Appendix 2: Supplementary figures [posted as supplied by author]
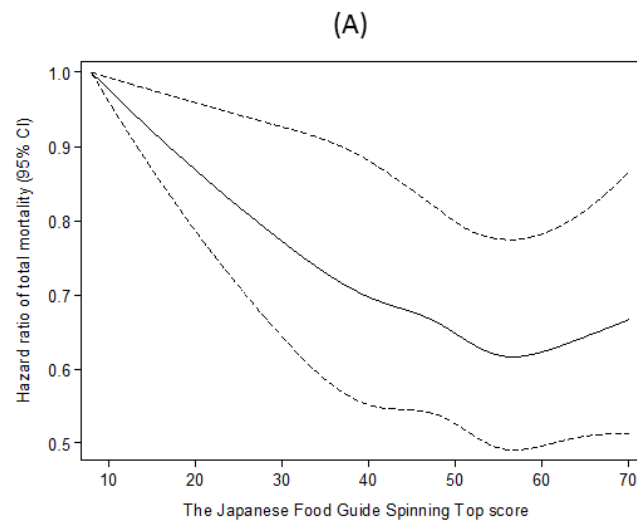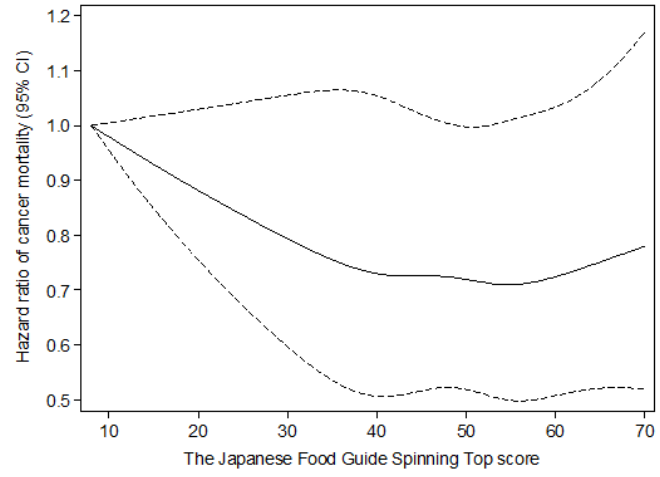
Restricted cubic spline regression model between the Japanese Food Guide Spinning Top score and risk of mortality and cause-specific mortality: (A) Total mortality, (B) Cancer mortality; (C) Cardiovascular disease mortality; (D) Heart disease mortality; and (E) Cerebrovascular disease mortality.
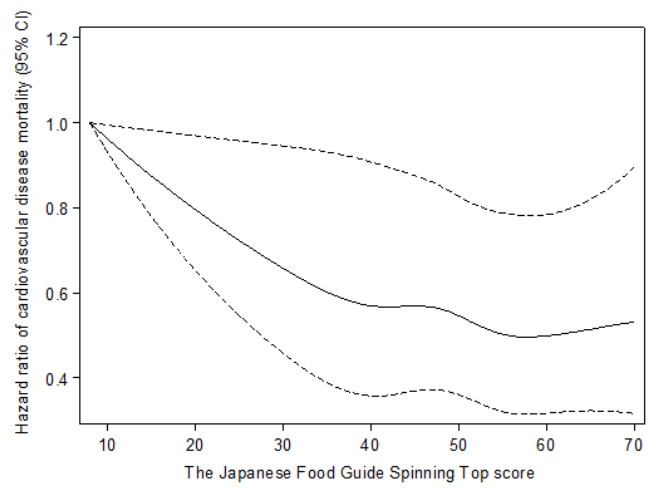
Spline regression (five knots, reference value: 8). Continuous line, Hazard ratios; Dashed lines, 95% confidence intervals. The model was adjusted for age, sex, public health center area, body mass index, smoking status, total physical activity, a history of hypertension, a history of diabetes, a history of dyslipidemia, coffee consumption, green tea consumption and occupation. In this analysis, an indicator variable for missing data was created for each covariate.
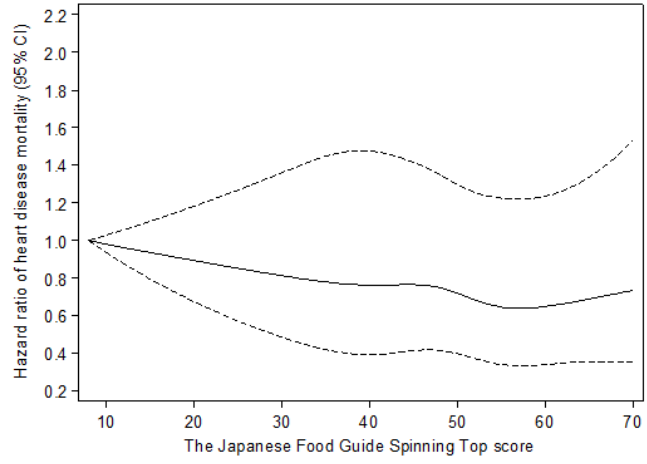

(A)

(B)

(C)

(D)

(E)