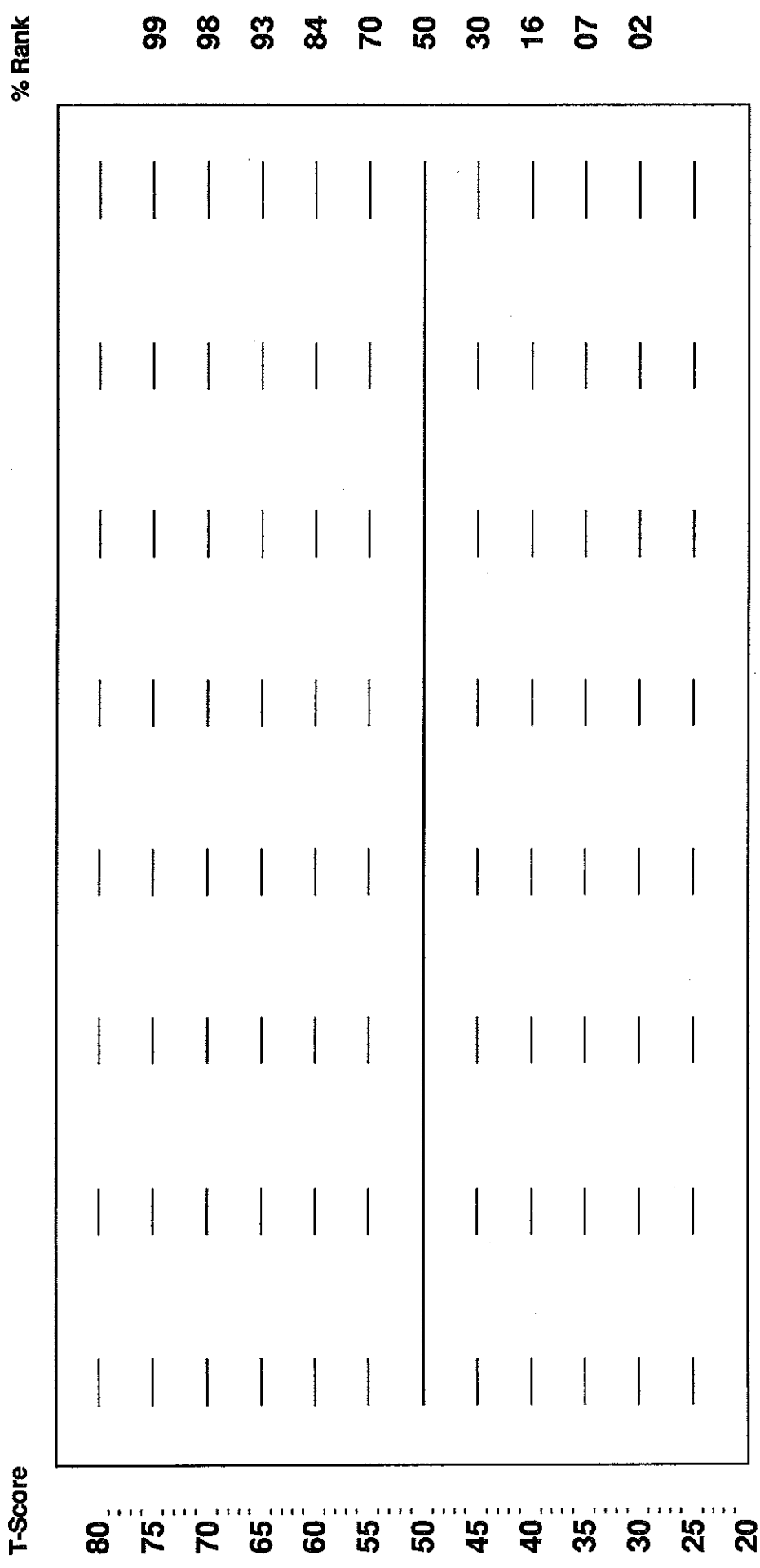


Cancer Rehabilitation Evaluation System (CARES): Patient Profile

Patient Information Name: _____ Date: _____	Please Circle Normative Sample Used: 1. Female Breast Cancer Norm 4. Male Prostate Cancer Norm 2. Female Other than Breast Cancer Norm 5. Male Other than Prostate Cancer Norm 3. Female Combined Cancer Norm 6. Male Combined Cancer Norm
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CARES Global Score	CARES # Prob Endorsed	CARES Aver Sever	PHYSICAL Global Score	PSYCHOSOCIAL Global Score	MEDICAL INTERACTION Global Score	MARITAL Global Score	SEXUAL Global Score
T							
Raw							

