

**Web table B Summary of missing data at baseline and at 12 months**

	Data missing at baseline (n (%))	Data missing at 12 months (n (%))
Weight	0	35 (14)
BMI	0	35 (14)
Hip	0	36 (14)
Waist	0	36 (14)
Height *	0	—
Age*	9 (4)	—
Income*	48 (19)	—
Education*	12 (5)	—
Energy	34 (14)	68 (27)
Total fat	29 (12)	64 (26)
Energy expenditure (MET-mins/week)	72 (29)	61 (24)
Pedometer steps a day	79 (32)	93 (37)
Low density lipoprotein	75 (30)	120 (48)
High density lipoprotein	75 (30)	120 (48)
Triglyceride	75 (30)	120 (48)
Total cholesterol	76 (30)	120 (48)

\*Measured at baseline only.

Reasons for missing data at baseline include participants giving a “prefer not to answer” option for income; incorrectly completed food frequency and IPAQ activity questionnaires; failure to use pedometers correctly; failure to attend for blood tests.