

Supplementary Information

Local and macroscopic electrostatic interactions in single α -helices

Emily G. Baker,¹ Gail J. Bartlett,¹ Matthew P. Crump,¹ Richard B. Sessions,² Noah Linden,³
Charl F. J. Faul¹ and Derek N. Woolfson^{1,2}

¹School of Chemistry, University of Bristol, Cantock's Close, Bristol, BS8 1TS, UK

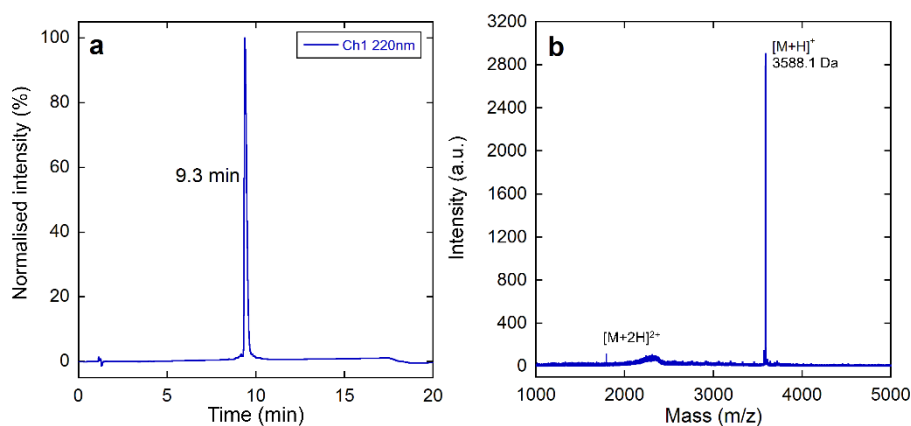
²School of Biochemistry, University of Bristol, Medical Sciences Building, University Walk,
Bristol, BS8 1TD, UK

³School of Mathematics, University of Bristol, University Walk, Bristol, BS8 1TW, UK

Supplementary Results

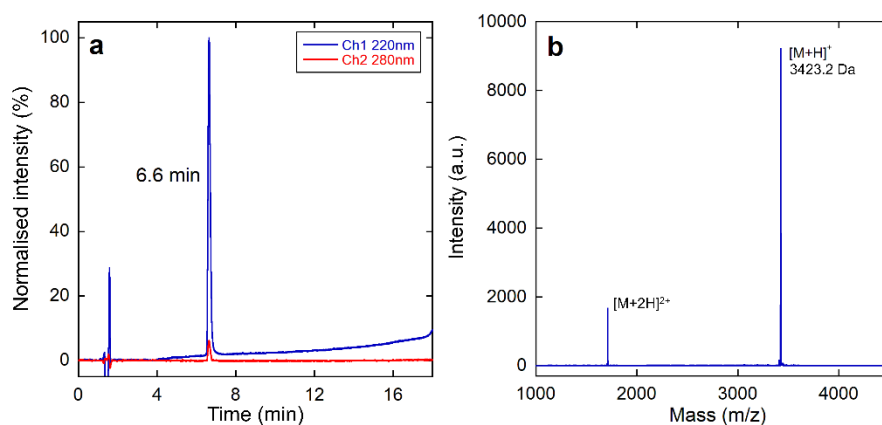
Supplementary Figures 1 – 27 (a) HPLC chromatograms and (b) MALDI-TOF spectra confirming the purity and identity of peptides in this study.

(E₂K₂)₆: Ac-G**EEKKEEKKEEKKEEKKEEKKEEKKEEKKEEK**GYGYY-NH₂



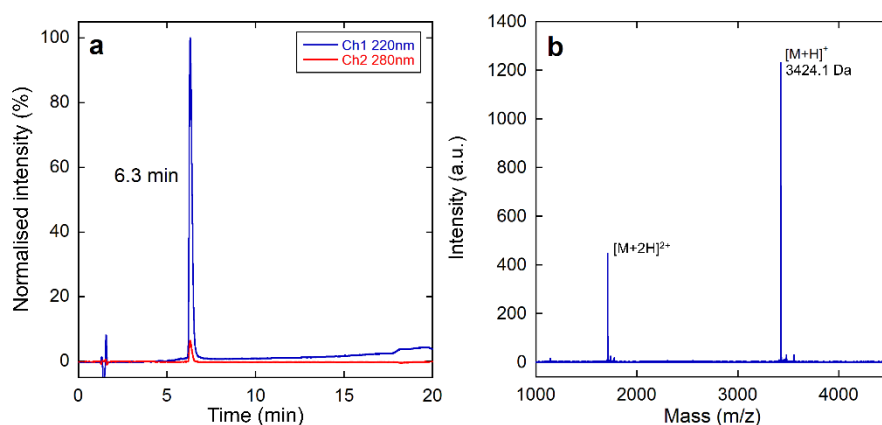
Supplementary Figure 1: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ([M+H]⁺_{calc}: 3588.0 Da)

(EK)₁₂: Ac-G**EKEKEKEKEKEKEKEKEKEKEKEKEKEKE**GY-NH₂



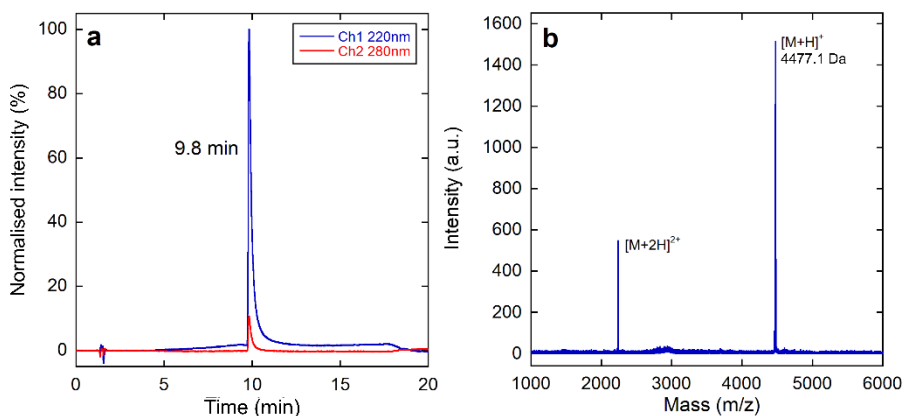
Supplementary Figure 2: (a) HPLC traces, gradient: 10-40%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ([M+H]⁺_{calc}: 3424.8 Da)

(KE)₁₂: Ac-G**EKEKEKEKEKEKEKEKEKEKEKEKEKEKE**GY-NH₂



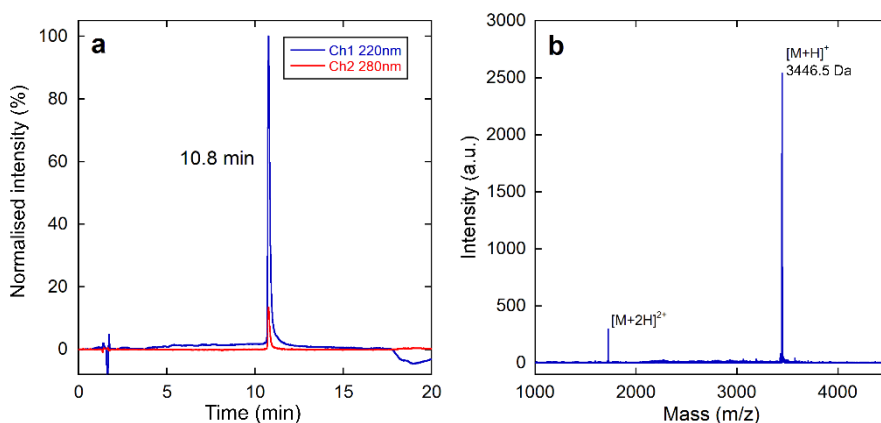
Supplementary Figure 3: (a) HPLC traces, gradient: 10-40%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ([M+H]⁺_{calc}: 3424.8 Da)

(E₄K₄)₄: Ac-GEEEEK₄KKK₄EEEEK₄KKK₄EEEEK₄KKK₄EEEEK₄KKK₄GW-NH₂



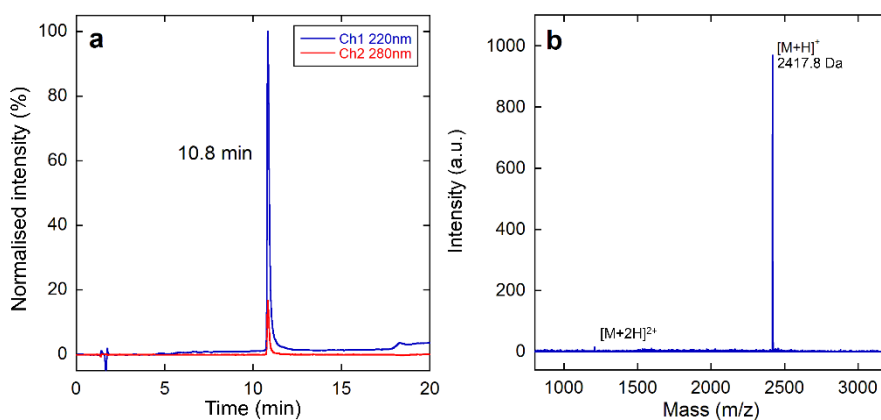
Supplementary Figure 4: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 4477.0 Da)

(E₄K₄)₃: Ac-GEEEEK₃KKK₃EEEEK₃KKK₃EEEEK₃KKK₃GW-NH₂



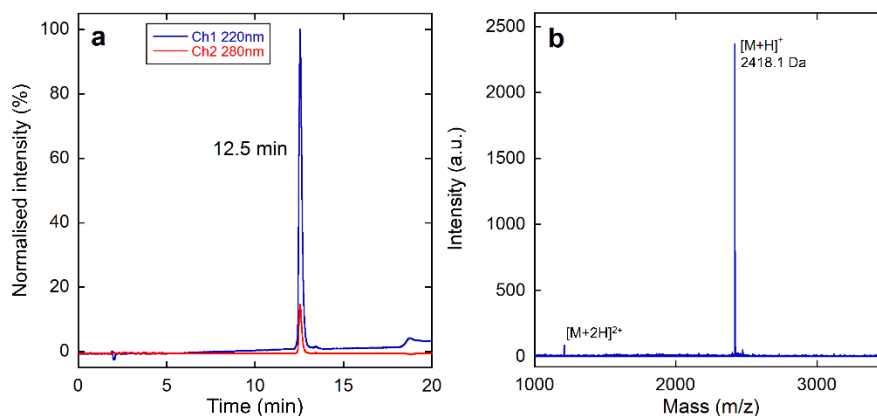
Supplementary Figure 5: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 3447.8 Da)

(E₄K₄)₂: Ac-GEEEEK₂KKK₂EEEEK₂KKK₂GW-NH₂



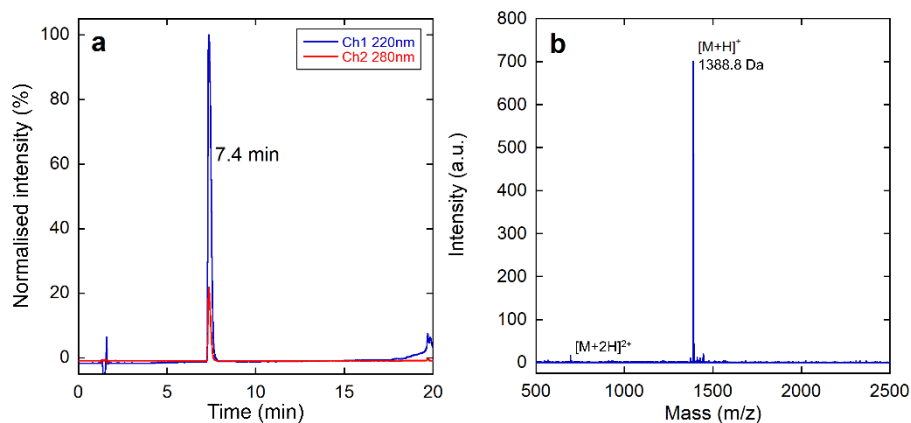
Supplementary Figure 6: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 2418.7 Da)

(K₄E₄)₂: Ac-GKKKKEEEEKKKKEEEEGW-NH₂



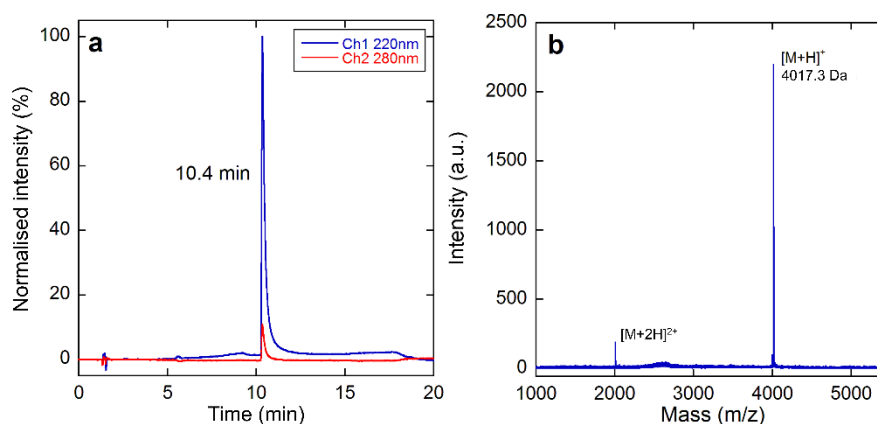
Supplementary Figure 10: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ calc: 2418.7 Da)

(K₄E₄): Ac-GKKKKEEEGW-NH₂



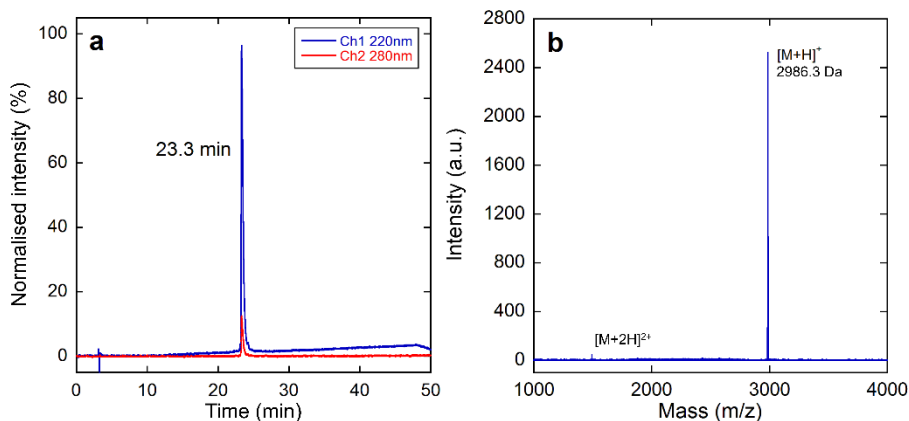
Supplementary Figure 11: (a) HPLC traces, gradient: 5-45%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ calc: 1389.5 Da)

A₄(E₄K₄)₃A₄: Ac-GAAAAEEEEKKKKEEEKKKKEEEKKKKAAAAGW-NH₂



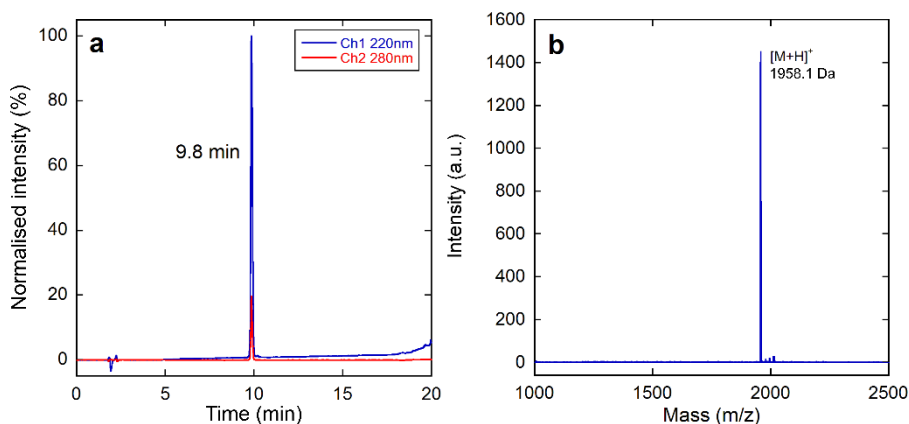
Supplementary Figure 12: (a) HPLC traces, gradient: 10-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ calc: 4016.5 Da)

A₄(E₄K₄)₂A₄: AC-GAAAA**EEEEK**KK**KEEEEK**KKKAAAAGW-NH₂



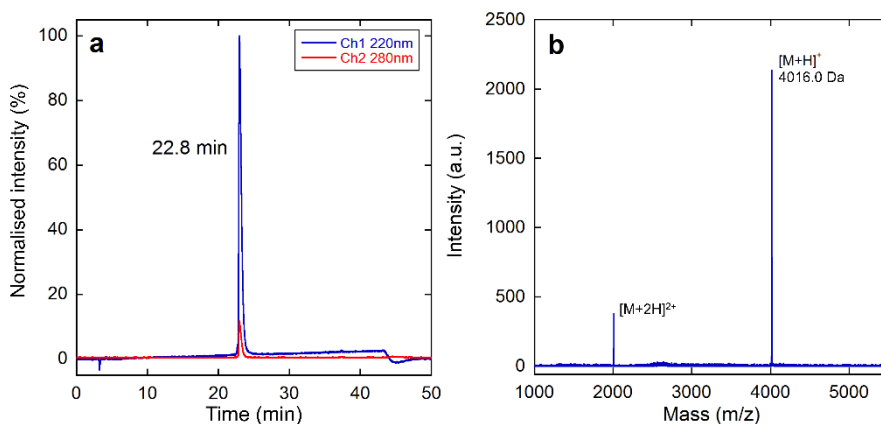
Supplementary Figure 13: (a) HPLC traces, gradient: 10-35%B, 37 min, 220 nm and 280 nm, reverse-phase C8 column (b) MALDI-TOF MS, reflector mode ([M+H]⁺_{calc}: 2987.3 Da)

