

Supplementary Table 1: **Early Stage Patient Enrollment, Treatment, and Data Analysis**

239 Consented	
109 in the Usual Care Group	130 in the Intervention Group
105 Completed Baseline Assessment (4 withdrew before baseline)	130 Completed Baseline Assessment (0 withdrew before baseline)
105 Received Usual Care 12 Withdrew, 6 Died	127 Received Intervention 5 Withdrew, 10 Died
87 Completed 12 month Assessment	77 Completed 12 month Assessment*
66 had surgery	52 had surgery
54 had surgery within 3 months of study enrollment	43 had surgery within 3 months of study enrollment
33 had pre-op baseline	38 had pre-op baseline

\*The number of patients in the intervention group that completed 12 month assessment is smaller because the study ended prior to the 12 month assessment for some patients.