

Appendix 1. HEART Pathway Assessment Form

HEART Score:		Patient ID _____ <input type="checkbox"/> Initial Assessment <input type="checkbox"/> Second Assessment
History:		
<u>High-Risk Features:</u> <ul style="list-style-type: none"> • Middle- or left-sided • Heavy chest pain • Diaphoresis • Radiation • N/V • Exertional • Relief of symptoms by sublingual nitrates 	<u>Low-Risk Features:</u> <ul style="list-style-type: none"> • Well localized • Sharp pain • Non-exertional • No diaphoresis • No N/V 	
<input type="checkbox"/> Highly Suspicious	2 points	Mostly high-risk features
<input type="checkbox"/> Moderately Suspicious	1 point	Mixture of high-risk and low-risk features
<input type="checkbox"/> Slightly Suspicious	0 points	Mostly low-risk features
ECG:		
<input type="checkbox"/> New ischemic changes	2 points	<ul style="list-style-type: none"> • Ischemic ST-segment depression • New ischemic T-wave inversions
<input type="checkbox"/> Non-specific changes	1 point	<ul style="list-style-type: none"> • Repolarization abnormalities • Non-specific T wave changes • Non-specific ST-segment depression or elevation • Bundle branch blocks • Pacemaker rhythms • LVH • Early repolarization • Digoxin effect
<input type="checkbox"/> Normal	0 points	<ul style="list-style-type: none"> • Completely normal
Age:		
<input type="checkbox"/> ≥ 65	2 points	
<input type="checkbox"/> 45-64	1 point	
<input type="checkbox"/> <45	0 points	
Risk Factors:		
<input type="checkbox"/> Obesity (BMI ≥30) <input type="checkbox"/> Current or recent (≤90 days) smoker <input type="checkbox"/> Currently treated diabetes mellitus <input type="checkbox"/> Family history of CAD (1 st degree relative <55 y.o.) <input type="checkbox"/> Diagnosed and/or treated hypertension <input type="checkbox"/> Hypercholesterolemia		
<input type="checkbox"/> 3 or more risk factors listed above OR any of the following:	2 points	
<input type="checkbox"/> Known CAD=2 points <input type="checkbox"/> Prior stroke=2 points <input type="checkbox"/> Peripheral arterial disease = 2 points		
<input type="checkbox"/> 1-2 risk factors	1 point	
<input type="checkbox"/> No risk factors	0 points	
Troponin (initial)		
<input type="checkbox"/> >0.120 ng/ml	2 points	
<input type="checkbox"/> 0.041-0.120 ng/ml	1 point	
<input type="checkbox"/> 0-0.040 ng/ml	0 points	
HEART Score (total points)	_____	Add points from each category above

Serial 3 Hour Troponin Measurement:

- Normal, 0-0.040 ng/ml
- Positive, >0.040 ng/ml

HEART Pathway:

- High Risk = HEART score 4 or more, or any positive troponin.
- Low Risk = HEART score 0-3 and negative troponins at 0 and 3 hours

Attending Signature: _____ Date: _____
 Attending Name: _____