

Table S1: Comparison of participants included and non-included in the analysis.

	Included	Non included	p
n	1,760	402	
<i>Demographic</i>			
Male gender, n (%)	862 (49.0)	194 (48.3)	0.834
Age, y	56.7 (10.7)	53.8 (10.0)	<0.001
BMI, kg/m ²	25.7 (4.3)	25.4 (4.0)	0.204
<i>Sleep</i>			
Total Sleep Time, min	400 (72)	408 (72)	0.025
Sleep efficiency, %	84.5 (10.9)	85.1 (10.8)	0.366
SDB, n (%)	657 (37.3)	134 (33.3)	0.149
Restless legs syndrome, n (%)	256 (17.5)	65 (20.1)	0.316
Sleep medication use, n (%)	161 (9.3)	26 (6.6)	0.105

BMI, body mass index; AHI, index of apnea-hypopneas per hour of sleep; SDB, moderate-to-severe sleep disordered breathing (AHI \geq 15/h).