A₄(E₄K₄)A₄: AC-GAAAA**EEEEK**KKKAAAAGW-NH₂



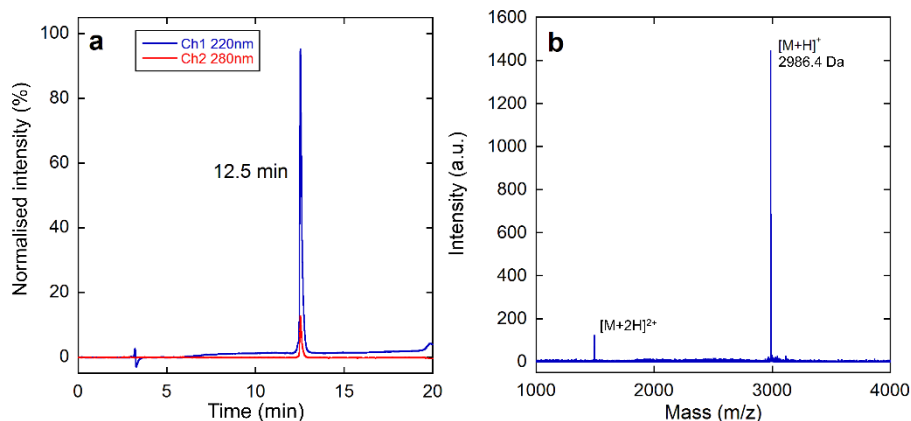
Supplementary Figure 14: (a) HPLC traces, gradient: 10-50%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ([M+H]⁺_{calc}: 1958.1 Da)

A₄(K₄E₄)₃A₄: AC-GAAAA**KKKK****EEEEK**KK**KEEEEK**KK**KEEEE**AAAAGW-NH₂



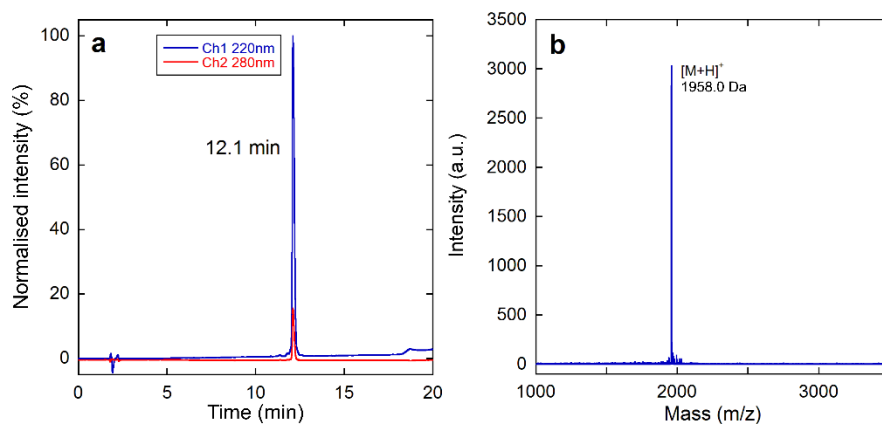
Supplementary Figure 15: (a) HPLC traces, gradient: 5-35%B, 37 min, 220 nm and 280 nm, C8 reverse-phase column (b) MALDI-TOF MS, reflector mode ([M+H]⁺_{calc}: 4016.5 Da)

A₄(K₄E₄)₂A₄: AC-GAAAAKKKKEEEEKKKKEEEEAAAAGW-NH₂



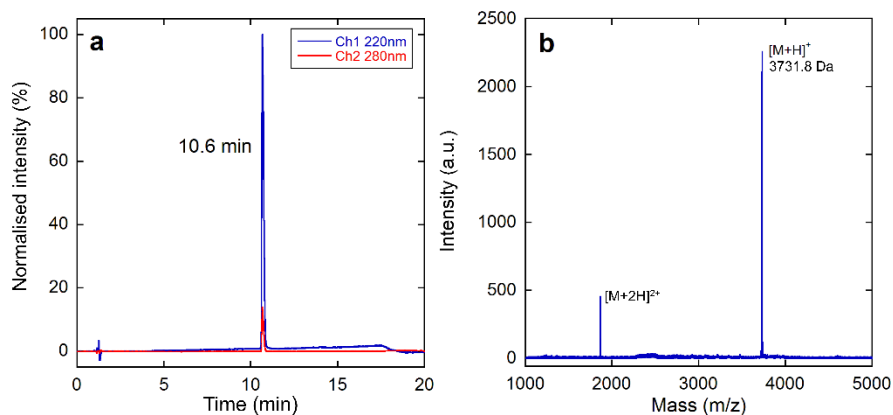
Supplementary Figure 16: (a) HPLC traces (gradient: 5-45%B, 16 min, 220 nm and 280 nm, C18 reverse-phase column) (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 2987.3 Da)

A₄(K₄E₄)A₄: AC-GAAAAKKKKEEEEAAAAGW-NH₂

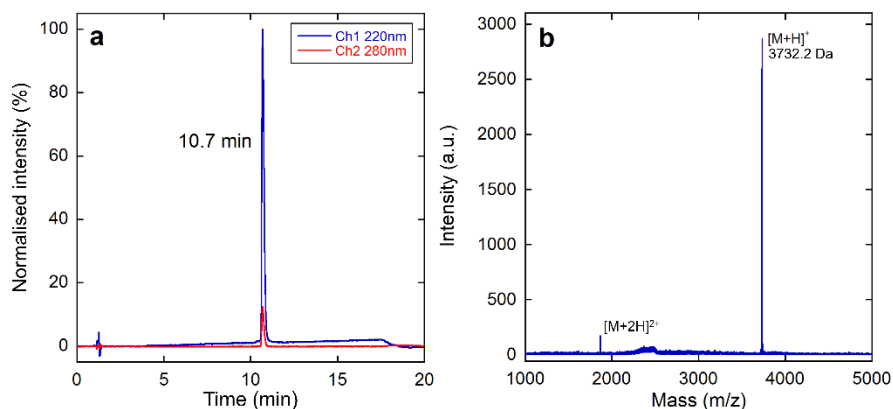


Supplementary Figure 17: (a) HPLC traces, gradient: 10-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 1958.1 Da)

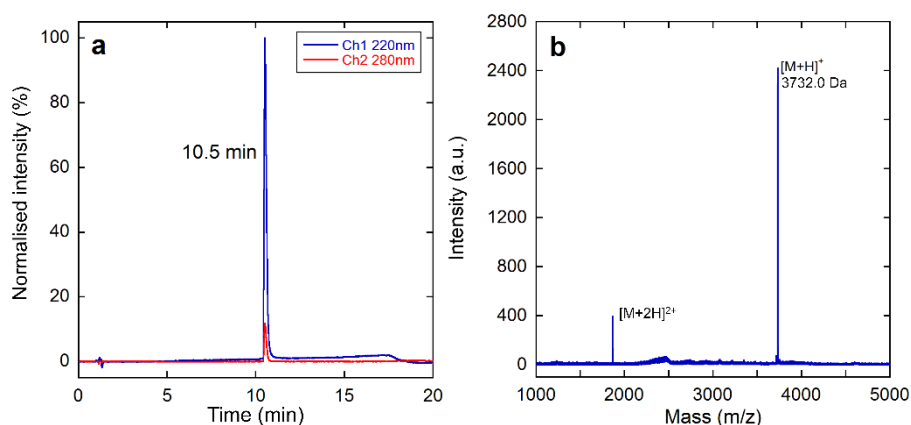
A₄(E₄K₄)₃: AC-GAAAAEEEEKKKKEEEEKKKKEEEEKKKKGW-NH₂



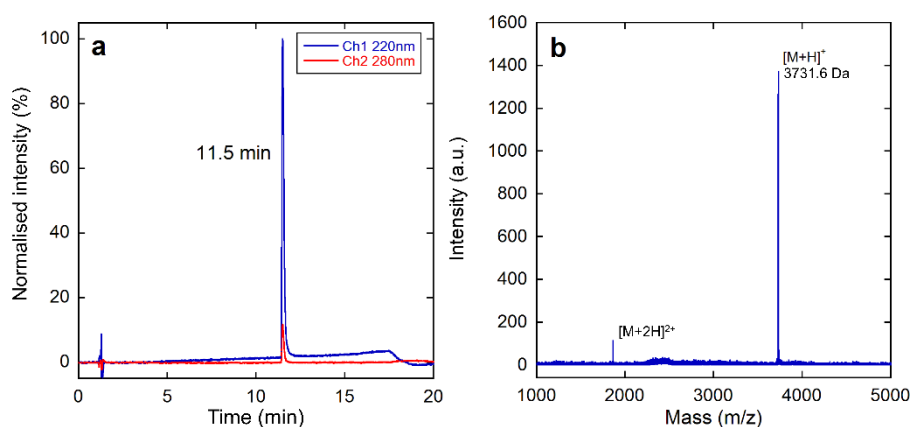
Supplementary Figure 18: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, C18 reverse-phase column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 3732.2 Da)



Supplementary Figure 19: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 3732.2 Da)

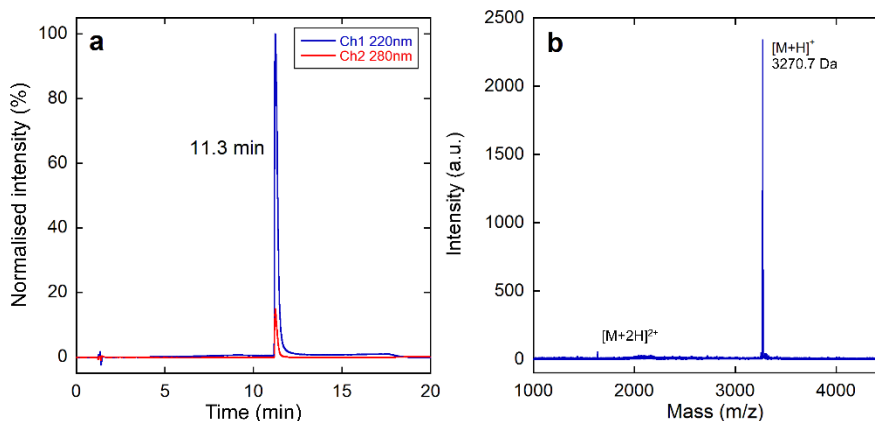


Supplementary Figure 20: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 3732.2 Da)



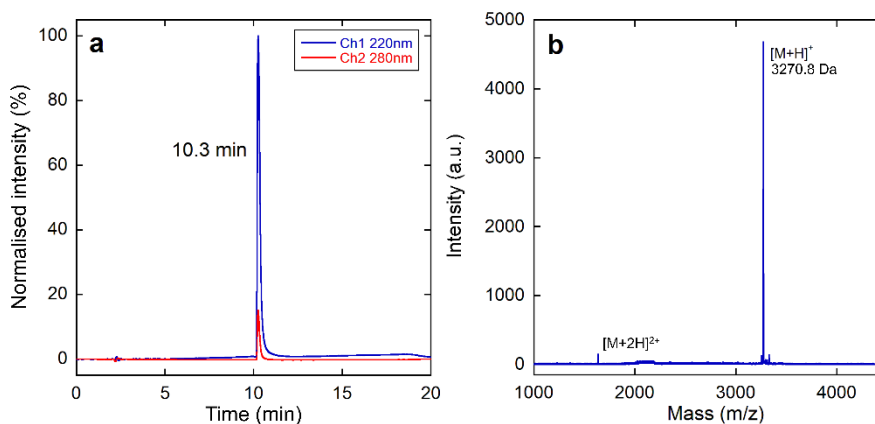
Supplementary Figure 21: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ _{calc}: 3732.2 Da)

A₄(E₄K₄)A₄(E₄K₄)A₄: Ac-GAAAA**EEEEK**KKKAAAA**EEEEK**KKKAAAAGW-NH₂



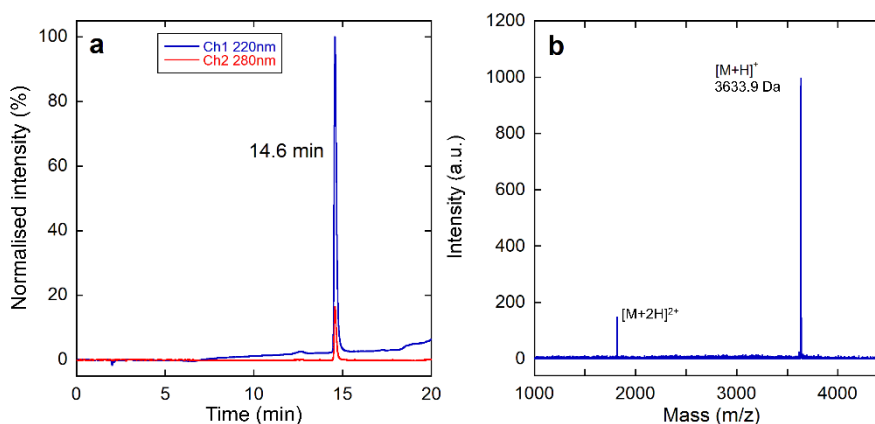
Supplementary Figure 22: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ calc: 3271.6 Da)

A₄(K₄E₄)A₄(K₄E₄)A₄: Ac-GAAAA**KKKKE**EEEEAAAA**KKKKE**EEEEAAAAGW-NH₂

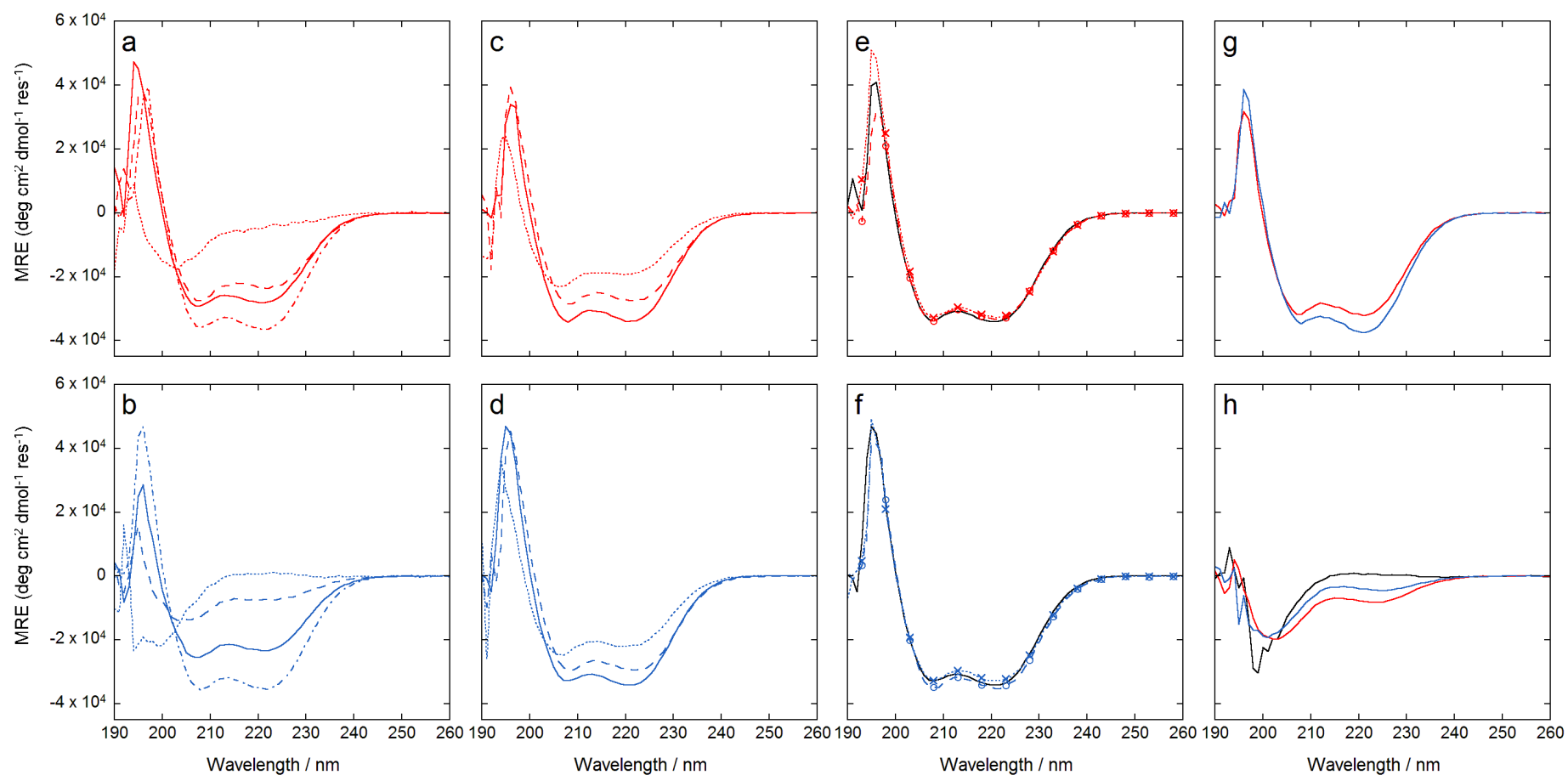


Supplementary Figure 23: (a) HPLC traces, gradient: 5-35%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ calc: 3271.6 Da)

