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Appendix 1. Comparison Between Test Subjects and Matched Controls

Characteristic	Operative Test Group (n = 25)	Operative Control Group (n = 50)	<i>P</i>	Nonoperative Test Group (n = 17)	Nonoperative Control Group (n = 34)	<i>P</i>
Mean age, y	26.76 ± 2.51	27.14 ± 2.94	0.581	27.53 ± 3.69	27.62 ± 3.63	0.935
Mean height, in	79.84 ± 2.69	79.46 ± 3.06	0.600	80.18 ± 3.76	79.50 ± 3.86	0.555
Mean weight, lbs	221.12 ± 27.09	219.72 ± 26.82	0.832	229.00 ± 29.41	225.65 ± 27.97	0.693
Mean BMI	24.32 ± 1.99	24.49 ± 1.78	0.884	24.94 ± 1.57	25.03 ± 1.88	0.866
Position						
PG (n, %)	2 (8.0)	7 (14.0)	0.709	3 (17.6)	7 (20.6)	0.999
SG (n, %)	4 (16.0)	8 (32.0)	0.999	3 (17.6)	3 (8.8)	0.387
SF (n, %)	8 (32.0)	15 (30.0)	0.999	1 (5.9)	6 (17.6)	0.401
PF (n, %)	8 (32.0)	10 (20.0)	0.266	4 (23.5)	6 (17.6)	0.714
C (n, %)	3 (12.0)	10 (20.0)	0.524	6 (35.3)	12 (35.3)	0.999
GP	67.60 ± 14.62	61.64 ± 19.54	0.189	64.18 ± 15.32	66.74 ± 19.19	0.635
GS	32.52 ± 28.77	33.82 ± 29.85	0.858	35.06 ± 33.74	40.09 ± 29.97	0.590
PER	13.74 ± 3.63	13.40 ± 4.13	0.729	14.67 ± 3.56	14.07 ± 3.65	0.580
MPG	24.22 ± 8.38	24.42 ± 9.81	0.931	23.24 ± 10.13	25.34 ± 9.43	0.468
Points per 36 min	14.07 ± 2.69	14.63 ± 5.60	0.641	15.29 ± 4.73	14.16 ± 3.12	0.309
FG per 36 min	5.20 ± 1.01	5.63 ± 2.06	0.334	5.89 ± 1.74	5.34 ± 1.31	0.210
FGA per 36 min	11.48 ± 1.65	12.44 ± 4.33	0.172	12.34 ± 3.45	10.42 ± 3.61	0.085
FG percentage	45.25 ± 6.00	45.02 ± 6.15	0.877	46.53 ± 5.70	45.78 ± 6.41	0.684
3P per 36 min	1.01 ± 1.57	0.63 ± 0.90	0.274	0.54 ± 0.75	0.44 ± 0.70	0.645
3PA per 36 min	2.34 ± 2.83	1.74 ± 2.34	0.338	1.64 ± 2.20	1.07 ± 1.67	0.305
3P percentage	34.93 ± 5.06	37.27 ± 4.22	0.216	31.08 ± 7.99	34.36 ± 7.89	0.356
FT per 36 min	2.90 ± 1.39	2.76 ± 1.50	0.699	2.88 ± 1.46	3.01 ± 1.33	0.758
FTA per 36 min	4.10 ± 2.36	3.80 ± 1.97	0.557	4.00 ± 1.60	5.35 ± 3.60	0.160
FT percentage	75.62 ± 9.30	72.41 ± 10.77	0.208	73.82 ± 9.34	72.96 ± 8.30	0.740
Rebounds per 36 min	6.65 ± 2.44	6.51 ± 2.79	0.826	6.67 ± 2.86	6.70 ± 2.90	0.963
Assists per 36 min	2.50 ± 1.43	2.84 ± 2.49	0.534	2.83 ± 2.41	3.00 ± 1.79	0.774
Steals per 36 min	1.11 ± 0.45	1.22 ± 0.73	0.527	1.02 ± 0.64	1.10 ± 0.46	0.622
Blocks per 36 min	0.68 ± 0.60	0.96 ± 0.88	0.108	1.11 ± 0.85	0.95 ± 0.88	0.532
Turnovers per 36 min	2.04 ± 0.75	2.21 ± 0.88	0.409	2.27 ± 0.79	2.18 ± 0.74	0.689
Fouls per 36 min	3.79 ± 1.35	3.90 ± 1.58	0.774	4.02 ± 1.35	3.88 ± 1.70	0.782
Usage percentage	19.02 ± 3.06	19.30 ± 4.50	0.758	20.30 ± 7.00	19.39 ± 4.04	0.556

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3P, 3 pointers; 3PA, 3-point attempt; BMI, body mass index; C, center; FG, field goals; FT, free throws; FTA, free throw attempt; GP, games played; GS, games started; MPG, minutes per game; PER, player efficiency rating; PF, power forward; PG, point guard, SF, small forward; SG, shooting guard.