to reduce or quit alcohol drinking

Females who were of child bearing potential and not practicing effective birth control

Lifetime DSM-IV diagnosis of schizophrenia, bipolar disorder, or other psychosis

Recent (past six months) DSM-IV diagnosis of any anxiety disorder or major depression

In the investigators' opinion, risk of suicide (e.g. active plan, or recent attempt in last year)

DSM-IV diagnosis of dependence on any psychoactive substance other than alcohol, nicotine and/or marijuana (given the high comorbidity with alcoholism and our goal to provide a proof-ofconcept study in a 'real world' population)

Positive urine screen for any substance other than marijuana

History of hospitalization for alcohol intoxication delirium, seizure or alcohol withdrawal delirium

Clinical Institute Withdrawal Assessment for Alcohol score ≥ 10 Treatment with disulfiram, naltrexone, acamprosate, topiramate within 1 month prior to screening

Current use of psychotropic medications or drugs that interfere with doxazosin's metabolism

Use of phosphodiesterase (PDE5) inhibitor erectile dysfunction drugs

Treatment with any antihypertensive drug and/or any α -blocker for BPH or sleep problems

Baseline hypotension

History of allergy to any α -blocker

Contraindications to taking doxazosin (history of fainting and/or syncopal attacks, heart failure, significant liver diseases)

Serious illnesses, e.g. kidney failure, epilepsy

Week(s)	Day(s)	Daily Dose (mg)
1	1-7	1
2	8-14	2
	15-17	4
3	18-19	6
	20-21	8
	22-24	10
4	25-26	12
	27-28	14
5-10	29-70	16
	71	14
	72	12
	73	10
11	74	8
	75	4
	76	2
	77	1
12	78-84	-

Table 2S. Drug Titration Schedule

Table 3S. Adverse Events (AEs) as frequence AE	Doxazosin	Placebo
Dizziness (*)	45	14
Decrease in appetite	10	19
Increase in appetite	25	10
Changes in vision	25	5
Difficulty Sleeping	40	33
Slowness, sleepiness, or fatigue	50	48
Difficulty with coordination or balance	10	5
Difficulty with concentration or attention	30	19
Tingling in fingers or toes	15	19
Word finding difficulties	0	10
Memory difficulties	10	10
Change in taste	0	14
Tremor	55	48
Constipation	5	5
Diarrhea	10	24
Nausea	15	19
Vomiting	10	10
Headache (**)	50	10
Restlessness	35	19
Nervousness or Anxiety, irritability	65	52
Depression or other mood disturbance (*)	35	10
Confusion	0	10
Changes in Libido, impotence	5	19
Slowed breathing	5	5
Hyperventilation	10	0
Trouble waking up	25	5
Trouble breathing	20	14
Stupor	10	5
Skin rash, itching, cellulitis	25	14
Trouble urinating [#] (*)	20	0
Palpitations	20	5
Swelling of face or edema	10	0
Osteomuscular pain	25	24
Eye pain, twitch	5	5
Flu-like symptoms	20	14
Peripheral symptoms	5	5
Other GI symptoms	20	10
Calmness	5	0

Table 3S. Adverse Events (AEs) as frequency percentage (%)

Unless otherwise noted, percentages of AEs were not different across groups (p's > .05) (*) p < .05; (**) p < .01 (#reported by females as frequent passing urine).

	Doxazosin	Placebo	
	entire 10-week ti	reatment period	
Systolic BP Δ	3.6 (1.3)	3.1 (1.3)	$F_{1,34} = .07, p = .80$
Diastolic $BP\Delta$	-2.2 (1.2)	-2.8 (1.2)	$F_{1,37} = .14, p = .71$
treat	ment period with the 4-	week grace period	applied
Systolic BP Δ	4.8 (1.7)	3.9 (1.7)	$F_{1,32}$ =.16, p = .70
Diastolic BP∆	-2.4 (1.4)	-2.2 (1.5)	$F_{1.33} = .01, p = .93$

Table 5S. Full Models for Drinking Outcomes

	DPW	<u>HDD</u>
Medication	F(1,36) = 0.43, p = .52	F(1,35) = 1.03, p = .32
Time	F(5,30) = 1.73, p = .16	F(5,33) = 1.23, p = .32
Medication X Time	F(5,30) = 0.43, p = .82	F(5,33) = 0.76, p = .58

Table 6S. Full Models for Craving

	<u>OCDS</u>	<u>ODS</u>	<u>CDS</u>
Medication	F(1,35) = 2.55, p = .12	F(1,33) = 4.92, p = .034	F(1,36) = 0.87, p = .36
Time	F(2,29) = 0.43, p = .65	F(2,32) = 0.41, p = .67	F(2,30) = 1.40, p = .26
Medication X Time	F(2,29) = 0.28, p = .76	F(2,32) = 0.64, p = .54	F(2,30) = 0.05, p = .95

Table 7S. Full Models for Anxiety and Stress

	HAMA	PSS	POMS-TA
Medication	F(1,36) = 0.46, p = .50	F(1,36) = 0.30, p = .59	F(1,34) = 0.34, p = .56
Time	F(2,32) = 0.98, p = .39	F(2,20) = 0.84, p = .45	F(2,33) = 1.13, p = .34
Medication X Time	F(2,32) = 2.28, p = .12	F(2,20) = 0.81, p = .46	F(2,33) = 2.37, p = .11