

## ONLINE SUPPLEMENT

**E-Table 1:** Population attributable risks of the main modifiable risk factors

	Total			Lima			Urban Puno			Rural Puno			Tumbes		
	P	PR	PAR	P	PR	PAR	P	PR	PAR	P	PR	PAR	P	PR	PAR
<b>Hypertension</b>															
Daily smoking	3.2%	<b>1.76</b>	3.0%	3.2%	<b>2.61</b>	6.0%	2.1%	--	--	0.2%	--	--	5.4%	1.39	3.1%
Heavy alcohol drinking	5.3%	<b>1.61</b>	2.7%	5.5%	1.36	1.5%	6.5%	1.03	0.1%	2.9%	1.82	2.3%	5.8%	1.72	4.6%
Low physical activity	31.9%	0.94	-2.3%	19.1%	1.20	3.7%	21.3%	0.53	-10.6%	25.6%	0.99	-2.7%	54.2%	0.86	-8.0%
2+ hours watching TV	42.7%	1.03	1.1%	48.4%	1.07	3.3%	46.2%	1.13	4.7%	14.3%	0.86	-1.4%	50.9%	1.02	1.1%
Low fruits and vegetables intake	95.9%	2.42	57.9%	93.3%	1.05	4.2%	93.4%	--	--	98.1%	--	--	98.7%	--	--
Obesity	26.9%	<b>2.06</b>	15.7%	31.7%	<b>2.22</b>	22.1%	26.6%	<b>2.52</b>	24.1%	10.1%	<b>2.74</b>	9.5%	31.6%	<b>1.68</b>	12.5%
<b>Diabetes</b>															
Daily smoking	3.2%	1.19	0.8%	3.2%	1.42	1.7%	2.1%	--	--	0.2%	--	--	5.4%	1.39	1.8%
Heavy alcohol drinking	5.3%	0.74	-1.3%	5.5%	2.33	6.7%	6.5%	--	--	2.9%	--	--	5.8%	0.47	-2.4%
Low physical activity	31.9%	1.33	12.0%	19.1%	1.01	0.2%	21.3%	2.19	19.8%	25.6%	1.29	7.5%	54.2%	1.35	17.0%
Daily watching TV (2+ hours)	42.7%	1.33	12.5%	48.4%	1.51	19.8%	46.2%	1.19	7.2%	14.3%	--	--	50.9%	1.45	18.2%
Low fruits and vegetables intake	95.9%	0.65	-51.5%	93.3%	0.55	-71.7%	93.4%	0.68	-42.6%	98.1%	--	--	98.7%	0.51	-95.0%
Obesity	26.9%	<b>2.26</b>	23.9%	31.7%	<b>7.50</b>	61.2%	26.6%	1.59	10.1%	10.1%	1.32	2.4%	31.6%	<b>1.78</b>	19.0%

P = prevalence, PR = prevalence ratio, PAR = population attributable risk\

Bolded estimates are significant (p<0.05)

**E-Figure 1: Study participants flowchart, all sites**