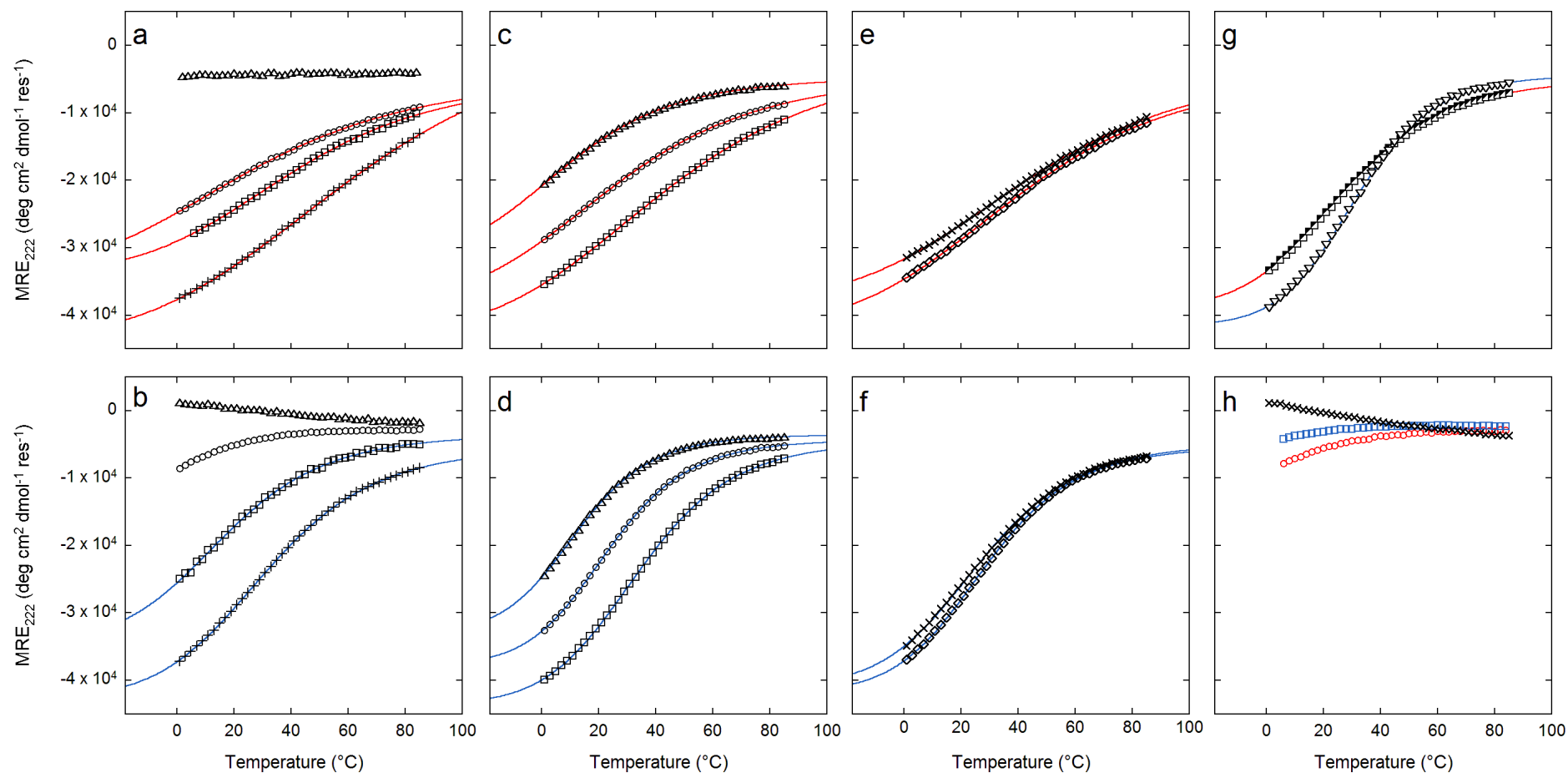
(E₃K₃)₄: Ac-G**EEEK**KK**EEEEK**KK**EEEEK**KK**EEEEK**KKGGW-NH₂



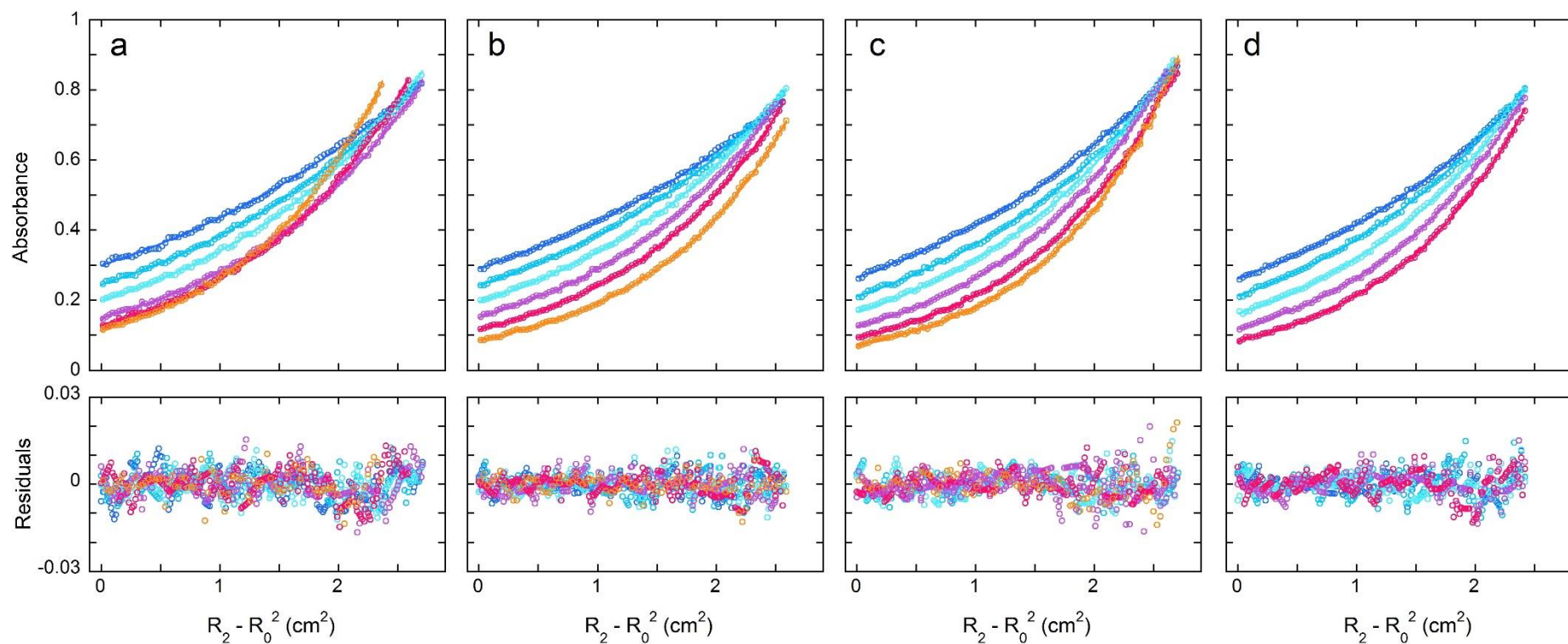
Supplementary Figure 24: (a) HPLC traces, gradient: 10-40%B, 16 min, 220 nm and 280 nm, reverse-phase C18 column (b) MALDI-TOF MS, reflector mode ($[M+H]^+$ calc: 3634.1 Da)



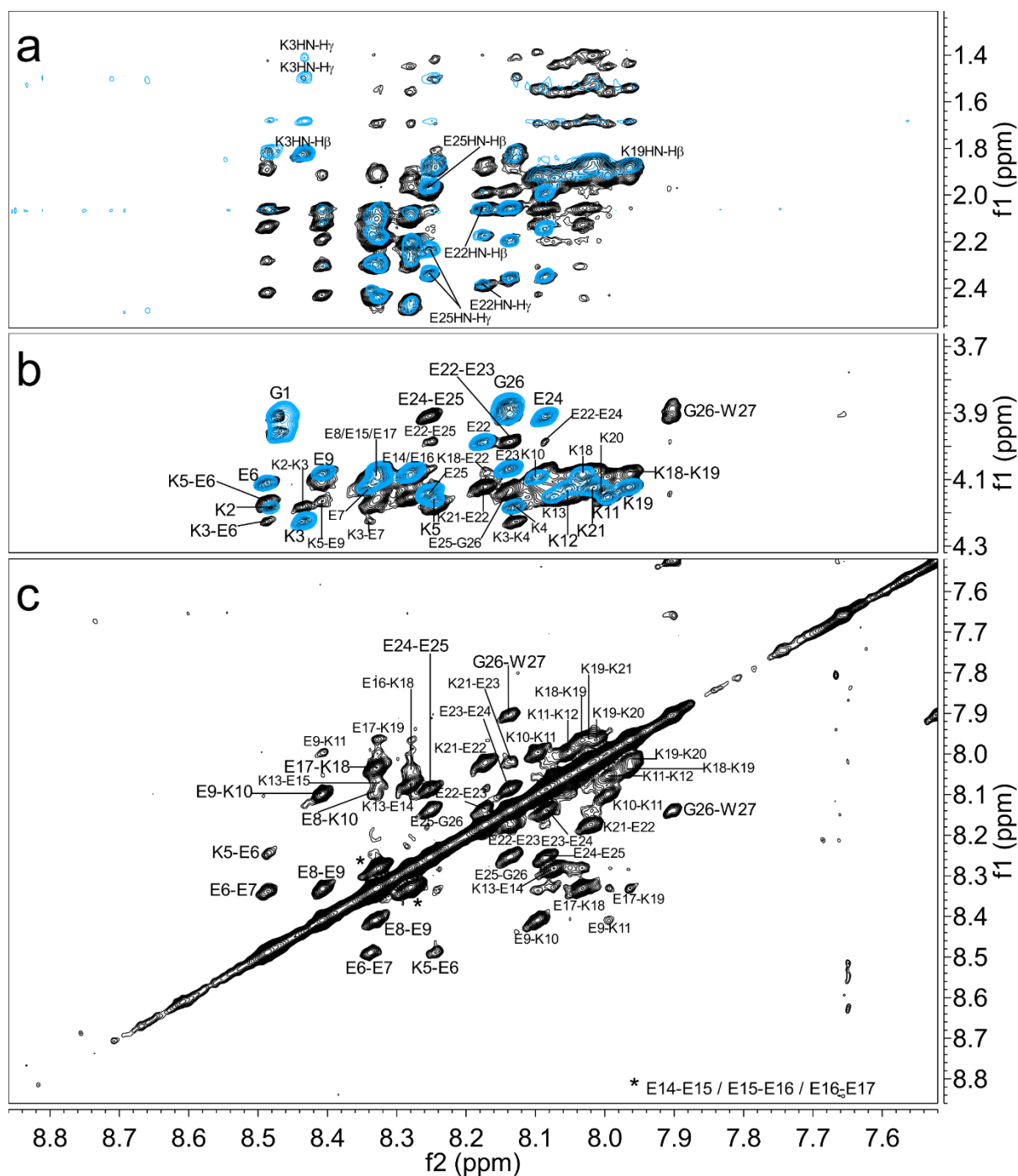
Supplementary Figure 28: CD spectra (5 °C) for peptides in this study. (a) $(E_4K_4)_n$, (b) $(K_4E_4)_n$, (c) $A_4(E_4K_4)_nA_4$, (d) $A_4(K_4E_4)_nA_4$. Key (a-d): $n=4$, alternating dash and dotted line; $n=3$, solid line; $n=2$, dashed line; $n=1$, dotted line. (e-f): A_4 -flanked peptides: $A_4(E_4K_4)_3A_4$ black solid line in (e); $A_4(K_4E_4)_3A_4$ black solid line in (f); N -terminally flanked peptides $A_4(E_4K_4)_3$, red dashed line (circles, e), $A_4(K_4E_4)_3$, blue dashed line (circles, f); and C -terminally flanked peptides, $(E_4K_4)_3A_4$ red dotted line (crosses, e), and $(K_4E_4)_3A_4$, blue dotted line (crosses, f). (g) $A_4(E_4K_4)A_4(E_4K_4)A_4$, red and $A_4(K_4E_4)A_4(K_4E_4)A_4$, blue. (h) $(E_2K_2)_6$, black; $(EK)_{12}$, red; $(KE)_{12}$, blue. In all parts (a-h) spectra for peptides with $E \rightarrow K$ directionality are coloured red, and those with $K \rightarrow E$ directionality, blue. Conditions: 5°C, 100 μ M peptide concentration, at pH 7.4 in PBS.



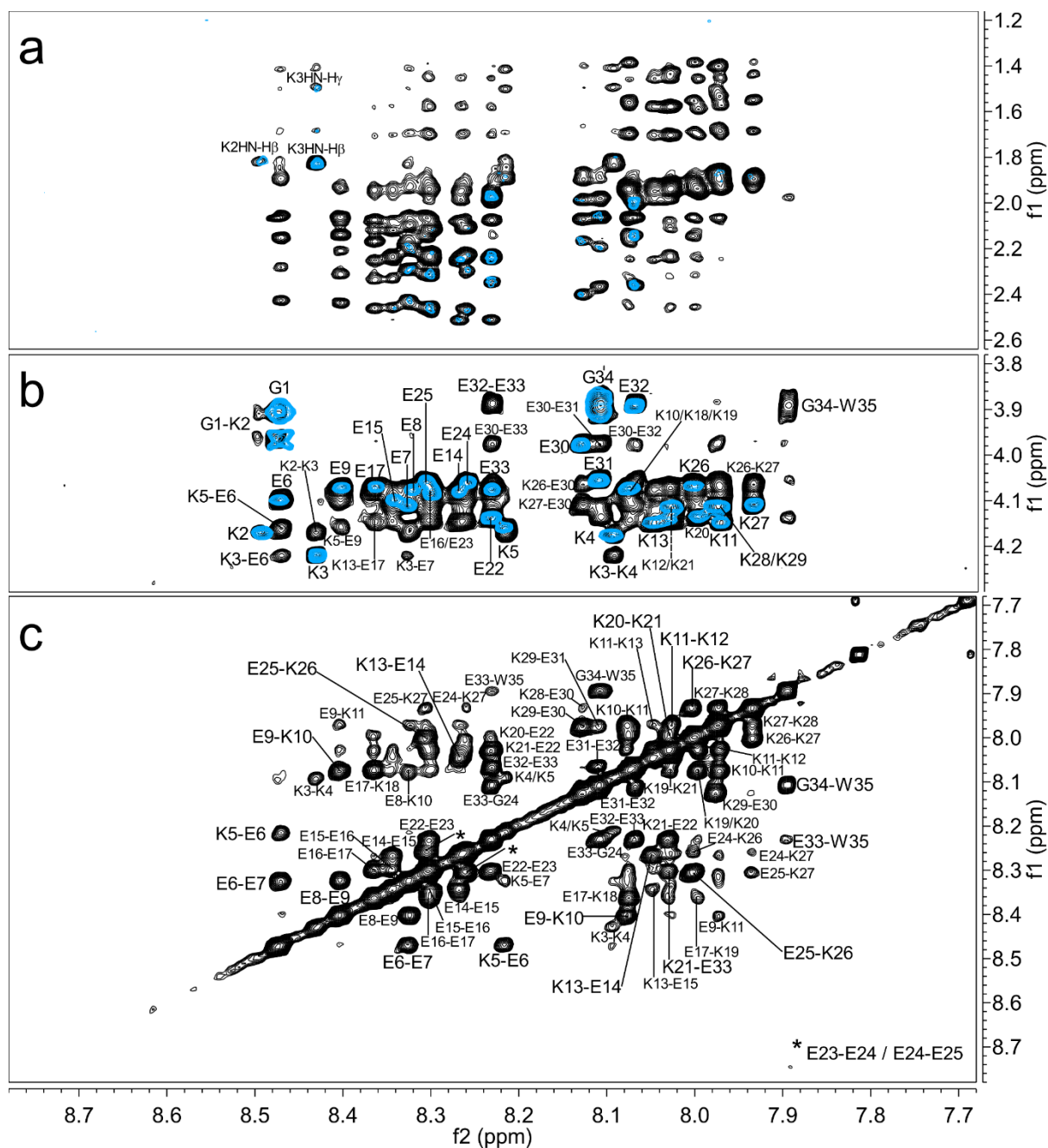
Supplementary Figure 29: Thermal denaturation curves for peptides in this study. (a) $(E_4K_4)_n$, (b) $(K_4E_4)_n$, (c) $A_4(E_4K_4)_nA_4$, (d) $A_4(K_4E_4)_nA_4$. Key (a-d): $n=4$, crosses; $n=3$ squares; $n=2$, circles; $n=1$, upward-pointing triangles. (e) $A_4(E_4K_4)_3$, diamonds and $(E_4K_4)_3A_4$, saltires. (f) $A_4(K_4E_4)_3$, diamonds and $(K_4E_4)_3A_4$, saltires. (g) $A_4(E_4K_4)A_4(E_4K_4)A_4$, half-filled squares and $A_4(K_4E_4)A_4(K_4E_4)A_4$, downward-pointing triangles. (h) $(E_2K_2)_6$, black crosses; $(EK)_{12}$, red circles; $(KE)_{12}$, blue squares. In all parts (a-h) every other data point has been plotted for clarity. The fits for the data are shown by solid lines; peptides with E→K directionality are coloured red, and those with K→E directionality, blue; note the sharper more sigmoidal transitions for the latter. Conditions: 100 μ M peptide concentration, at pH 7.4 in PBS.



