

## *Why carry out this study?*

- Many general practitioners in Australia may be reluctant to prescribe insulin for patients with type 2 diabetes (T2D) due to perceptions that initiating insulin therapy is complex and difficult to manage.
- This study explored the development and impact of a highly interactive educational program for general practitioners that used peer-to-peer education to improve general practitioners' knowledge of and confidence towards initiating insulin therapy in patients with T2D.

## *What was learned from the study?*

- Improvements in general practitioners' negative perceptions of insulin therapy were accompanied by a decreased need to refer T2D patients to specialist care and an increased willingness to initiate insulin therapy within their own practice, with these changes persisting 3 months after completion of the education workshop.
- An educational program incorporating peer-to-peer learning successfully overcame general practitioners' negative perceptions of the difficulties of initiating insulin therapy and achieved real changes in their clinical practice.

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