**Appendix 1:** Patients information visual analogue scale [posted as supplied by author]

## How would you rate your pain during a contraction?





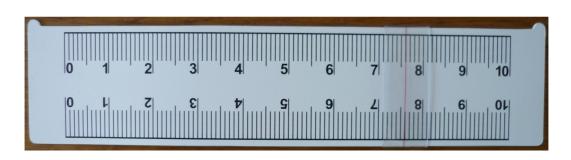
You put the marker on the ruler at the smiley face marked 1 if you don't feel any pain during a contraction.



You put the marker on the ruler at the smiley face marked 5 if you experience the worst pain you can imagine during a contraction.

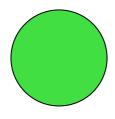
5

You put the line on the white ruler at the face (or between faces) that correspond with your pain during a contraction. Or one the colored ruler the face that corresponds with your satisfaction with pain relief. The number on the back of the ruler will be written down.



## How would you rate your satisfaction with pain relief?





You put the marker on the ruler at the smiley marked 5 if you are maximally satisfied with pain relief.

5



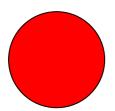
4: good pain relief



3: moderate pain relief



2: bad pain relief



You put the marker on the ruler at the smiley marked 1 if you are absolutely not satisfied with pain relief.