

Supplemental Material Figure 3
Quiz to Determine Parental Comprehension

- 1) I can call the study staff
 - a) 2 times each week
 - b) 1 time each month
 - c) Any time I have a question
 - d) Staff will only call if they have a question for me
- 2) My child will wear the actigraphy watch
 - a) When it works for me
 - b) 2 weeks
 - c) Weekends only
 - d) At set scheduled times
- 3) The information I will need to write on the sleep diary form includes:
 - a) Time 'lights are off for the night' for my child to go to sleep
 - b) When my child wakes up for the day
 - c) Any time my child wakes up after lights are out for the night
 - d) All of the above
- 4) I will need to do the following steps for the actigraphy watch device: **Circle all that apply**
 - a) Push the interval button at lights out for bedtime
 - b) Push the button when my child wakes the next morning
 - c) Take the watch off when my child goes to sleep each night
 - d) Remove the watch when my child takes a bath and write this time on the diary form
- 5) I can call the study staff any time I have a question
 - a) Yes, if yes, how would you find the number to call the staff? _____
 - b) No, if no, when is it OK to call the staff? _____
- 6) If my child cannot wear the actigraphy device on his/her wrist, I cannot be part of this project?
 - a) False
 - b) True
- 7) The words '**lights out**' on the sleep diary form means:
 - a) When I turn on the bedside lamp to read my child a story
 - b) When my child has finished a snack
 - c) When I leave the room, turn off the light and expect that my child would go to sleep for the night.
 - d) When I have put my child back in bed at least 2 times after I expect him/her to fall asleep