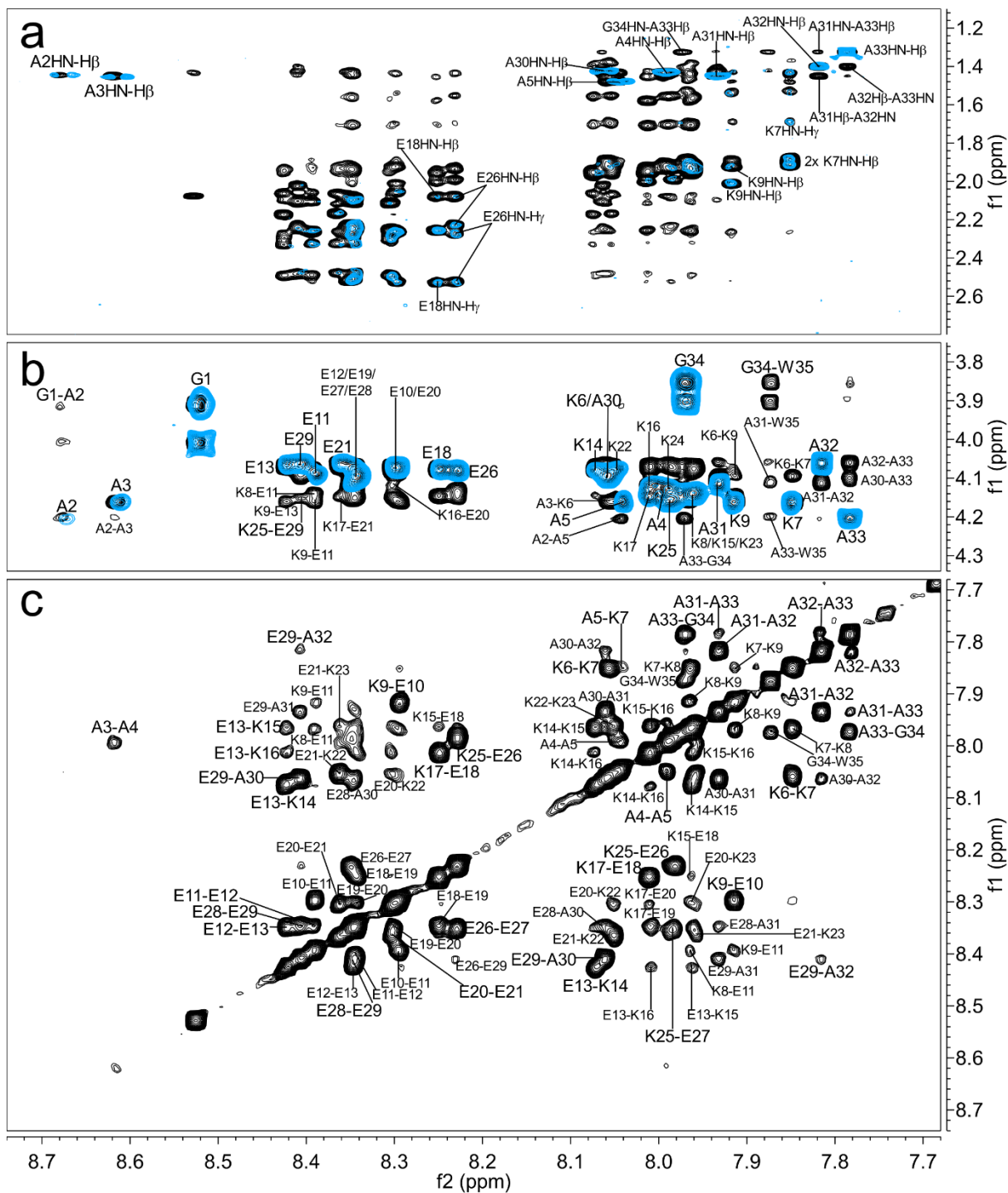
Supplementary Figure 30 AUC sedimentation equilibrium data for: (a) $(E_4K_4)_3$; (b) $(K_4E_4)_3$; (c) $A_4(E_4K_4)_3A_4$; and (d) $A_4(K_4E_4)_3A_4$. The mass by AUC of each peptide is 1.1x that of the molecular mass (see Supplementary Table 2). Top panels: data (circles) and single ideal species fits (solid line). Lower panels: residuals of the fits. Key: blue, 40,000 rpm; light blue, 44,000 rpm; cyan, 48,000 rpm; purple, 52,000 rpm; magenta, 56,000 rpm; and orange, 60,000 rpm. Conditions: 88 μ M peptide concentration, 20 $^{\circ}$ C, pH 7.4 in PBS.



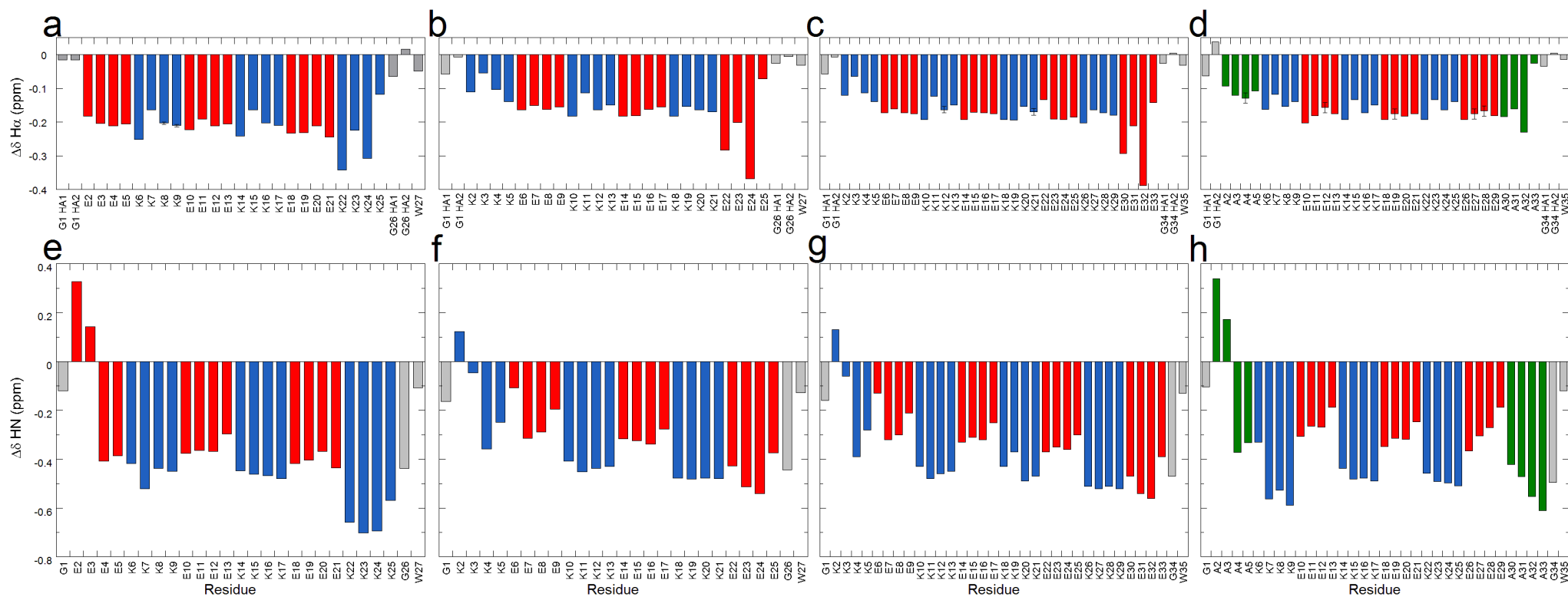
Supplementary Figure 32: ^1H -NMR spectra for $(\text{K}_4\text{E}_4)_3$. Overlaid (a) side chain (b) fingerprint and (c) amide regions of the TOCSY (blue contours) and NOESY (black contours) spectra. Much of the side chain region could not be assigned due to signal overlap. Conditions: 5 °C, 900 MHz, 1 mM peptide concentration, pH 7.4, in PBS and 10% D_2O .



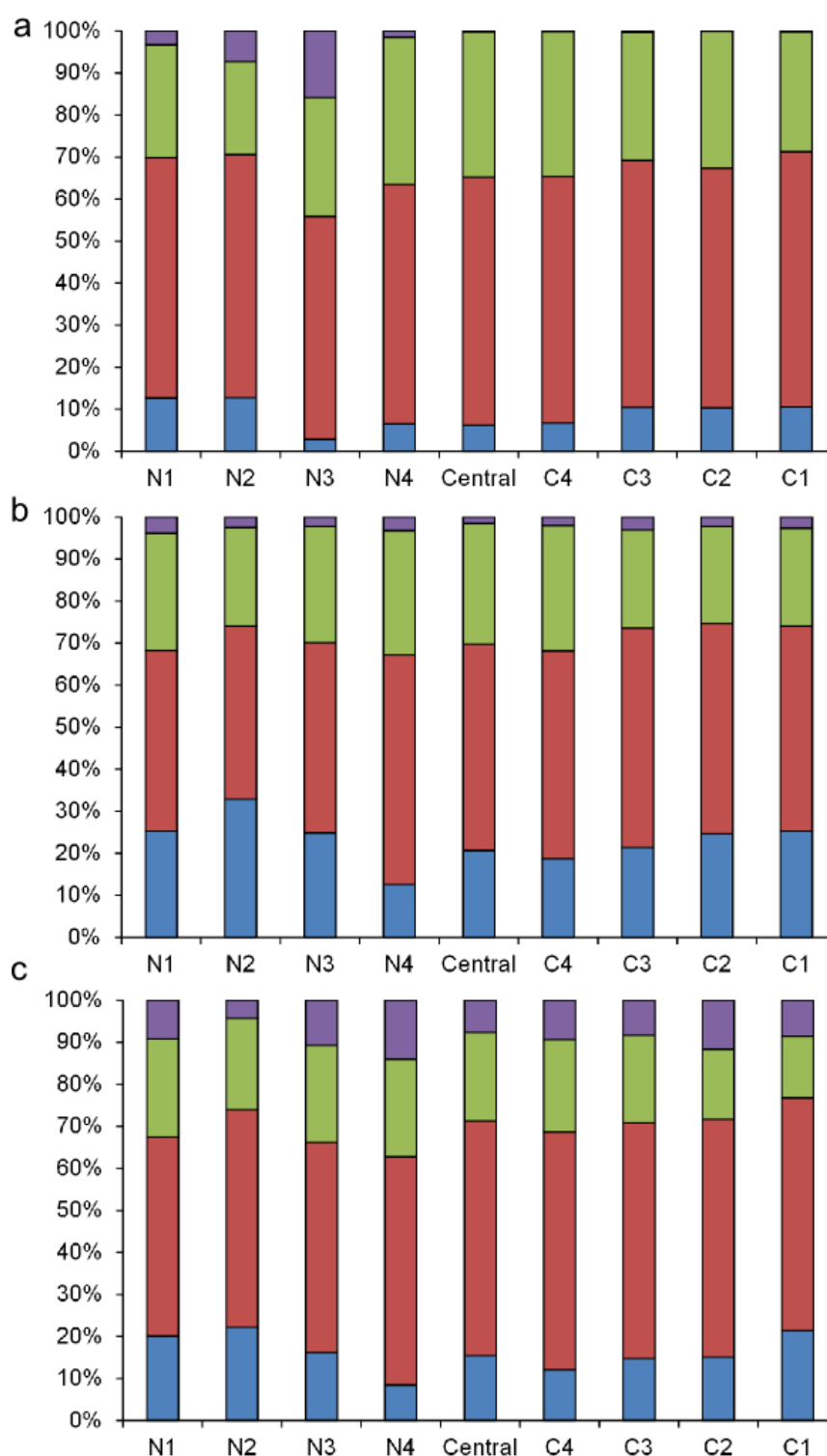
Supplementary Figure 33: $^1\text{H-NMR}$ spectra for $(\text{K}_4\text{E}_4)_4$. Overlaid (a) side chain (b) fingerprint and (c) amide regions of the TOCSY (blue contours) and NOESY (black contours) spectra. Much of the side chain region could not be assigned due to signal overlap. Conditions: 5°C , 900 MHz , 1 mM peptide concentration, $\text{pH } 7.4$, in PBS and $5\% \text{ D}_2\text{O}$.



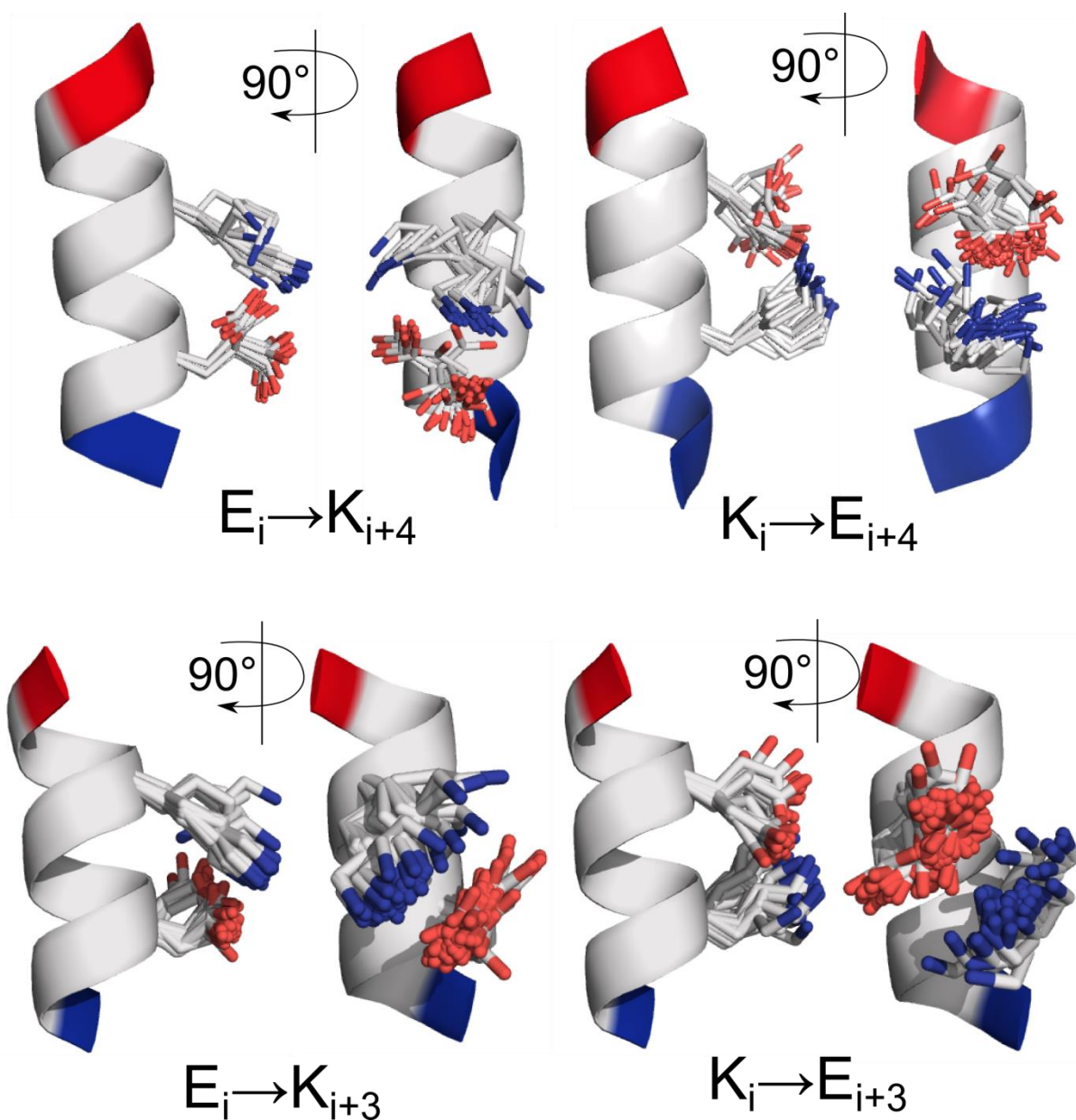
Supplementary Figure 34: $^1\text{H-NMR}$ spectra for $\text{A}_4(\text{K}_4\text{E}_4)_3\text{A}_4$. Overlaid (a) side chain (b) fingerprint and (c) amide regions of the TOCSY (blue contours) and NOESY (black contours) spectra. Much of the side chain region could not be assigned due to signal overlap. Conditions: 5°C , 900 MHz , 1 mM peptide concentration, $\text{pH } 7.4$, in PBS and $10\% \text{ D}_2\text{O}$.



