

Table s1: Recommendations from the STROBE Statement fulfilled by each article.

Recommendation	Article*																		
	A-1 ¹⁹	A-2 ²⁰	A-3 ²¹	A-4 ²²	A-5 ²³	A-6 ²⁴	A-7 ²⁵	A-8 ²⁶	A-9 ²⁷	A-10 ²⁸	A-11 ²⁹	A-12 ³⁰	A-13 ³¹	A-14 ³²	A-15 ³³	A-16 ³⁴	A-17 ³⁵		
Title and abstract																			
Title and abstract	1	a	1	1	0	1	0	1	1	1	1	1	1	0	1	1	0	1	
		b	1	0	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1
	Subtotal	2-Feb	1-Feb	1-Feb	2-Feb	0	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	1-Feb	2-Feb	2-Feb	1-Feb	2-Feb	
			-100%	-50%	-50%	-100%	0%	-100%	-100%	-100%	-100%	-100%	-100%	-50%	-100%	-100%	-50%	-100%	
Introduction																			
Background/rationale	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Objetives	3	1	0	0	1	0	0	1	1	1	1	1	1	1	1	1	1	1	
		2-Feb	1-Feb	1-Feb	2-Feb	1-Feb	1-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	2-Feb	
			-100%	-50%	-50%	-100%	-50%	-50%	-100%	-100%	-100%	-100%	-100%	-100%	-100%	-100%	-100%	-100%	
Métods																			
Study design	4	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Setting	5	1	1	1	0	0	1	1	0	0	0	1	1	1	1	0	0	1	
Participants	6	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Variables	7	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Data sources/measurement	8	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Bias	9	0	0	0	0	1	0	0	0	1	0	1	1	0	1	0	1	1	
Study size	10	1	1	0	1	1	0	0	0	1	0	0	1	0	1	0	1	1	
Quantitative variables	11		1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
		a	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
		b	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Statistical methods	12	c	0	0	0	0	0	0	0	0	0	0	1	1	0	1	0	0	1
		d	0	0	0	0	1	1	NA	1	1	1	0	NA	0	NA	1	1	NA
		e	0	0	1	0	0	0	0	0	0	0	NA	NA	0	NA	0	0	NA
		Subtotal	Jul-13	Apr-13	Sep-13	Aug-13	Oct-13	Sep-13	8-Dec	Aug-13	Oct-13	Aug-13	10-Dec	11-Nov	Aug-13	11-Nov	Aug-13	Oct-13	11-Nov
		-54%	-31%	-69%	-62%	-77%	-69%	-66%	-62%	-77%	-62%	-83%	-100%	-62%	-100%	-62%	-77%	-100%	
Results																			
Participants	13	a	0	1	0	0	0	0	0	0	0	0	1	0	1	0	0	1	
		b	0	1	0	0	0	0	1	0	0	0	0	1	0	1	0	0	1
		c	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	1
Descriptive data	14	a	1	1	1	1	0	1	1	1	0	0	1	1	1	1	0	1	
		b	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	1
Outcome data	15	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Main results	16	a	1	1	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1
		b	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
		c	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Other analyses	17	0	1	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1	
		3-Aug	6-Aug	4-Aug	4-Aug	1-Aug	4-Aug	5-Aug	4-Aug	3-Aug	3-Aug	4-Aug	8-Aug	4-Aug	8-Aug	4-Aug	3-Aug	8-Aug	
			-38%	-75%	-50%	-50%	-13%	-50%	-63%	-50%	-38%	-38%	-50%	-100%	-50%	-100%	-50%	-38%	-100%
Discussion																			
Key results	18	1	1	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1	
Limitations	19	0	0	1	0	0	1	0	1	0	0	1	1	1	1	1	0	1	
Interpretation	20	0	0	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1	
Generalizability	21	1	0	1	1	0	1	1	1	0	1	1	1	1	1	1	0	1	
		2-Apr	1-Apr	4-Apr	3-Apr	0/0	4-Apr	3-Apr	4-Apr	2-Apr	3-Apr	4-Apr	4-Apr	4-Apr	4-Apr	4-Apr	2-Apr	4-Apr	
			-50%	-25%	-100%	-75%	0%	-100%	-75%	-100%	-50%	-75%	-100%	-100%	-100%	-100%	-50%	-100%	
Other information																			
Funding	22	1	1	1	1	0	1	0	1	1	0	1	1	1	1	0	1	1	
		1-Jan	1-Jan	1-Jan	1-Jan	0/0	1-Jan	0/0	1-Jan	1-Jan	0/0	1-Jan	1-Jan	1-Jan	1-Jan	1-Jan	0/0	1-Jan	
			-100%	-100%	-100%	-100%	0%	-100%	0%	-100%	-100%	0%	-100%	-100%	-100%	-100%	0%	-100%	
		17/30	14/30	20/30	20/30	Dec-30	21/30	20/29	21/30	20/30	18/30	23/29	28/28	20/30	28/28	21/30	18/30	28/28	
			-57%	-47%	-67%	-67%	-40%	-70%	-69%	-70%	-67%	-60%	-79%	-100%	-67%	-100%	-70%	-60%	-100%

*References from each article are describe in the manuscript.