

Appendix 1. Overview bottom-up calculation of costs of the integrated care program

<b>Resources</b>	<b>Description</b>	<b>Aggregated costs (£)</b>
<b>Training</b>		
Trainer costs	Training sessions: 5 trainers, time investment 2-42 hours, £ 48 - 89 hour; Preparation training: 2 trainers, 6- 18 hours, £ 62 - 89/ hour.	8,003
Attendance cost	Clinical occupational (n=2), occupational therapist (n=4), physical therapist (n=2)	5,077
Add. training costs	Room rental/ equipment/ refreshments and study material	2,515
Total training costs	Sum trainer costs, attendance cost and additional costs.	15,595
Training costs / patient	Assumption: Every professional can treat 100 patients	<b>63</b>
<b>Time investment</b>		
Health care professionals	Mean hours of investment: clinical occupational physician 2.2, £89/hour; physical therapist 18.1, £48/hour; occupational therapist was 7.6, £47/ hour.	<b>1,015</b>
Total cost per patient	Sum of training costs per patient and cost of time investment health care professionals.	<b>1,077</b>