Supplementary Material

Methods

Microarrays & Ingenuity Pathway Analysis

RNA concentration was measured using a Nanodrop ND-1000 and RNA integrity was assessed using the Bioanalyzer 2100 (Agilent). Total RNA was labeled on a sample-by-sample basis according to manufacturer's guidelines for use with the Affymetrix Human Gene 1.0 ST Array (Affymetrix, Inc). Labeled cRNA were hybridized to these arrays in blinded interleaved fashion. The Affymetrix scanner 3000 was used in conjunction with Affymetrix GeneChip Operation Software to generate one .CEL file per hybridized cRNA. These files have been deposited in NCBI GEO (http://www.ncbi.nlm.ni[h.gov/geo/\) a](http://www.ncbi.nlm.nih.gov/geo/))nd are available for download (GSE66988). The Affymetrix Expression Console was next used to summarize the data contained across all .CEL files and generate 33,297 RMA normalized gene fragment expression values per file. Quality of the resulting values was challenged and assured via Tukey box plot, covariance-based PCA scatter plot, and correlation-based heat map using functions supported in "R" (www.cran.r-project.org). Lowess modeling of the data (CV~mean expression) was performed to characterize noise for the system and discard gene fragments having noise-biased data (all RMA expression values < 7). For gene fragments not discarded, differential expression across sample classes was tested for via ANOVA under BH FDR MCC condition (alpha = 0.05). Gene fragments having a corrected $p<0.05$ by this test were subset and post hoc analysis performed using the TukeyHSD test. Gene fragments with a p<0.05 by this test and an absolute difference of means \geq 1.5 for a class comparison were subset as those having differential expression between those classes respectively. Gene annotations for these subset fragments were obtained from Ingenuity Pathway Analysis (www.ingenuity.com) as were the corresponding enriched functions and pathways. Ingenuity Pathway Analysis software was used to create diagrams for comparing biological pathways and determining canonical pathways. "Core Analysis" was performed on the gene fragments having a corrected p<0.05 in both young HVs and MS patient monocytes to determine the canonical pathways significantly affected by myelin debris phagocytosis and disease status using a right-tailed Fisher Exact Test. The software determines these significant pathways based on the 1) known list of genes in that pathway, 2) the total number of genes in our platform, and 3) the number of significantly altered genes in both our dataset and a given pathway. p<0.05 for the genes

differentially regulated in the given pathway. The threshold $(>1%)$ represents that these pathways have a p<0.01. Additionally, the Ratio indicates the ratio of genes enriched in our pathway compared to the total number of known genes in that pathway.

PCR Arrays and qPCR

Isolated RNA was converted to cDNA using the QuantiTect Reverse Transcription Kit (Qiagen). cDNA from 8 samples/group (for conventional PPARγ qPCR) and pooled from 6 samples in each group (for PCR Arrays) was added to SYBR Green qPCR SuperMix (Bio-Rad). For Human PPAR Targets PCR Array (SABiosciences), pooled samples were added to plates with primer pairs for 84 genes in the PPAR pathway. For qPCR analysis of PPARγ, Forward primers: AGT CCT CAC AGC TGT TTG CCA AGC and Reverse primers: GAG CGG GTG AAG ACT CAT GTC TGT C (IDT DNA) were added to cDNA/SYBR Green mixes. Plates were run on a CFX96 Detection System (Bio-Rad). Data normalization was performed using Excel 2010. Relative quantification was used to compare samples to untreated controls, resulting in ∆Ct values used to calculate relative fold changes. The genes significantly affected by MS disease state and pioglitazone treatment ($|FC| > 1.5$) were plotted.

Electrochemiluminescence immunoassays (ECLIA)

The standard protocol for the developed assays was as follows using the MesoScale Discovery system; standard binding plates were coated with 30 μ l of working solution of capture antibody (R&D Systems, MAB3833) and stored at 4 °C overnight. The next morning, the coating solution was aspirated, and plates were blocked with 150 µl of 1% BSA in PBS 1X for 2h at RT on a shaker at 200 rpm. After washing plates 3 times with PBS-T, 25 µl of each supernatant sample was added to each well, and the plates were incubated for 2h at RT on a shaker at 200 rpm. Plates were washed again 3x with PBS-T. 25 µl of working solution of detection antibody (R&D Systems, BAF383) was added to each well, and the plates were incubated as above. The plates were then washed and incubated 1h with 25μ l of 0.25 µg/ml Sulfo-tag labeled Streptavidin solution (MesoScale Diagnostics). Finally, plates were washed 3 times with PBS-T and 150 µl of 2 fold-concentrated Read Buffer was added for the SI2400 image analyzer (MesoScale Diagnostics). The standard curve was generated from a serial dilution of standard proteins in 1% BSA in PBS with CVs <20%.

Supplementary Figure 1. Demographic data for healthy volunteers (HV) and MS patients. A) Demographic characteristics, including age, race, gender, and history of treatment with disease modifying therapies, for the three subject groups (young HV, old HV, and MS patients). B) Pretreatment of patients with disease modifying MS drugs did not significantly affect the phagocytosis index.

Treatment

Supplementary Figure 2. M1/M2 macrophage polarization from human CD14+ monocytes.

Cells were cultured and differentiated for 7 days in pro- and anti-inflammatory conditions towards M1 and M2 polarization. Effects of pioglitazone treatment and myelin debris phagocytosis on CD163 expression on CD11b+ macrophages were determined by flow cytometry.

Supplementary Table 1. Genes important in monocyte function and phagocytosis are

dysregulated in MS patient monocytes. Ingenuity pathway analysis was used to determine genes changed in the top canonical pathways in MS patients.

Supplementary Figure 3. Pioglitazone reverses impaired expression and activation of PPARγ pathways in MS patient monocytes. Monocytes from HV and MS patients were treated with myelin debris and pioglitazone, and cDNA was isolated. A) The PPAR Targets PCR Array (SABiosciences) was used to determine changes in genes in the PPAR pathway. Fold changes were calculated by comparing HV or MS cells to resting controls. The heat map depicts genes in the PPAR pathway with $|FC| > 1.5$, showing PPAR-related genes upregulated in phagocytosing HV monocytes compared to phagocytosing MS patient cells. Pioglitazone enhanced expression of genes in the PPAR pathway in MS monocytes. Green=upregulated, Red=downregulated, n=6/group. B) Fold changes in PPARγ expression were determined by conventional qPCR. PPARγ expression is significantly greater in phagocytosing HV monocytes compared to MS patients, and expression increased after pioglitazone treatment in both HV and MS monocytes. Two-way repeated-measures ANOVA with Tukey's test, **p<0.01, ***p<0.001, n=8/group.

Supplementary Table 2. Proteins in MS patient monocyte supernatants affected by myelin phagocytosis and pioglitazone treatment (relative to resting controls). Using SOMAscan technology, pioglitazone was found to enhance several proteins involved in antioxidant functions, anti-inflammatory activation of monocytes, and growth factor signalling.

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