PHYSICAL

Ambulation

- ___ 1. diff bend or lift
___ 2. diff walk/move around
___ 3. diff do physical activ.
___ 4. reduction in energy

Activities of Daily Living

- ___ 5. diff driving
___ 6. diff household chores
___ 7. diff bathe, brush groom
___ 8. diff prepare meals

Recreational Activities

- ___ 9. no interest recreat activ
___ 10. not engage recreat activ
___ 11. not enough enjoyable activ
___ 12. diff planning activ

Weight Loss

- ___ 13. cannot gain weight
___ 14. continue to lose weight
___ 15. food unappealing
___ 16. food tastes bad
___ 17. diff swallowing

Difficulty Working

- ___ 18. cancer prevents work
___ 19. cancer interferes work

Pain

- ___ 20. frequently has pain
___ 21. chronic pain scars/surgery
___ 22. pain not controlled medication
___ 23. pain controlled medication

Clothing

- ___ 24. clothes not look good
___ 25. clothes not fit
___ 26. diff find clothes
___ SUM ___ #(1-4) 26 # Potential

MEDICAL INTERACTION

Problems Obtaining Info from Medical Team

- ___ 27. medical team withholds info
___ 28. doctors don't explain what do
___ 29. nurses don't explain what do

Difficulty Communicating with Medical Team

- ___ 30. diff ask doctors questions
___ 31. diff ask nurses questions
___ 32. diff express feelings MD/RN
___ 33. diff tell doctor new symptoms
___ 34. diff understand MD about cancer
___ 35. diff understand RN about cancer

Control of Medical Team

- ___ 36. wants more control over MD
___ 37. wants more control over RN
___ SUM ___ #(1-4) 11 # Potential

***MARITAL**

Communication with Partner

- ___ 103. diff talk feelings
___ 104. diff talk fears
___ 105. diff talk happen after death
___ 106. diff talk future
___ 107. diff talk cancer
___ 108. diff talk wills/financial matters

Affection with Partner

- ___ 109. doesn't feel like embrace,etc
___ 110. partner no feel like embrace, etc.
___ 111. no interest in touch partner
___ 112. partner no interest in touch

Interaction with Partner

- ___ 113. not get along as well usual
___ 114. upset with other more often
___ 115. so much time together, on nerves
___ 116. more distant than usual

Overprotection by Partner

- ___ 117. partner not let do activ capable of
___ 118. partner provides too much care

Neglect of Care by Partner

- ___ 119. partner takes too little care
___ 120. diff ask partner to take care
___ SUM ___ #(1-4) 18,0
Potential Circle

PSYCHOSOCIAL

Body Image

- ___ 38. embarrassed to show body
___ 39. uncomfor show scars
___ 40. uncomfor with body changes

Psychological Distress

- ___ 41. frequently anxious
___ 42. frequently depressed
___ 43. frequently angry
___ 44. frequently upset
___ 45. frequently overwhelmed by cancer
___ 46. diff sleep

Cognitive Problems

- ___ 47. diff concentrating
___ 48. diff remembering
___ 49. diff thinking clearly

Difficulty Communicat with Friends/Relatives

- ___ 50. diff tell fmd/rel to come less often
___ 51. diff tell fmd/rel to leave when not well
___ 52. diff ask fmd/rel to do fun things
___ 53. don't know what to say to fmd/rel
___ 54. diff ask fmd/rel help
___ 55. diff tell fmd/rel about cancer
___ 56. diff ask fmd/rel to come more

