

## Risk of bias for each eligible trial

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
ALLAY 2009	+	+	+	+	+	+	?
ALOFT 2008	+	+	+	+	+	+	+
ASPIRE 2011	+	+	+	+	+	+	?
AVANTE GARDE 2010	?	?	+	+	+	+	?
AVOID 2008	+	?	?	+	+	+	?
Oparil 2007	+	?	+	+	+	+	+
Persson 2009	?	+	?	?	+	+	?
Pool 2007	+	+	?	?	+	+	?
Uresin 2007	+	+	?	?	+	+	?
VANTAGE 2009	?	?	+	?	+	+	?