

Supplementary figure A: Personal homepage
(Name is fictitious and picture is of one of the authors)

My Home Page

UMC Utrecht and Rijnstate Hospital

Welcome mister Jansen. Your nurse practitioner is Anne de Vries.
Last time you used the website at November 7th 17:00^h



My medication

	dose	frequency	
carbasalaat calcium	100 mg	once daily	blood clotting
ramipril	5 mg	once daily	high blood pressure
Simvastatin	20 mg	once daily in the evening	high cholesterol

Report changes to your nurse practitioner Anne de Vries

My risk factors

optimal almost at goal... not under control



Blood pressure

Cholesterol

Blood sugar

Body weight

Smoking

Exercise

My nurse practitioner



Your nurse practitioner is Anne de Vries

Supplementary figure B: Personal risk factor page of smoking

UMC Utrecht and Rijnstate Hospital

Welcome mister Jansen. Your nurse practitioner is Anne de Vries.
Last time you used the website at November 7th 17:00^h



Smoking

Messages for this risk factor

[New message](#)

[Overview messages](#)

My appointments

Date	Appointments
15-07-2011	Plan stop day
07-11-2011	Plan stop date

My measurements

[New measurement](#)

[Print measurements](#)

optimal

almost at
goal...

not under
control



	Start	<<	Last four measurements			>>	My goal	Normal
Date	15-05-2011	11-06-2011	12-07-2011	01-10-2011	07-11-2011	01-01-2012		
Amount	4	20	1	6	3	0	0	
	Per day	Per week	Per day	Per week	Per week	Per day	Per day	

Websites for this risk factor

www.stivoro.nl	Smoking
www.hulpbijstoppenmetroken.nl	Smoking
www.ikstop.nl	smoking

Supplementary figure C: Website use by patients per study month