Friends/Relatives Difficulty Interacting

- ___ 57. fmd/rel say look well when not
___ 58. fmd/rel withhold information
___ 59. fmd/rel avoid talk cancer
___ 60. fmd/rel do not visit enough
___ 61. fmd/rel do not call enough
___ 62. fmd/rel uncomfor visiting
___ 63. fmd/rel diff talk about cancer

Anxiety in Medical Situations

- ___ 64. uncomfor see patients get treat
___ 65. nervous going to hospital
___ 66. nervous wait to see doctor
___ 67. nervous wait for test results
___ 68. nervous have diagnostic tests
___ 69. nervous get blood drawn

Worry

- ___ 70. worry whether treatments work
___ 71. worry whether cancer progress
___ 72. worry not able to care for self
___ 73. worry how family will manage

***Interaction with Children**

- ___ 89. diff care for child/grandchild
___ 90. diff help children cope
___ 91. diff help children talk about illness

***At Work Concerns**

- ___ 92. diff talk boss about cancer
___ 93. diff talk people at work
___ 94. diff tell employer cannot do work
___ 95. diff ask time off for treatments
___ 96. worried about being fired
___ SUM ___ #(1-4) 44, 41, 39, 36
Potential Circle

SEXUAL

Sex Interest

- ___ 74. doesn't feel sex. attract
___ 75. thinks not sexually attractive to partner(s)
___ 76. not interested in having sex
___ 77. doesn't think partner(s) interested in sex

***Sexual Dysfunction**

- ___ 99. frequency of sex decreased
___ 100. diff become sexually aroused
___ 101. diff with erection (males)
___ 101. diff lubrication (females)
___ 102. diff reach orgasm
___ SUM ___ #(1-4) 8, 4
Potential Circle

* Items may not apply to all patients

MISCELLANEOUS

Compliance

- ___ 78. doesn't show for MD appoint
___ 79. doesn't show for treatments
___ 80. doesn't take medication
___ 81. doesn't follow MD's instruct
___ SUM ___ #(1-4) 4 # Potential

Economic Barriers

- ___ 82. financial problems
___ 83. insurance problems
___ 97. diff find new job**
___ 98. employers no hire CA hist**
___ SUM ___ #(1-4) 4, 2
Potential Circle

***Dating**

- ___ 121. diff initiating dates
___ 122. diff meet dates
___ 123. afraid go places meet dates
___ 124. diff tell date about cancer
___ 125. afraid to initiate sex relation
___ SUM ___ #(1-4) 5, 0
Potential Circle

***Chemotherapy-Related Problems**

- ___ 126. nervous get chemo
___ 127. nauseated during/before chemo
___ 128. vomit during/before chemo
___ 129. sick when think about chemo
___ 130. nauseated after chemo
___ 131. vomit after chemo
___ 132. tired after chemo
___ 133. other side effects chemo
___ 134. lost hair/grow slow from chemo
___ SUM ___ #(1-4) 9, 0
Potential Circle

***Radiation-Related Problems**

- ___ 135. fatigued after rad
___ 136. nervous get rad
___ 137. nauseous/vomit after rad
___ SUM ___ #(1-4) 3, 0
Potential Circle

***Ostomy**

- ___ 138. problems ostomy care/maint.
___ SUM ___ #(1-4) 1, 0
Potential Circle

***Prosthesis**

- ___ 139. diff with prosthesis
___ SUM ___ #(1-4) 1, 0
Potential Circle

Miscellaneous Items

- ___ 84. diff with transport
___ 85. gain too much weight
___ 86. diagnostic proced painful
___ 87. frequent diarrhea
___ 88. poor bladder control
___ SUM ___ #(1-4) 5 # Potential

SUM ALL 8 MISCELLANEOUS SUMS ABOVE

___ SUM ___ #(1-4) ___ # Potential

Global and Average Severity for CARES and 5 Subscales

Scale SUM # # AVE GLOBAL
Endor Poten Sever

Physical _____

Psychoso _____

Med Int _____

Marital _____

Sexual _____

Miscell _____

CARES _____