

**Supplementary Table 2.** Item loadings for the two-factor solution of the Seoul-Instrumental Activities of Daily Living

Item number	Items	Factor loading	
		1	2
2	Shopping	0.955	-0.254
6	Walk outdoors	0.830	-0.007
4	Household chores	0.788	-0.108
9	Grooming	0.759	0.033
5	Using transportation	0.743	0.023
12	Unlock and close entrance door	0.659	0.134
10	Using household appliances	0.650	0.161
8	Managing finance	0.573	0.237
1	Using the telephone	0.555	0.331
15	Leisure/Hobbies activities	0.433	-0.009
3	Preparing food/cooking	0.283	0.074
14	Talking recent events	-0.069	0.925
13	Keeping appointment	-0.018	0.879
11	Managing belongings	-0.116	0.839
7	Taking medications	0.272	0.559
	Eigenvalue	7.035	1.362
	Variance (%)	46.898	9.080

N: 110, factor 1: non-memory-related functioning, factor 2: memory-related functioning