

Appendix 3: Risk of bias summary and graph: review authors' judgements about each risk of bias item for each included study [posted as supplied by author]

	Arm - 1	Arm - 2	Arm - 3	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Aoki 2009	Control	F		?	?	●	●	●	●
Lin 2009	Control	F	S	●	●	●	●	●	?
Milesky 2006	S	F		?	?	●	●	●	●
Chaipinyo 2009	S	F		?	?	●	●	●	●
Schilke 1996	Control	S		●	?	●	●	?	?
O'Reilly 1989	Control	S		●	?	●	●	●	?
Hopman-Rock 2000	Control	S		?	?	●	●	●	?
Baker 2001	Control	S		●	?	●	●	●	?
Gur 2002	Control	S		?	?	?	●	●	?
Topp 2002	Control	S		?	?	●	●	●	?
Huang 2003	Control	S		?	●	●	●	●	?
Quilty 2003	Control	S		●	●	●	●	●	●
Huang 2005	Control	S		?	●	●	?	?	?
Williamson 2007	Control	S		●	●	●	●	●	●
Bennell 2010	Control	S		●	●	●	●	●	?
Salli 2010	Control	S		?	●	●	?	●	?
Halbert 2001	Control	A		?	?	●	●	?	?
Talbot 2003	Control	A		?	?	●	●	●	?
Boujesson 1996	Control	F+S		●	?	●	●	●	●
Rogind 1998	Control	F+S		●	?	●	●	●	?
Hartman 2000	Control	F+S		●	?	●	●	●	?
Ravaud 2004	Control	F+S		●	●	?	●	●	●
Benavell 2005	Control	F+S		●	●	●	●	●	●
Briscoe 2007	Control	F+S		●	?	●	●	●	?
Lee 2009	Control	F+S		●	●	●	●	●	●
Wang 2009	Control	F+S		●	●	●	●	●	●
van Baar 2009	Control	F+S		?	●	●	●	●	●
Weig 2009	Control	F+S	S	●	●	●	●	●	?
Silva 2008	F+S	Aquatic; F+S		●	?	●	●	●	?
Yennan 2010	F+S	Aquatic; F+S		?	?	●	●	●	●
Bauch 1997	Control	F+A		?	?	●	●	●	●
Thomas 2002	Control	F+A		●	?	●	●	●	?
Messier 2004	Control	S+A		●	?	●	●	●	●
Therstenson 2004	Control	S+A		●	?	?	●	●	?
Tak 2005	Control	S+A		●	?	●	●	●	?
Minor 1989	F+S	F+S+A	Aquatic; F+S+A	?	?	●	●	●	●
McCarthy 2002	F+S	F+S+A		●	?	●	●	●	?
Kovar 1992	Control	F+S+A		●	?	●	●	●	?
Etinger 1997	Control	F+S+A	S	●	?	●	?	●	?
Peloquin 1999	Control	F+S+A		●	?	●	●	●	?
Dias 2003	Control	F+S+A		●	?	●	●	●	?
Keefe 2004	Control	F+S+A		?	?	●	?	●	?
Hay 2006	Control	F+S+A		●	?	●	●	●	?
Hughes 2006	Control	F+S+A		●	?	●	●	●	?
Fransen 2007	Control	F+S+A		●	?	●	●	●	●
Hurley 2007	Control	F+S+A		●	●	●	●	●	?
Aglanis 2008	Control	F+S+A		●	●	●	●	●	●
Farr 2010	Control	F+S+A		●	●	?	●	●	●
Lin 2010	Control	F+S+A	Aquatic; S+A	●	●	●	●	●	?
Gill 2009	F+S+A	Aquatic; F+S+A		●	●	●	?	●	?
Fransen 2001	Control	Aquatic; S	F+S	●	●	●	●	●	?
Foley 2003	Control	Aquatic; S	S	●	●	●	●	?	?
Hinman 2007	Control	Aquatic; S		●	●	●	●	●	?
Patrick 2001	Control	Aquatic; F+S		●	?	●	●	●	?
Stener-Victorin 2004	Control	Aquatic; F+S		?	●	●	●	●	?
Wang 2011	Control	Aquatic; F+A	F+A	●	?	●	●	?	●
Hale 2012	Control	Aquatic; F+A		●	●	●	●	●	●
Cochrane 2005	Control	Aquatic; F+S+A		●	●	●	●	●	●
Wang 2007	Control	Aquatic; F+S+A		?	?	●	●	●	?
Lund 2008	Control	Aquatic; F+S+A	F+S+A	?	●	●	●	●	?

