## Supplemental data: Composition of High Fat Diet (CLEA)

Moister Protein Fat Fiber Ash Nitrogen free extract	(%) (%) (%) (%) (%) (%)	6.9 25 32.4 2.9 4 28.8
Energy	(kcal/100g)	506.8
Fat-derived energy Protein-derived energy	(%) / (%)	57.5 19.7

Aryl hydrocarbon receptor plays protective roles against HFD-induced hepatic steatosis and the subsequent lipotoxicity via direct transcriptional regulation of *Socs3* expression.

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