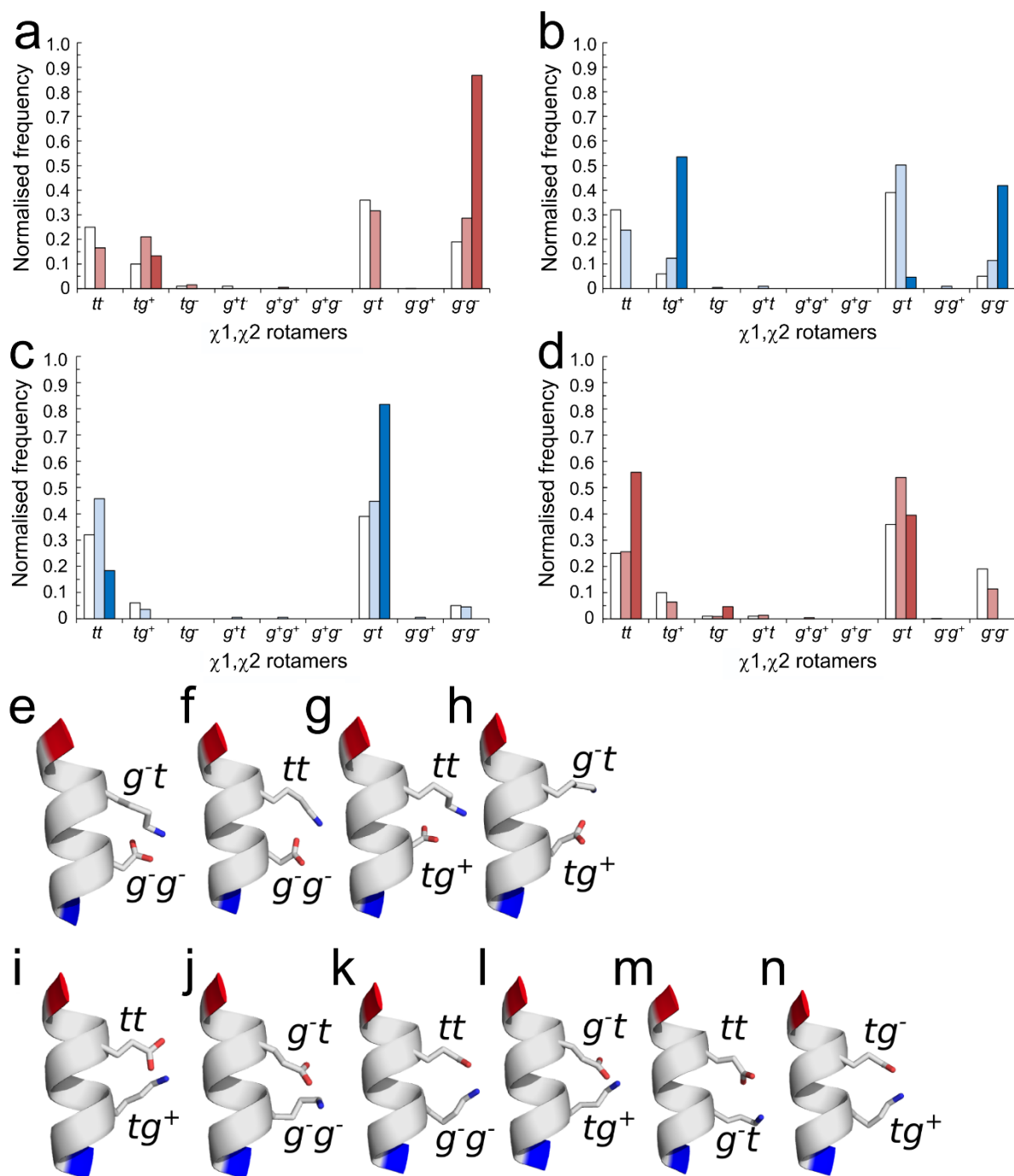
Supplementary Figure 35: $\Delta\delta H\alpha$ (a – d) and $\Delta\delta H N$ (e – h) plots for (a&e) $(E_4K_4)_3$, (b&f) $(K_4E_4)_3$, (c&g) $(K_4E_4)_4$ and (d&h) $A_4(K_4E_4)_3A_4$. $\Delta\delta H\alpha$ values for residues at the *N*- and *C*-termini are consistent with these regions being more disordered than helix-central positions. $\Delta\delta H N$ values exhibit a square wave pattern which we do not understand but is linked to the change in residue type from Glu-to-Lys and vice versa. Key: Glu, red; Lys, blue; Ala, green; Gly and Trp, grey. Error bars show ambiguity in the assignment due to signal overlap.



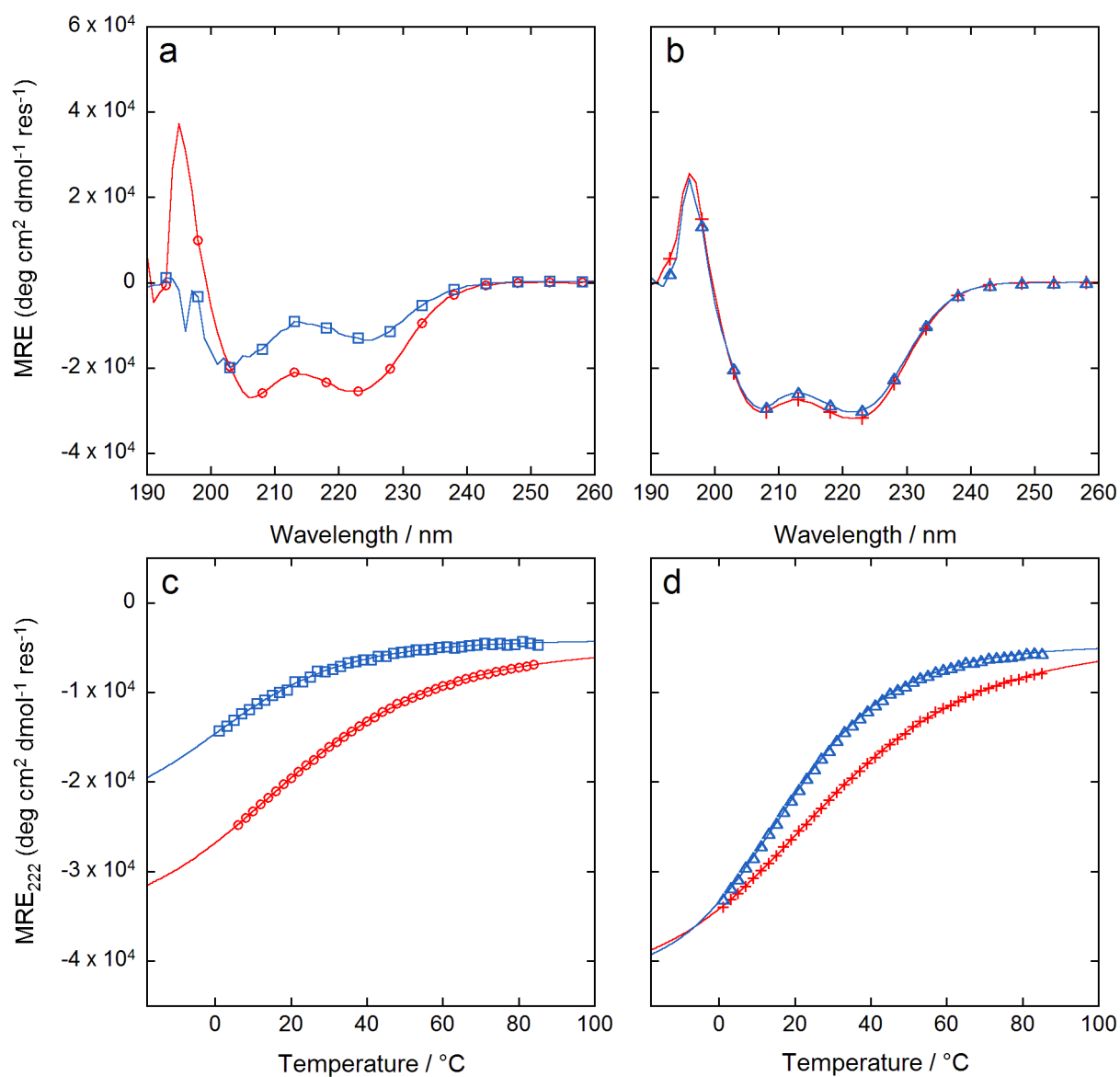
Supplementary Figure 36: Distributions of hydrogen bonds made by (a) Glu (b) Lys and (c) Asn residues at specific positions in α -helices in the PDB.¹ All residue positions at least 4 positions in sequence away from the termini were categorized as 'central'. Hydrogen bonds made by the side chain of each residue were categorized according to the hydrogen bond donor type (blue, no hydrogen bonds; red, ≥ 1 hydrogen bond to water; green, ≥ 1 hydrogen bond to a side-chain atom; purple, ≥ 1 hydrogen bond to a main-chain atom). The total of these were expressed as a percentage for each category at each position.



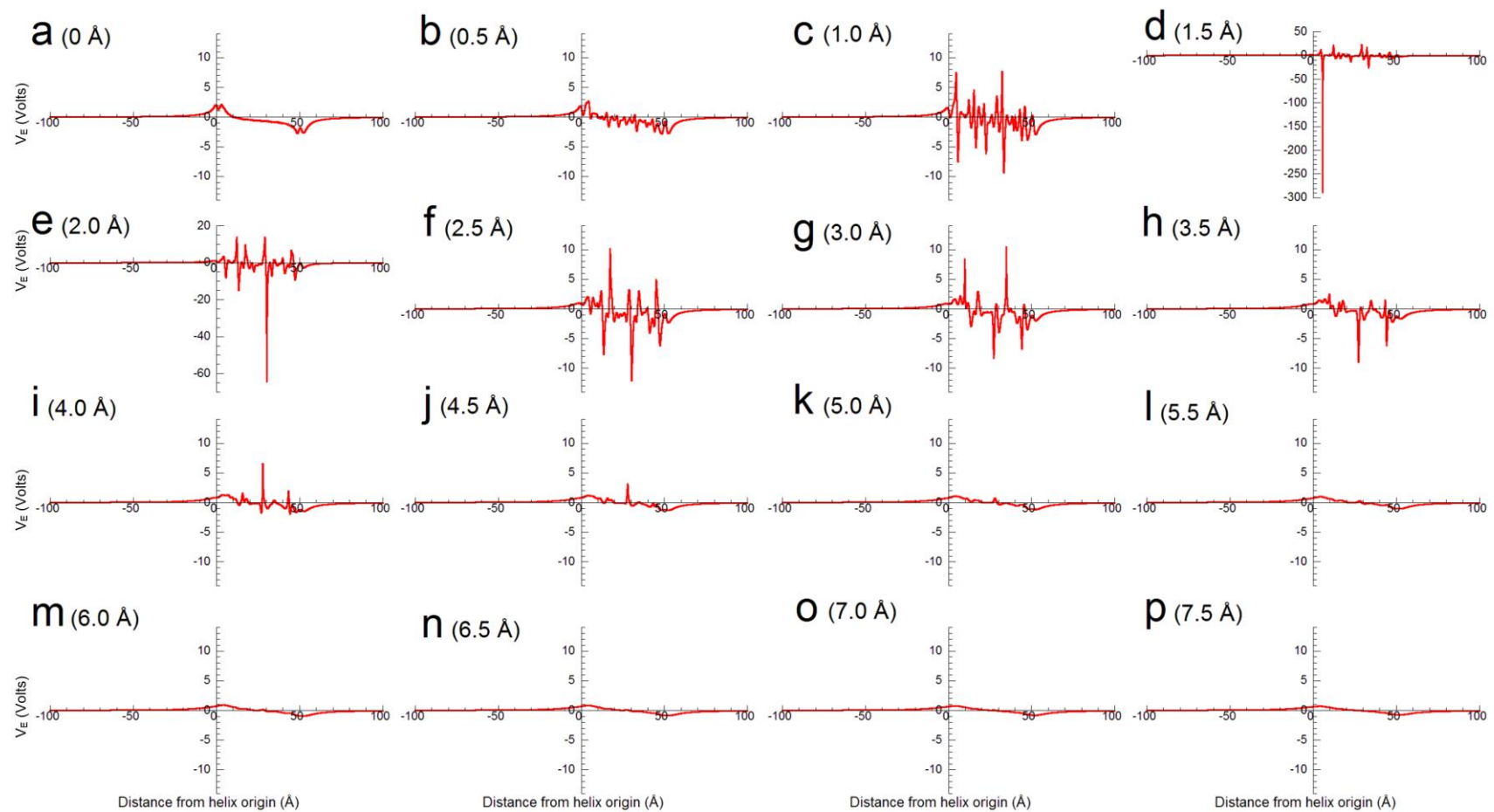
Supplementary Figure 37: Overlays of different types of salt bridge examined in this analysis, taken from central helical pairs only. $E_i \rightarrow K_{i+4}$ average RMSD, $1.79 \text{ \AA} \pm 1.03$, $n=25$; $K_i \rightarrow E_{i+4}$ average RMSD, $1.08 \text{ \AA} \pm 0.72$, $n=52$; $E_i \rightarrow K_{i+3}$ average RMSD $1.09 \text{ \AA} \pm 0.66$, $n=60$; $K_i \rightarrow E_{i+3}$ average RMSD $2.27 \text{ \AA} \pm 0.84$, $n=43$.



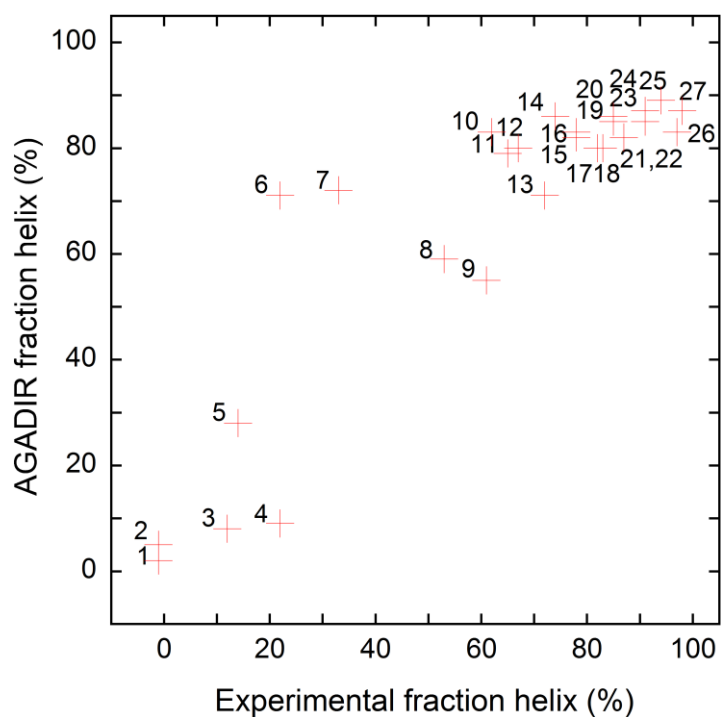
Supplementary Figure 38: χ_1, χ_2 distributions and conformers for $E_i \rightarrow K_{i+3}$ and $K_i \rightarrow E_{i+3}$ pairs in high-resolution X-ray crystal structures. (**a-d**) Normalized frequency plots of preferred χ_1, χ_2 angles for glutamate (**a&d**) and lysine (**b&c**) residues in $E_i \rightarrow K_{i+3}$ (**a&c**) and $K_i \rightarrow E_{i+3}$ (**b&d**) pairs. Key: white bars indicate the frequency of each rotamer found in all α -helices; pale bars indicate pairs where no salt bridge is made; dark bars indicate pairs where a salt bridge is formed; and red colouring is for Glu and blue for Lys. For the $E_i \rightarrow K_{i+3}$ pairs, there is one dominant rotamer combination, with Glu (g^-g^-) plus Lys (g^-t) (**e**, 46 examples (77%)), and three minor combinations (**f,g,h**, 6, 5 and 3 examples respectively) with Glu;Lys ($g^-g^-;tt$), Glu;Lys ($tg^+;tt$) and Gly;Lys ($tg^+;g^-t$) respectively; whereas for the $K_i \rightarrow E_{i+3}$ pairs, there are two preferred combinations (**i&j**, Lys;Glu ($tg^+;tt$), 15 examples and Lys;Glu ($g^-g^-;g^-t$), 11 examples; 60% of all pairs), two less preferred combinations (**k&l**, Lys;Glu ($g^-g^-;tt$), 7 examples and Lys;Glu ($tg^+;g^-t$), 6 examples) and two minor combinations (**m&n**, Lys;Glu ($g^-t;tt$) and Lys;Glu ($tg^+;tg^-$), 2 examples each). Examples of these are shown in panels **e** – **n**, which are taken from (**e**), PDB 1c1d, A159-A162; (**f**), PDB 3vmk, A20-A23; (**g**), PDB 3eki, A74-A77; (**h**), PDB 2w6a, A462-A465; (**i**), PDB 1f1e, A122-A125; (**j**) PDB 1fcy, A352-A355; (**k**) PDB 1iom, A292-A295; (**l**) PDB 1xoc, A468-A471; (**m**) PDB 1t1u, A74-A77; (**n**) PDB 3mxz, A26-A29. Images generated with PyMol (www.pymol.org).



Supplementary Figure 39: Secondary structure of $-(E_3K_3)_4-$ and $-(K_3E_3)_4-$ based peptides in solution. (a&b) CD spectra at 5°C: (a) $(E_3K_3)_4$ (red circles) and $(K_3E_3)_4$ (blue squares); (b) $A_4(E_3K_3)_4A_4$ (red crosses) and $A_4(K_3E_3)_4A_4$ (blue triangles). (c&d) Thermal denaturation curves of the peptides followed at 222 nm. Fits to the data using the Gibbs-Helmholtz equation are shown by solid lines: (c) $(E_3K_3)_4$ (red circles) and $(K_3E_3)_4$ (blue squares); (d) $A_4(E_3K_3)_4A_4$ (red crosses) and $A_4(K_3E_3)_4A_4$ (blue triangles). Note the sharper transition for $A_4(K_3E_3)_4A_4$ in (d). Each measurement in b&d was repeated three times using freshly prepared samples each time, and the average plotted.

