## **Pediatric Physical Function - Upper Extremity - Short Form**

Please respond to each item by marking one box per row.

In the past 7 days.....

	With no trouble	With a little trouble	With some trouble	With a lot of trouble	Not able to do
I could button my shirt or pants.					
	3	2	1	0	0
I could open a jar by myself.	П	П			
	4	3	2	1	0
I could open the rings in school binders.	П				
	4	3	2	1	0
I could pour a drink from a full pitcher.			П	П	
	4	3	2	1	0
I could pull a shirt on over my head by myself.					
	3	2	1	0	0
I could pull open heavy doors.					
	4	3	2	1	0
I could put on my shoes by myself.					
	4	3	2	1	0
I could use a key to unlock a door.					
	4	3	2	1	0