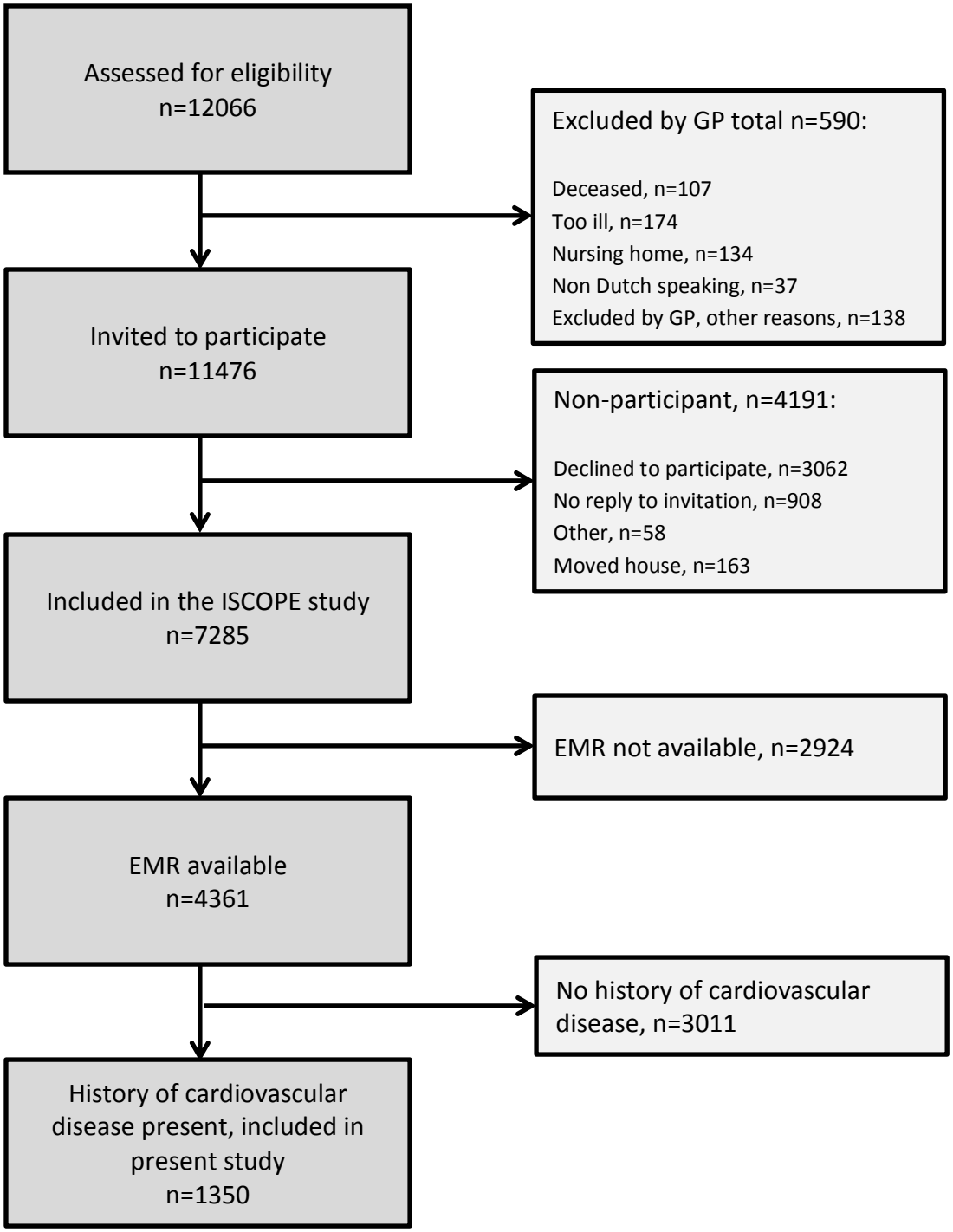Additional online file: Flow chart of participants in the study