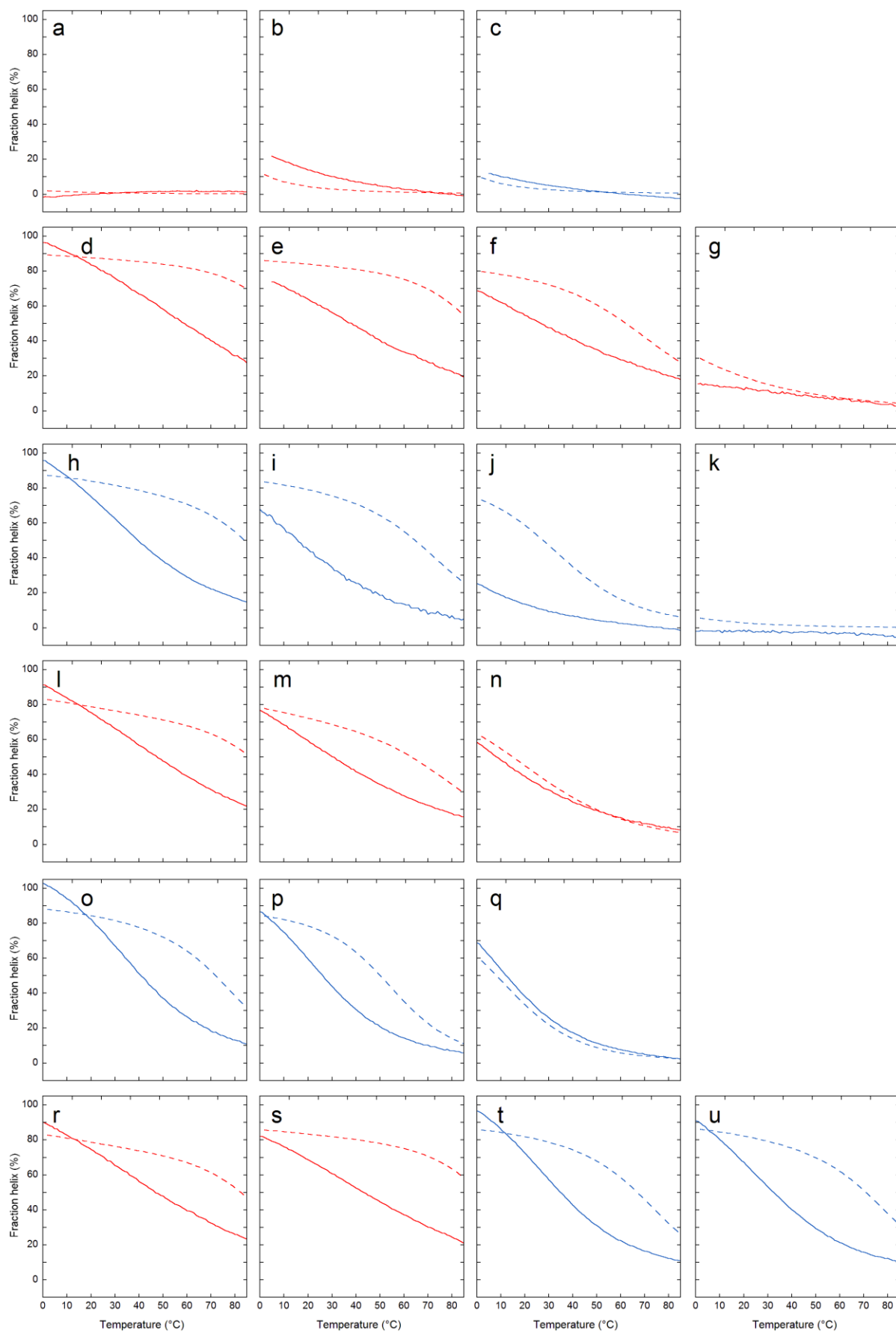


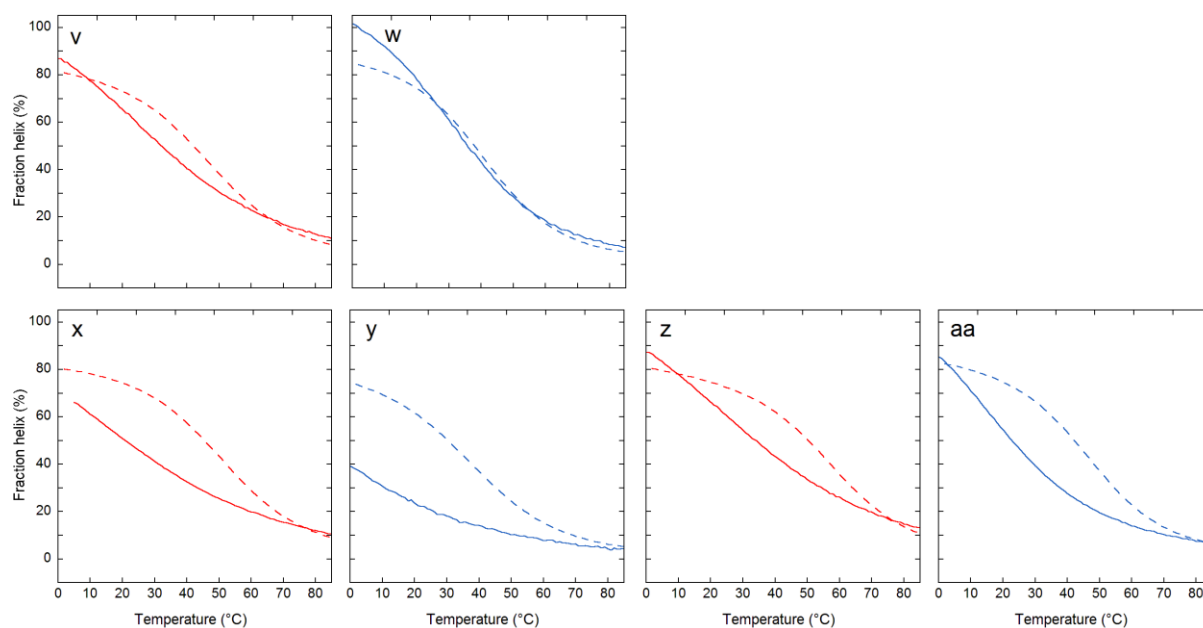
Supplementary Figure 40: The electrostatic potential, $V_E(x,0,z)$, of a 32 residue polyaniline α -helix. V_E was calculated at various distances, x (shown in brackets), parallel to the long helix axis (z), $y = 0$. The N-terminus of the helix is at the origin. *N.B.* the increased scale for V_E in parts (**d**) and (**f**) is the result of x being very close to a single point charge.



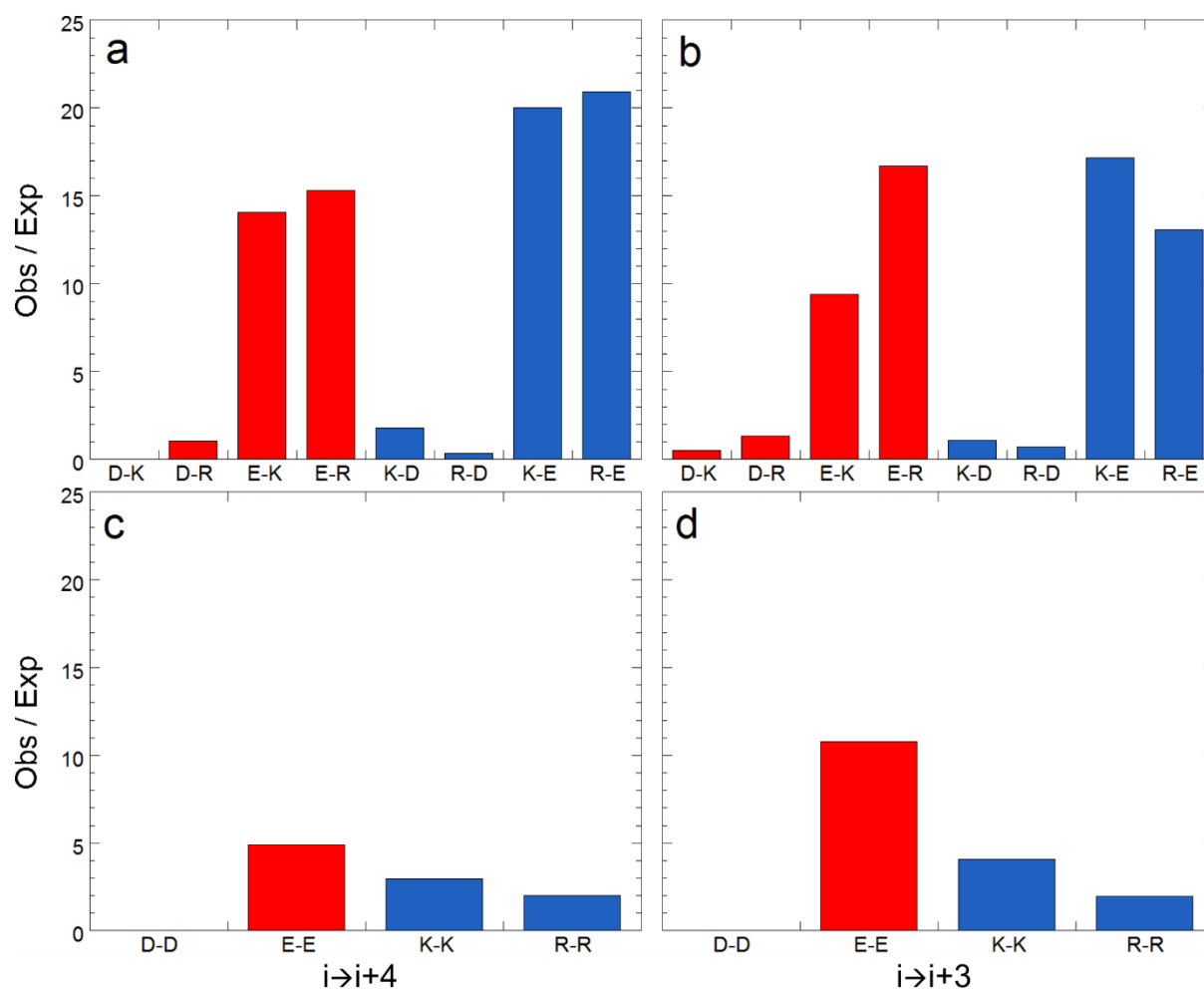
Supplementary Figure 41: Percent helicities of the following peptides predicted by AGADIR² (at 5 °C and ionic strength 0.1661 M) vs. those observed experimentally by CD spectroscopy:

1 (E ₂ K ₂) ₆	10 (K ₄ E ₄) ₃	19 (E ₄ K ₄) ₃ A ₄
2 (K ₄ E ₄)	11 (E ₄ K ₄) ₂	20 (K ₄ E ₄) ₃ A ₄
3 (KE) ₁₂	12 (E ₃ K ₃) ₄	21 A ₄ (E ₄ K ₄) ₃
4 (EK) ₁₂	13 A ₄ (E ₄ K ₄) ₂ A ₄	22 A ₄ (E ₄ K ₄) ₃ A ₄
5 (E ₄ K ₄)	14 (E ₄ K ₄) ₃	23 A ₄ (K ₄ E ₄) ₃
6 (K ₄ E ₄) ₂	15 A ₄ (K ₃ E ₃) ₄ A ₄	24 (K ₄ E ₄) ₄
7 (K ₃ E ₃) ₄	16 A ₄ (K ₄ E ₄) ₂ A ₄	25 (E ₄ K ₄) ₄
8 A ₄ (E ₄ K ₄)A ₄	17 A ₄ (E ₃ K ₃) ₄ A ₄	26 A ₄ (K ₄ E ₄)A ₄ (K ₄ E ₄)A ₄
9 A ₄ (K ₄ E ₄)A ₄	18 A ₄ (E ₄ K ₄)A ₄ (E ₄ K ₄)A ₄	27 A ₄ (K ₄ E ₄) ₃ A ₄





Supplementary Figure 42: AGADIR-predicted² thermal denaturation curves (dashed lines) vs. experiment (solid lines). (a) $(E_2K_2)_6$, (b) $(EK)_{12}$, (c) $(KE)_{12}$, (d) $(E_4K_4)_4$, (e) $(E_4K_4)_3$, (f) $(E_4K_4)_2$, (g) (E_4K_4) , (h) $(K_4E_4)_4$, (i) $(K_4E_4)_3$, (j) $(K_4E_4)_2$, (k) (K_4E_4) , (l) $A_4(E_4K_4)_3A_4$, (m) $A_4(E_4K_4)_2A_4$, (n) $A_4(E_4K_4)A_4$, (o) $A_4(K_4E_4)_3A_4$, (p) $A_4(K_4E_4)_2A_4$, (q) $A_4(K_4E_4)A_4$, (r) $A_4(E_4K_4)_3$, (s) $(E_4K_4)_3A_4$, (t) $A_4(K_4E_4)_3$, (u) $(K_4E_4)_3A_4$, (v) $A_4(E_4K_4)A_4(E_4K_4)A_4$, (w) $A_4(K_4E_4)A_4(K_4E_4)A_4$, (x) $(E_3K_3)_4$, (y) $(K_3E_3)_4$, (z) $A_4(E_3K_3)_4A_4$, (aa) $A_4(K_3E_3)_4A_4$. Key: E \rightarrow K directional peptides, red; K \rightarrow E directional peptides, blue. The predictions made by AGADIR are poor, apart for peptides with low α -helicity. The authors of AGADIR do acknowledge that in cases where there are multiple possible salt bridges the algorithm can over predict α -helical content. We suggest this should be addressed.



Supplementary Figure 43: Observed/expected numbers of D/E/K/R \rightarrow D/E/K/R pairs in a set of nine SAHs* (determined as such by virtue of CD spectroscopy and/or electron microscopy techniques by others) from non-homologous proteins (<30% overall pairwise sequence identity by CDHit).³ Expected numbers are calculated from our PDB analysis of α -helices. (a&b) Favourably matched $i \rightarrow i+4$ and $i \rightarrow i+3$ pairs respectively and (c&d) unfavourably matched $i \rightarrow i+4$ and $i \rightarrow i+3$ pairs respectively. Key: D, aspartic acid; E, glutamic acid; K, lysine; R, arginine. Where the side chain of residue "i" bears a negative charge (D,E) the data is coloured red; blue is used for K or R (positively charged side chain) when at this position. Where possible the sequence from the human protein was used. If there was more than one assignment in the literature for which region of the protein constitutes the SAH, we took the longest.

*Uniprot codes and SAH sequences used (D and E are coloured red, K and R blue, to highlight the repeating blocks of four E followed by four of either R or K typical to most SAHs):

>Q9HD67|MYO10_HUMAN Unconventional myosin-X SAH domain: 808-931^{4,5}

YRQLLA**EKREQEEK**KKQ**EEEEK**KK**REERERERERREAE**LRAQQ**EEET**RKQ**QEE**LEALQKSQ**KEA**ELT
RELEK**QKENQ**V**EE**IL**RLEKE**IEDLQ**R**M**KEQ**Q**EL**SLTEASLQ**KLQ**ERRD**QEL**RRLE

>Q9H3P7|GCP60_HUMAN Golgi resident protein SAH domain: 174-247^{4,6}

TYVASH**KIEKEEQEK**KR**KEEEE**RRR**REERER**LQ**KEEK**RR**REERER**LR**REERER**RR**IEER**LRLEQ
QKQQ**IMAALNSQTAVQ**

>Q9UM54|MYO6_HUMAN Unconventional myosin-VI SAH domain: 808-931^{4,7}

KSS**E**LLSALQ**KKK**Q**EEEA**ERL**RIQE**EM**EKER**KR**REED**E**KRRR**KE**EEER**RM**KL**EM**EAKR**K**QEEER**
KK**REDE**KRIQ**AEV**EAQLAR**QKEE**SQQQAVLE**QERR**D**REL**ALRIAQ**SEAE**L

>O95819|M4K4_HUMAN Mitogen-activated protein kinase kinase kinase 4 SAH domain: 361-480^{4,6}
 QENKERS~~E~~ALRRQQLLQEQQLRE~~Q~~EYKRQLLAERQKR~~I~~EQQKEQRRRL~~E~~EQRRREARRQQEREQR
 RRE~~Q~~EKRRLE~~E~~LE~~R~~RRKE~~E~~ER~~R~~RA~~E~~EEKRRVERE~~Q~~EYIR~~R~~QLE~~E~~EQRHLE

>Q05682|CALD1_HUMAN Caldesmon SAH domain: 181-420^{4,8}
 EENK~~K~~ED~~K~~E~~K~~EEEE~~E~~E~~K~~PKRGSIGENQVEVMV~~E~~E~~K~~TT~~E~~SQ~~E~~ETVVM~~S~~LKNGQIS~~S~~EE~~P~~K~~Q~~EEEE~~R~~EQGS
 DEISHHE~~K~~ME~~E~~ED~~K~~ERAE~~A~~ERARLE~~A~~EE~~R~~ERIKAE~~Q~~DKKI~~A~~DERARIE~~A~~EE~~K~~AAA~~Q~~ERER~~R~~E~~A~~EE~~R~~ER
 MR~~E~~EE~~K~~RAA~~E~~ER~~Q~~RI~~K~~EE~~E~~KRAA~~E~~ER~~Q~~RI~~K~~EE~~E~~KRAA~~E~~ER~~Q~~RI~~K~~EE~~E~~KRAA~~E~~ER~~Q~~RAR~~E~~EEEE~~K~~AKVE
 EQ~~K~~R~~N~~K~~Q~~LE~~E~~KKHAMQ~~E~~TKIK~~G~~E~~K~~VE~~Q~~KIE~~G~~KWVNE

>Q13402|MYO7A_HUMAN Unconventional myosin-VIIa SAH domain: 870-935^{4,9}
 EKMR~~L~~A~~E~~EE~~K~~L~~R~~KE~~M~~SA~~K~~K~~A~~KE~~E~~A~~R~~KHQ~~E~~RLA~~Q~~L~~A~~RE~~D~~A~~E~~RE~~L~~KE~~K~~EAA~~R~~RR~~K~~ELL~~E~~Q~~M~~ERARHE

