

Quality of life

Outcomes	Intervention Median (IQR)	Control Median (IQR)	Model summary Coefficient * (95% CI)	p-value
Overall satisfaction with quality of life				
3 years	4.0 (4 to 4)	4.0 (4 to 5)	-0.04 (-0.17 to 0.08)	0.48
Overall satisfaction with health				
3 years	4.0 (3 to 4)	4.0 (3 to 4)	-0.01 (-0.20 to 0.18)	0.94
Physical quality of life				
3 years	26.0 (22 to 29)	25.5 (22 to 29)	-0.15 (-0.84 to 0.55)	0.68
Psychological quality of life				
3 years	23.0 (20 to 25)	23.0 (20 to 25)	-0.10 (-0.61 to 0.42)	0.71
Social quality of life				
3 years	11.0 (9 to 12)	11.0 (10 to 12)	0.05 (-0.37 to 0.47)	0.81
Environmental quality of life				
3 years	31.0 (28 to 34)	31.0 (28 to 34)	-0.01 (-0.67 to 0.65)	0.98

*The coefficient represents the increase in mean in the intervention group compared to the control group. Estimates are derived using robust generalised estimating equations (GEE). Results are adjusted for baseline values and clusters effect.