>A2EUZ9|A2EUZ9_TRIVA Kelch motif family protein SAH domain: 869-1068¹⁰
 K~~K~~EEEE~~E~~KK~~Q~~KEE~~Q~~ERL~~A~~KEE~~A~~ER~~K~~Q~~E~~EE~~Q~~ERL~~A~~KEE~~A~~ER~~K~~Q~~E~~EEEE~~R~~K~~Q~~EEEE~~R~~K~~Q~~EEEE~~R~~KL~~K~~E
 EQ~~E~~R~~K~~AA~~E~~EE~~K~~K~~A~~KEE~~A~~ER~~K~~AK~~E~~EQ~~E~~R~~K~~A~~E~~EE~~R~~KK~~E~~EEEE~~R~~LER~~E~~R~~R~~KE~~R~~EE~~Q~~E~~K~~K~~A~~KEE~~A~~ER~~I~~AK~~L~~E~~A~~E
 K~~K~~A~~E~~EE~~R~~K~~A~~KEE~~E~~ER~~K~~A~~E~~EE~~E~~ER~~K~~KEE~~Q~~ERL~~A~~KE~~K~~EE~~A~~ER~~K~~AA~~E~~EE~~K~~K~~A~~KEE~~Q~~ER~~K~~E~~K~~EE~~A~~ER~~K~~

>Q9TW28|MYOM_DICDI Myosin-M heavy chain SAH domain: 931-1042¹¹
 DF~~E~~QLVILE~~N~~K~~R~~K~~E~~EE~~R~~KK~~E~~LE~~R~~Q~~R~~K~~E~~EE~~E~~ER~~Q~~KE~~L~~ER~~Q~~RR~~E~~EE~~K~~ELER~~K~~RR~~K~~EE~~E~~RE~~L~~ER~~Q~~R~~K~~EE~~E~~KE~~Q~~
 ER~~K~~RR~~E~~EE~~K~~E~~Q~~ER~~K~~KK~~E~~KE~~I~~E~~K~~RR~~K~~EE~~E~~KK~~K~~KK~~N~~E~~Q~~NLSLPSL

>P02417|RL9_GEOSE 50S ribosomal protein SAH domain: 41-74¹²
 PANL~~K~~A~~L~~E~~A~~Q~~K~~Q~~K~~E~~Q~~R~~Q~~AA~~E~~ELAN~~A~~K~~K~~L~~K~~E~~Q~~L~~E~~K

Peptide name	$i \rightarrow i+4$				$i \rightarrow i+3$				Total no. $i \rightarrow i+4$ pairs (opposite/same charge)	Total no. $i \rightarrow i+3$ pairs (opposite/same charge)	Fraction helix / %
	EE	EK	KE	KK	EE	EK	KE	KK			
(E ₂ K ₂) ₆	10 (50)	0 (0)	0 (0)	10 (50)	5 (23.8)	6 (28.6)	5 (23.8)	5 (23.8)	20 (0 / 20)	21 (11 / 10)	-1
(EK) ₁₂	10 (50)	0 (0)	0 (0)	10 (50)	0 (0)	11 (52.4)	10 (47.6)	0 (0)	20 (0 / 20)	21 (21 / 0)	22
(KE) ₁₂	10 (50)	0 (0)	0 (0)	10 (50)	0 (0)	10 (47.6)	11 (52.4)	0 (0)	20 (0 / 20)	21 (21 / 0)	12
(E ₄ K ₄) ₄	0 (0)	16 (57.1)	12 (42.9)	0 (0)	4 (13.8)	12 (41.4)	9 (31)	4 (13.8)	28 (28 / 0)	29 (21 / 8)	94
(E ₄ K ₄) ₃	0 (0)	12 (60)	8 (40)	0 (0)	3 (14.3)	9 (42.9)	6 (28.6)	3 (14.3)	20 (20 / 0)	21 (15 / 6)	74
(E ₄ K ₄) ₂	0 (0)	8 (66.7)	4 (33.3)	0 (0)	2 (15.4)	6 (46.2)	3 (23.1)	2 (15.4)	12 (12 / 0)	13 (9 / 4)	65
(E ₄ K ₄) ₁	0 (0)	4 (100)	0 (0)	0 (0)	1 (20)	3 (60)	0 (0)	1 (20)	4 (4 / 0)	5 (3 / 2)	14
(K ₄ E ₄) ₄	0 (0)	12 (42.9)	16 (57.1)	0 (0)	4 (13.8)	9 (31)	12 (41.4)	4 (13.8)	28 (28 / 0)	29 (21 / 8)	91
(K ₄ E ₄) ₃	0 (0)	8 (40)	12 (60)	0 (0)	3 (14.3)	6 (28.6)	9 (42.9)	3 (14.3)	20 (20 / 0)	21 (15 / 6)	62
(K ₄ E ₄) ₂	0 (0)	4 (33.3)	8 (66.7)	0 (0)	2 (15.4)	3 (23.1)	6 (46.2)	2 (15.4)	12 (12 / 0)	13 (9 / 4)	22
(K ₄ E ₄) ₁	0 (0)	0 (0)	4 (100)	0 (0)	1 (20)	0 (0)	3 (60)	1 (20)	4 (4 / 0)	5 (3 / 2)	-1
A ₄ (E ₄ K ₄) ₃ A ₄	0 (0)	12 (42.9)	8 (28.6)	0 (0)	3 (10.3)	9 (31)	6 (20.7)	3 (10.3)	28 (20 / 0)	29 (15 / 6)	87
A ₄ (E ₄ K ₄) ₂ A ₄	0 (0)	8 (40)	4 (20)	0 (0)	2 (9.5)	6 (28.6)	3 (14.3)	2 (9.5)	20 (12 / 0)	21 (9 / 4)	72
A ₄ (E ₄ K ₄) ₁ A ₄	0 (0)	4 (33.3)	0 (0)	0 (0)	1 (7.7)	3 (23.1)	0 (0)	1 (7.7)	12 (4 / 0)	13 (3 / 2)	53
A ₄ (K ₄ E ₄) ₃ A ₄	0 (0)	8 (28.6)	12 (42.9)	0 (0)	3 (10.3)	6 (20.7)	9 (31)	3 (10.3)	28 (20 / 0)	29 (15 / 6)	98
A ₄ (K ₄ E ₄) ₂ A ₄	0 (0)	4 (20)	8 (40)	0 (0)	2 (9.5)	3 (14.3)	6 (28.6)	2 (9.5)	20 (12 / 0)	21 (9 / 4)	78
A ₄ (K ₄ E ₄) ₁ A ₄	0 (0)	0 (0)	4 (33.3)	0 (0)	1 (7.7)	0 (0)	3 (23.1)	1 (7.7)	12 (4 / 0)	13 (3 / 2)	61
A ₄ (E ₄ K ₄) ₃	0 (0)	12 (50)	8 (33.3)	0 (0)	3 (12)	9 (36)	6 (24)	3 (12)	24 (20 / 0)	25 (15 / 6)	87
(E ₄ K ₄) ₃ A ₄	0 (0)	12 (50)	8 (33.3)	0 (0)	3 (12)	9 (36)	6 (24)	3 (12)	24 (20 / 0)	25 (15 / 6)	85
A ₄ (K ₄ E ₄) ₃	0 (0)	8 (33.3)	12 (50)	0 (0)	3 (12)	6 (24)	9 (36)	3 (12)	24 (20 / 0)	25 (15 / 6)	91
(K ₄ E ₄) ₃ A ₄	0 (0)	8 (33.3)	12 (50)	0 (0)	3 (12)	6 (24)	9 (36)	3 (12)	24 (20 / 0)	25 (15 / 6)	85
A ₄ (E ₄ K ₄)A ₄ (E ₄ K ₄)A ₄	0 (0)	8 (33.3)	0 (0)	0 (0)	2 (8)	6 (24)	0 (0)	2 (8)	24 (8 / 0)	25 (6 / 4)	83
A ₄ (K ₄ E ₄)A ₄ (K ₄ E ₄)A ₄	0 (0)	0 (0)	8 (33.3)	0 (0)	2 (8)	0 (0)	6 (24)	2 (8)	24 (8 / 0)	25 (6 / 4)	97
(E ₃ K ₃) ₄	3 (12.5)	8 (40)	6 (30)	3 (12.5)	0 (0)	12 (57.1)	9 (42.9)	0 (0)	20 (14 / 0)	21 (21 / 0)	67
(K ₃ E ₃) ₄	3 (12.5)	6 (30)	8 (40)	3 (12.5)	0 (0)	9 (42.9)	12 (57.1)	0 (0)	20 (14 / 0)	21 (21 / 0)	33
A ₄ (E ₃ K ₃) ₄ A ₄	3 (9.38)	8 (28.6)	6 (21.4)	3 (9.38)	0 (0)	12 (41.4)	9 (31)	0 (0)	28 (14 / 0)	29 (21 / 0)	82
A ₄ (K ₃ E ₃) ₄ A ₄	3 (9.38)	6 (21.4)	8 (28.6)	3 (9.38)	0 (0)	9 (31)	12 (41.4)	0 (0)	28 (14 / 0)	29 (21 / 0)	78

Supplementary Table 1: Inventory of all possible $i \rightarrow i+3/4$ E/K \rightarrow E/K interactions in the fully helical states of the designed peptides. Numbers of potential ion pairs are in bold type, and the percentage of possible pairs is given in brackets (terminal glycine and tryptophan/tyrosine residues were disregarded when counting the total number of possible $i \rightarrow i+3/4$ pairs).

Peptide	Peptide mass / Da	AUC mass / Da	x monomer mass	99% confidence limits
(E ₄ K ₄) ₃	3447	3958	1.1	3928 – 3988
(K ₄ E ₄) ₃	3447	3786	1.1	3749 – 3797
A ₄ (E ₄ K ₄) ₃ A ₄	4015	4431	1.1	4404 – 4457
A ₄ (K ₄ E ₄) ₃ A ₄	4015	4599	1.1	4560 – 4638

Supplementary Table 2: AUC sedimentation equilibrium data.

Supplementary Tables 3-6: ^1H chemical shifts of $(\text{E}_4\text{K}_4)_3$, $(\text{K}_4\text{E}_4)_3$, $(\text{K}_4\text{E}_4)_4$ and $\text{A}_4(\text{K}_4\text{E}_4)_3\text{A}_4$.

Residue	HN / ppm	H α / ppm	H β / ppm	Others
G1	8.53	3.98, 3.98		
E2	8.80	4.11	-	-
E3	8.80	4.08	-	-
E4	8.21	4.04	-	-
E5	8.22	4.04	-	-
K6	8.09	4.02	1.88	H γ 1.36
K7	7.93	4.11	-	-
K8	8.05	4.11 – 4.07*	-	-
K9	8.05	4.11 – 4.07*	-	-
E10	8.22	4.05	-	-
E11	8.29	4.08	2.18, 2.10	H γ 2.41, 2.30
E12	8.25	4.04	-	-
E13	8.31	4.04	2.13, 2.05	H γ 2.41, 2.32
K14	8.06	4.03	-	-
K15	7.99	4.11	1.91	-
K16	8.02	4.09	-	-
K17	8.02	4.09	-	-
E18	8.18	4.04	-	-
E19	8.25	4.04	-	-
E20	8.25	4.04	-	-
E21	8.17	4.00	-	-
K22	7.85	3.93	1.84	-
K23	7.75	4.05	1.84	H γ 1.35
K24	7.80	3.99	1.80	-
K25	7.93	4.12	-	-
G26	8.12	3.92, 3.84		
W27	7.95	4.63	3.31, 3.24	2H 7.14 4H 7.62 5H 7.12 6H 7.21 7H 7.46 NH 10.19

Supplementary Table 3: ^1H chemical shifts of $(\text{E}_4\text{K}_4)_3$. Much of the side chain region could not be assigned due to signal overlap.

*A range is given where the assignment is ambiguous due to spectral crowding.

Residue	HN / ppm	H α / ppm	H β / ppm	Others
G1	8.47	3.96, 3.91		
K2	8.48	4.18	-	-
K3	8.44	4.23	1.83	H γ 1.50, 1.41
K4	8.13	4.19	-	-
K5	8.25	4.16	-	-
E6	8.49	4.11	-	-
E7	8.34	4.12	-	-
E8	8.33	4.09	-	-
E9	8.41	4.09	-	-
K10	8.10	4.09	-	-
K11	8.00	4.16	-	-
K12	8.05	4.13	-	-
K13	8.07	4.15	-	-
E14	8.28	4.09	-	-
E15	8.33	4.09	-	-
E16	8.28	4.09	-	-
E17	8.33	4.09	-	-
K18	8.03	4.09	-	-
K19	7.97	4.12	1.88	-
K20	8.01	4.13	-	-
K21	8.02	4.13	-	-
E22	8.17	3.99	2.06	H γ 2.39
E23	8.14	4.07	-	-
E24	8.09	3.91	-	-
E25	8.25	4.14	1.97	H γ 2.34, 2.24
G26	8.14	3.90, 3.88		
W27	7.90	4.65	3.32, 3.29	2H 7.22 4H 7.66 5H 7.14 6H 7.22 7H 7.48 NH 10.23

Supplementary Table 4: ^1H chemical shifts of $(\text{K}_4\text{E}_4)_3$. Much of the side chain region could not be assigned due to signal overlap.

Residue	HN / ppm	H α / ppm	H β / ppm	Others
G1	8.47	3.96, 3.91		
K2	8.49	4.17	1.82	-
K3	8.43	4.22	1.83	H γ 1.49
K4	8.10	4.18	-	-
K5	8.22	4.16	-	-
E6	8.47	4.1	-	-
E7	8.33	4.11	-	-
E8	8.32	4.08	-	-
E9	8.40	4.07	-	-
K10	8.08	4.08	-	-
K11	7.97	4.15	-	-
K12	8.03	4.14 – 4.12*	-	-
K13	8.05	4.15	-	-
E14	8.27	4.08	-	-
E15	8.34	4.1	-	-
E16	8.30	4.08	-	-
E17	8.36	4.07	-	-
K18	8.08	4.08	-	-
K19	8.08	4.08	-	-
K20	8.00	4.14	-	-
K21	8.03	4.14 – 4.12*	-	-
E22	8.23	4.14	-	-
E23	8.30	4.08	-	-
E24	8.26	4.06	-	-
E25	8.31	4.06	-	-
K26	8.00	4.07	-	-
K27	7.93	4.11	-	-
K28	7.98	4.12	-	-
K29	7.98	4.12	-	-
E30	8.13	3.98	-	-
E31	8.11	4.06	-	-
E32	8.07	3.89	-	-
E33	8.23	4.07	-	-
G34	8.11	3.91, 3.88		
W35	7.90	4.65	3.33, 3.29	2H 7.22 4H 7.66 5H 7.14 6H 7.22 7H 7.47 NH 10.25

Supplementary Table 5: ^1H chemical shifts of $(\text{K}_4\text{E}_4)_4$. Much of the side chain region could not be assigned due to signal overlap.

*A range is given where the assignment is ambiguous due to spectral crowding.

Residue	HN / ppm	H α / ppm	H β / ppm	Others
G1	8.52	4.01, 3.91		
A2	8.67	4.21	1.45	-
A3	8.61	4.16	1.46	-
A4	7.99	4.15 – 4.12*	1.43	-
A5	8.04	4.16	1.48	-
K6	8.06	4.10	-	
K7	7.85	4.16	1.91, 1.89	H γ 1.69
K8	7.96	4.14	-	-
K9	7.91	4.16	2.01, 1.93	-
E10	8.29	4.07	-	-
E11	8.39	4.09	-	-
E12	8.35	4.11 – 4.08*	-	-
E13	8.42	4.07	-	-
K14	8.07	4.08	-	-
K15	7.97	4.14	-	-
K16	8.01	4.12	-	-
K17	8.01	4.15	-	-
E18	8.25	4.08	2.08	H γ 2.53
E19	8.34	4.11 – 4.08*	-	-
E20	8.3	4.07	-	-
E21	8.36	4.07	-	-
K22	8.05	4.08	-	-
K23	7.96	4.14	-	-
K24	7.99	4.13	-	-
K25	7.99	4.16	-	-
E26	8.23	4.08	2.23, 2.08	2.53, 2.28
E27	8.35	4.11 – 4.08*	-	-
E28	8.35	4.11 – 4.08*	-	-
E29	8.41	4.07	-	-
A30	8.06	4.10	1.42	-
A31	7.93	4.11	1.45	-
A32	7.82	4.06	1.40	-
A33	7.78	4.21	1.33	-
G34	7.97	3.90, 3.86		
W35	7.87	4.67	3.33, 3.27	2H 7.22 4H 7.66 5H 7.14 6H 7.22 7H 7.48 NH 10.25

Supplementary Table 6: ^1H chemical shifts of $\text{A}_4(\text{K}_4\text{E}_4)_3\text{A}_4$. Much of the side chain region could not be assigned due to signal overlap.

*A range is given where the assignment is ambiguous due to spectral crowding.

Peptide	$\Delta G_f / \text{kJ mol}^{-1}$	$\Delta H_f / \text{kJ mol}^{-1}$	$\Delta S_f / \text{J K}^{-1} \text{mol}^{-1}$	Fraction helix / % (calc.)	Fraction folded / % (data fitting)
(E ₄ K ₄) ₄	-4.0	-23.7	-71	94	85
(E ₄ K ₄) ₃	-3.2	-29.8	-96	74	80
(E ₄ K ₄) ₂	-1.4	-22.7	-77	65	65
(E ₄ K ₄)	-	-	-	14	-
(K ₄ E ₄) ₄	-3.7	-39.9	-131	91	81
(K ₄ E ₄) ₃	-1.5	-38.1	-132	62	65
(K ₄ E ₄) ₂	-	-	-	22	-
(K ₄ E ₄)	-	-	-	-1	-
A ₄ (E ₄ K ₄) ₃ A ₄	-3.0	-26.2	-83	87	79
A ₄ (E ₄ K ₄) ₂ A ₄	-1.7	-27.2	-92	72	68
A ₄ (E ₄ K ₄)A ₄	-0.3	-33.1	-118	53	53
A ₄ (K ₄ E ₄) ₃ A ₄	-4.4	-47.0	-153	98	87
A ₄ (K ₄ E ₄) ₂ A ₄	-3.1	-51.2	-173	79	79
A ₄ (K ₄ E ₄)A ₄	-1.3	-51.7	-181	61	64
A ₄ (E ₄ K ₄) ₃	-2.9	-26.6	-85	87	78
(E ₄ K ₄) ₃ A ₄	-3.0	-25.8	-82	85	79
A ₄ (K ₄ E ₄) ₃	-3.6	-47.4	-158	91	83
(K ₄ E ₄) ₃ A ₄	-3.0	-43.0	-144	85	79
A ₄ (E ₄ K ₄)A ₄ (E ₄ K ₄)A ₄	-3.0	-41.0	-137	83	79
A ₄ (K ₄ E ₄)A ₄ (K ₄ E ₄)A ₄	-4.8	-56.5	-186	97	89
(E ₃ K ₃) ₄	-1.7	-34.6	-119	67	68
(K ₃ E ₃) ₄	0.06	-40.7	-147	33	48
A ₄ (E ₃ K ₃) ₄ A ₄	-2.6	-35.5	-118	82	74
A ₄ (K ₃ E ₃) ₄ A ₄	-2.1	-48.4	-167	78	71

Supplementary Table 7: Gibbs' free energies (at 5 °C) and enthalpies of folding with estimated entropies for each peptide calculated from a direct fit of the thermal denaturation data. The enthalpies of folding for all **-(K_xE_x)-** based peptides are better than equivalent **-(E_xK_x)-** peptides. For reference, experimental fractions helix (5 °C) are given as calculated directly from the MRE at 222 nm (calc.),^{13,14} (Table 1) and by the data fitting.

a	$E_i \rightarrow K_{i+4}$					$K_i \rightarrow E_{i+4}$				
	Helix region	Observed in sequence	Expected in sequence ^a	Observed / Expected	Observed in structure ^b	% salt bridges made	Observed in sequence	Expected in sequence ^a	Observed / Expected	Observed in structure ^b
N-terminal region	309	195	1.58	33	10.7	162	107	1.51	29	17.9
Central helical region	259	146	1.77	25	9.7	251	155	1.62	52	20.7
C-terminal region	292	175	1.67	34	11.6	305	152	2.00	71	23.2
Total	860	523	1.64	92	10.7	718	413	1.74	152	21.2

b	$E_i \rightarrow K_{i+3}$					$K_i \rightarrow E_{i+3}$				
	Helix region	Observed in sequence	Expected in sequence ^a	Observed / Expected	Observed in structure ^b	% salt bridges made	Observed in sequence	Expected in sequence ^a	Observed / Expected	Observed in structure ^b
N-terminal region	277	193	1.44	56	20.2	160	101	1.58	28	17.5
Central helical region	271	175	1.55	60	22.1	272	177	1.54	43	15.8
C-terminal region	303	179	1.69	83	27.4	246	153	1.61	37	15.0
Total	851	547	1.56	199	23.4	678	431	1.57	108	15.6

c	$E_i \rightarrow E_{i+4}$					$K_i \rightarrow K_{i+4}$					
	Helix region	Observed in sequence	Expected in sequence ^a	Observed / Expected	Mean side-chain atom distance ^c (Å)	% residues $\leq 4\text{Å}$ apart ^d	Observed in sequence	Expected in sequence ^a	Observed / Expected	Mean side-chain atom distance ^c (Å)	% residues $\leq 4\text{Å}$ apart ^d
	N-terminal region	289	223	1.30	6.7 (2.2)	9.7	100	94	1.07	8.6 (2.7)	1.0
	Central helical region	231	187	1.23	6.5 (2.1)	10.0	147	121	1.21	9.7 (2.8)	1.0
	C-terminal region	222	186	1.19	6.0 (1.9)	12.6	155	144	1.08	8.5 (2.5)	1.3
	Total	742	596	1.25	6.4 (2.1)	10.6	402	359	1.12	9.0 (2.7)	1.0

d	$E_i \rightarrow E_{i+3}$					$K_i \rightarrow K_{i+3}$					
	Helix region	Observed in sequence	Expected in sequence ^a	Observed / Expected	Mean side-chain atom distance ^c (Å)	% residues $\leq 4\text{Å}$ apart ^d	Observed in sequence	Expected in sequence ^a	Observed / Expected	Mean side-chain atom distance ^c (Å)	% residues $\leq 4\text{Å}$ apart ^d
	N-terminal region	266	218	1.22	7.7 (2.0)	4.5	89	91	0.97	9.0 (2.2)	1.1
	Central helical region	222	214	1.23	7.6 (2.2)	4.5	168	145	1.16	9.7 (2.8)	1.2
	C-terminal region	197	189	1.04	7.2 (2.1)	7.6	131	144	0.91	9.8 (2.6)	1.5
	Total	685	621	1.10	7.5 (2.1)	5.1	388	380	1.02	9.5 (2.4)	1.3

Supplementary Table 8: Results from sequence and structural analysis of the Protein Data Bank. Numbers of attractive (**a&b**) $E_i \rightarrow K_{i+4}$, $K_i \rightarrow E_{i+4}$, $E_i \rightarrow K_{i+3}$, and $K_i \rightarrow E_{i+3}$ and repulsive (**c&d**) $E_i \rightarrow E_{i+4}$, $K_i \rightarrow K_{i+4}$, $E_i \rightarrow E_{i+3}$, and $K_i \rightarrow K_{i+3}$ pairs in α -helices. ^aExpected numbers of pairs were estimated using the natural abundance of each residue in the dataset. ^bSalt bridges were considered to be formed if the distance between Lys $N\zeta$ and the centroid of (Glu $O\epsilon_1$, $O\epsilon_2$) was $\leq 4\text{Å}$. ^cFor the repulsive pairs, the mean shortest distance between side-chain atoms was recorded (standard deviation in brackets), along with ^dthe percentage of repulsive residue pairs with sub-4 Å distances between them. For comparison, the propensities of Glu vs Lys at various positions within α -helical structure are as follows: N-terminal region, 1.24 vs 1.26; central region, 0.88 vs 0.98; and C-terminal region (1 vs 1.26).

$E_i \rightarrow$ $K_{i+4} \downarrow$	<i>tt</i>		<i>tg⁺</i>		<i>tg⁻</i>		<i>g⁺t</i>		<i>g⁺g⁺</i>		<i>g⁺g⁻</i>		<i>g⁻t</i>		<i>g⁻g⁺</i>		<i>g⁻g⁻</i>			
<i>tt</i>	8.58	6.88	4.06	1.62	0.54	0.40	0.18	0.00	0.07	0.00	0.00	0.00	15.40	19.84	0.00	0.00	7.57	6.88		
	1	0.00	x	0.00	3	0.40	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>tg⁺</i>	2.02	2.43	0.96	0.40	0.13	0.00	0.04	0.00	0.02	0.00	0.00	0.00	3.63	1.62	0.00	0.00	1.79	0.40		
	x	0.00	2	0.00	4	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>tg⁻</i>	0.28	0.81	0.13	0.00	0.02	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.50	0.00	0.00	0.00	0.25	0.81		
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁺t</i>	0.16	0.00	0.08	0.40	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.29	0.40	0.00	0.00	0.14	0.00		
	1	0.00	x	0.00	8	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁺g⁺</i>	0.05	0.40	0.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.08	0.00	0.00	0.00	0.04	0.00		
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁺g⁻</i>	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁻t</i>	10.23	20.24	4.84	3.24	0.64	0.00	0.21	0.40	0.09	0.00	0.00	0.00	18.36	15.38	0.00	0.00	9.03	7.29		
	12	6.88	8	2.45	22	0.00	5	0.00	x	0.00	x	0.00	1	0.00	x	0.00	2	0.00		
<i>g⁻g⁺</i>	0.09	0.00	0.04	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.17	0.40	0.00	0.00	0.08	0.00		
	13	0.00	21	0.00	26	0.00	5	0.00	x	0.00	x	0.00	1	0.00	x	0.00	7	0.00		
<i>g⁻g⁻</i>	2.16	2.43	1.02	4.05	0.14	0.00	0.05	0.00	0.02	0.00	0.00	0.00	3.88	2.43	0.00	0.00	1.91	0.81		
	6	0.00	10	0.40	15	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	2	0.00		
Totals																			100	247
																			n/a	25

$E_i \rightarrow$ $K_{i+4} \downarrow$	<i>X</i>	
<i>Y</i>	(a)	(b)
	(c)	(d)

X: χ_1, χ_2 rotamers for Glu

Y: χ_1, χ_2 rotamers for Lys

(a) Expected percentage of dataset with this rotamer combination, based on joint probabilities of individual amino acid rotamers

(b) Observed percentage of pairs with this rotamer combination in sequence

(c) Number of full rotamer combinations (max 27) that have the potential to make a salt bridge,

x = rotamer combination doesn't exist

(d) Observed percentage of pairs with this rotamer combination that make a salt bridge

($O_{\epsilon 1}/O_{\epsilon 2} \dots N_{\zeta} < 4 \text{ \AA}$)

$E_{i+4} \rightarrow$ $K_i \downarrow$	<i>tt</i>		<i>tg⁺</i>		<i>tg⁻</i>		<i>g⁺t</i>		<i>g⁺g⁺</i>		<i>g⁺g⁻</i>		<i>g⁻t</i>		<i>g⁻g⁺</i>		<i>g⁻g⁻</i>	
<i>tt</i>	8.58	8.13	4.06	3.66	0.54	0.00	0.18	0.00	0.07	0.00	0.00	0.00	15.40	34.96	0.00	0.00	7.57	4.88
	3	0.00 ^d	×	0.00	×	0.00	5	0.00	×	0.00	×	0.00	12	15.60	×	0.00	5	0.82
<i>tg⁺</i>	2.02	0.00	0.96	1.22	0.13	0.00	0.04	0.41	0.02	0.00	0.00	0.00	3.63	2.03	0.00	0.00	1.79	3.66
	3	0.00	5	0.41	×	0.00	2	0.41	×	0.00	×	0.00	12	0.41	×	0.00	14	0.82
<i>tg⁻</i>	0.28	1.63	0.13	0.81	0.02	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.50	0.41	0.00	0.00	0.25	0.00
	13	1.20	11	0.00	2	0.00	18	0.00	×	0.00	×	0.00	26	0.41	×	0.00	14	0.00
<i>g⁺t</i>	0.16	0.41	0.08	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.29	0.41	0.00	0.00	0.14	0.00
	×	0.00	×	0.00	×	0.00	2	0.00	×	0.00	×	0.00	5	0.41	×	0.00	×	0.00
<i>g⁺g⁺</i>	0.05	0.00	0.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.08	0.00	0.00	0.00	0.04	0.00
	×	0.00	×	0.00	×	0.00	17	0.00	×	0.00	×	0.00	12	0.00	×	0.00	×	0.00
<i>g⁺g⁻</i>	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	5	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00
<i>g⁻t</i>	10.23	6.10	4.84	3.66	0.64	2.44	0.21	0.00	0.09	0.00	0.00	0.00	18.36	13.82	0.00	0.00	9.03	4.47
	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	2	0.00	×	0.00	×	0.00
<i>g⁻g⁺</i>	0.09	0.00	0.04	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.17	0.00	0.00	0.00	0.08	0.00
	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00
<i>g⁻g⁻</i>	2.16	1.63	1.02	0.81	0.14	0.41	0.05	0.00	0.02	0.00	0.00	0.00	3.88	2.03	0.00	0.00	1.91	2.03
	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	×	0.00	3	0.41	×	0.00	3	0.00

Totals

100	246
n/a	52

$E_i \rightarrow$ $K_{i+3} \downarrow$	<i>tt</i>		<i>tg⁺</i>		<i>tg⁻</i>		<i>g⁺t</i>		<i>g⁺g⁺</i>		<i>g⁺g⁻</i>		<i>g⁻t</i>		<i>g⁻g⁺</i>		<i>g⁻g⁻</i>	
<i>tt</i>	8.58	6.95	4.06	10.42	0.54	0.39	0.18	0.00	0.07	0.39	0.00	0.00	15.40	9.65	0.00	0.00	7.57	11.58
	x	0.00	9	1.93	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	9	2.32
<i>tg⁺</i>	2.02	0.39	0.96	0.00	0.13	0.00	0.04	0.00	0.02	0.00	0.00	0.00	3.63	1.93	0.00	0.00	1.79	0.39
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00
<i>tg⁻</i>	0.28	0.00	0.13	0.00	0.02	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.50	0.00	0.00	0.00	0.25	0.00
	x	0.00	8	0.00	1	0.00	2	0.00	x	0.00	x	0.00	x	0.00	x	0.00	6	0.00
<i>g⁺t</i>	0.16	0.39	0.08	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.29	0.00	0.00	0.00	0.14	0.00
	9	0.00	24	0.00	8	0.00	x	0.00	x	0.00	x	0.00	6	0.00	x	0.00	25	0.00
<i>g⁺g⁺</i>	0.05	0.00	0.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.08	0.39	0.00	0.00	0.04	0.00
	5	0.00	21	0.00	14	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	8	0.00
<i>g⁺g⁻</i>	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00
<i>g⁻t</i>	10.23	3.86	4.84	8.11	0.64	0.39	0.21	0.00	0.09	0.00	0.00	0.00	18.36	11.58	0.00	0.00	9.03	29.34
	x	0.00	5	1.20	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	9	17.76
<i>g⁻g⁺</i>	0.09	0.00	0.04	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.17	0.00	0.00	0.00	0.08	0.39
	x	0.00	2	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	5	0.00
<i>g⁻g⁻</i>	2.16	1.16	1.02	0.77	0.14	0.39	0.05	0.00	0.02	0.00	0.00	0.00	3.88	0.77	0.00	0.00	1.91	0.39
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00

Totals	
100	259
n/a	60

$E_{i+3} \rightarrow$ $K_i \downarrow$	<i>tt</i>		<i>tg⁺</i>		<i>tg⁻</i>		<i>g⁺t</i>		<i>g⁺g⁺</i>		<i>g⁺g⁻</i>		<i>g⁻t</i>		<i>g⁻g⁺</i>		<i>g⁻g⁻</i>			
<i>tt</i>	8.58	4.20	4.06	1.53	0.54	0.00	0.18	0.00	0.07	0.00	0.00	0.00	15.40	10.31	0.00	0.00	7.57	3.44		
	x	0.00	x	0.00	x	0.00	3	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>tg⁺</i>	2.02	8.40	0.96	0.00	0.13	0.00	0.04	0.00	0.02	0.38	0.00	0.00	3.63	8.78	0.00	0.00	1.79	0.76		
	7	5.73	x	0.00	6	0.00	22	0.00	x	0.00	x	0.00	5	2.30	x	0.00	x	0.00		
<i>tg⁻</i>	0.28	0.38	0.13	0.00	0.02	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.50	0.00	0.00	0.00	0.25	0.00		
	x	0.00	x	0.00	2	0.00	6	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁺t</i>	0.16	0.00	0.08	0.00	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.29	0.76	0.00	0.00	0.14	0.00		
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁺g⁺</i>	0.05	0.00	0.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.08	0.00	0.00	0.00	0.04	0.00		
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁺g⁻</i>	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁻t</i>	10.23	12.98	4.84	3.05	0.64	0.38	0.21	1.15	0.09	0.00	0.00	0.00	18.36	20.61	0.00	0.00	9.03	4.58		
	x	0.76	x	0.00	x	0.00	1	0.00	x	0.00	x	0.00	x	0.00	x	0.00	x	0.00		
<i>g⁻g⁺</i>	0.09	0.00	0.04	0.38	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.17	0.38	0.00	0.00	0.08	0.00		
	x	0.00	x	0.00	x	0.00	7	0.00	x	0.00	x	0.00	5	0.00	x	0.00	x	0.00		
<i>g⁻g⁻</i>	2.16	4.58	1.02	0.38	0.14	0.00	0.05	0.00	0.02	0.00	0.00	0.00	3.88	10.69	0.00	0.00	1.91	0.76		
	7	2.67	x	0.00	x	0.00	18	0.00	x	0.00	x	0.00	9	4.20	x	0.00	x	0.00		
Totals																			100	262
																			n/a	43

Supplementary Table 9: χ_1, χ_2 rotamer combinations for $E_i \rightarrow K_{i+4}$, $K_i \rightarrow E_{i+4}$, $E_i \rightarrow K_{i+3}$, $K_i \rightarrow E_{i+3}$ pairs. Grey shaded boxes indicate rotamer combinations that are disallowed in α -helices and therefore they were not counted in the analysis. Green shaded boxes identify the rotamer combinations that do have the potential to form salt bridges. The number in the green box expresses the number of rotamers within each χ_1, χ_2 category which have the potential to form salt bridges. Within each χ_1, χ_2 category, there are 3 possible rotamers for Glu and 9 possible rotamers for Lys, giving a maximum 27 rotamers per box. Yellow shaded boxes identify the rotamer combinations making salt bridges that are observed in α -helices in the PDB. Numbers (a), (b) and (d) in the table are expressed as percentages for the purposes of comparison: the total for each category is in the lower right-hand box for raw number extrapolation. Total possible rotamer combinations for each pair: $E_i \rightarrow K_{i+4}$, 175 (13.5%);

$K_i \rightarrow E_{i+4}$, 189 (14.6%); $E_i \rightarrow K_{i+3}$, 176 (13.6%); $K_i \rightarrow E_{i+3}$, 98 (7.6%). Notably, $K_i \rightarrow E_{i+4}$ has the better orientations to make salt bridge interactions with 21% made/14.6% expected compared with 11% made/13.5% expected for $E \rightarrow K_{i+4}$. Moreover, for 38% of the rotamer combinations for $E \rightarrow K_{i+4}$ pairs, salt bridges were not possible, whereas for $K_i \rightarrow E_{i+4}$ this number reduced to 24%.

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